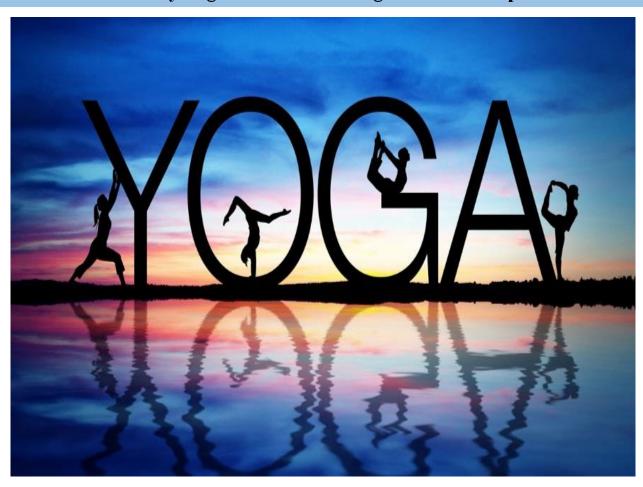
## Tranquil Tuesday

Monthly Yoga for Stress Management on Campus



When: During Tutorial

- September 19<sup>th</sup>
- **4** October 24<sup>th</sup>
- **4** December 19<sup>th</sup>

- ♣ February 20<sup>th</sup>
- ♣ March 20th
- <mark>∔</mark> April 24<sup>th</sup>
  - May 22<sup>nd</sup>

Where: Upper Gym

There will be an opportunity to win a FREE Yoga Mat in a raffle drawing.