

The Irvine Unified School District's Department of Prevention and Intervention

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Prevention and Intervention  
(949) 936-7508  
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The department of Prevention and Intervention provides social-emotional and behavioral health supports for students at the elementary and secondary level.

**DISTRICT-WIDE SUPPORT STAFF:**

**Intervention Psychologist**

Intervention Psychologists provide support to all schools (elementary, middle, and high) as they develop their multi-tiered system of support (MTSS) framework. In addition, they support sites in implementing academic intervention programs throughout the district.

**PBIS TOSA**

PBIS TOSAs facilitate the implementation of Positive Behavioral Interventions and Supports at each school site helping to build positive school climates. PBIS TOSAs also offer professional learning opportunities through coaching, training, and consulting school site staff, district programs, and parent communities.

**Irvine Family Resource Center Therapist**

The IFRC therapists are licensed Marriage and Family Therapists and Social Workers who provide short-term, solution-focused counseling services for IUSD K-12 students and families, who may not have easy access to affordable mental health or family support services.

**ELEMENTARY SUPPORT STAFF:  
(Please contact site directly.)**

**Specialist: Elementary Resource Counseling**

Counseling Specialist staff who provide short-term individual and group counseling for at-risk students, provide behavioral techniques for teachers, parent consultations, education and resource linkage.

**Guidance Paraprofessional: Elementary**

Paraprofessional staff who provide small group and classroom social-emotional skills lessons, using an evidence-based curriculum at the elementary school level.

**MIDDLE AND HIGH SCHOOL SUPPORT STAFF:**

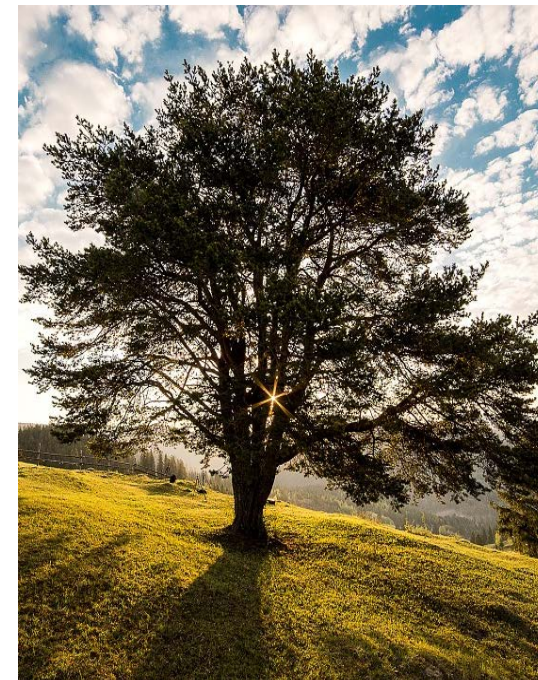
**Specialist: Mental Health/School Wellness**

Mental Health/School Wellness Specialists provide short-term solution-focused counseling, case management services and crisis intervention services for children and families who are experiencing social-emotional and mental health challenges.

**Guidance Paraprofessional: Secondary**

Paraprofessional staff who provide solution-focused small group counseling sessions for students at the middle and high school levels where they receive support in areas such as goal setting, communication skills, self-esteem, stress and anger management, peer pressure, and LGBTIQ.

Prevention and Intervention



Mental Health is the ability to experience, manage and express emotions in a healthy way; ability to learn and apply healthy social skills in order to form personal social relationships; ability to cope with life's challenges; ability to develop positive psychological and emotional well-being.

Irvine Unified School District  
5050 Barranca Parkway  
Irvine, CA 92604  
(949) 936-5000 • www.iusd.org

## Wellness Resources

### In the event of an emergency call 911

**Irvine Police Department**  
(949) 724-7000

**Orange County Suicide Prevention/Crisis Line**  
Confidential 24-hour telephone counseling to individuals contemplating, threatening, or attempting suicide.  
877-7CRISIS (877) 727-4747

**Centralized Assessment Team (CAT)**  
(866) 830-6011

**The OC Warm Line**  
Non-crisis, caring support for anyone struggling with emotional/mental health challenges.  
(877) 910-WARM (877) 910-9276

**OC Links Information & Referral Service**  
2-1-1 | 855-OCLINKS (888) 625-4657

**Trevor Line (LGBTIQ + Support)**  
(866) 488-7386

**My3app**  
Suicide prevention app for iPhone & Android  
www.my3app.org

## Intervention Psychologists

**Alex Leonard, M.A., NCSP**  
(949) 936-7522  
AlexLeonard@iusd.org

**Kelly Mitchell, M.A.**  
(949) 936-7524  
KellyMitchell@iusd.org

## PBIS TOSAs

**Marie Williams, M.A., Educational Administration**  
(949) 936-7512  
MarieWilliams@iusd.org

**Jocelyn Lin-Gray, M.S., Special Education**  
(949) 936-7475  
JocelynLinGray@iusd.org

## Specialist: Mental Health/School Wellness

**Christine Guerrero, Licensed Marriage & Family Therapist (LMFT)**  
ChristineGuerrero@iusd.org  
Provides support to Irvine High School and crisis consult support to feeder elementary schools in the Irvine High School region.

**Demetrio Nava, Licensed Clinical Social Worker (LCSW)**  
DemetrioNava@iusd.org  
Provides support to Creekside High School and Lakeside Middle School.

**Kelly Alexander, Licensed Clinical Social Worker (LCSW)**  
KellyAlexander@iusd.org  
Provides support to Rancho San Joaquin Middle School, South Lake Middle School, Jeffrey Trail Middle School and Sierra Vista Middle School.

**Lauren Stallings, Licensed Marriage & Family Therapist (LMFT)**  
LaurenStallings@iusd.org  
Provides support to Woodbridge High School and crisis consult support to feeder elementary schools in the Woodbridge High School region.

**Maureen Muir, Licensed Marriage & Family Therapist (LMFT), Licensed Professional Clinical Counselor (LPCC)**  
MaureenMuir@iusd.org  
Provides support to Portola High School, Jeffrey Trail Middle School and Venado Middle School.

**Megan Keller, Licensed Marriage & Family Therapist (LMFT)**  
MeganKeller@iusd.org  
Provides support to Northwood High School and crisis consult support to feeder elementary schools in the Northwood High School region.

**Nilou Tohidian, Psy.D., Licensed Marriage & Family Therapist (LMFT), Licensed Professional Clinical Counselor (LPCC)**  
NilouTohidian@iusd.org  
Provides support to University High School and crisis consult support to feeder elementary schools in the University High School region.



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## Irvine Family Resource Center

The IUSD Irvine Family Resource Center provides parent classes, resource linkages, and clinic-based, solution-focused therapy services.

**Irvine Family Resource Center Office:**  
(949) 936-7504 or (949) 936-7501

**Nicole Gyurik, Licensed Clinical Social Worker (LCSW)**  
NicoleGyurik@iusd.org  
(949) 936-7504  
Provides parent consultations, resource linkage to community agencies, coordinates parenting classes and IFRC therapist appointments.

### IFRC Therapists

**Beth Baker, Licensed Marriage and Family Therapist (LMFT)** provides short-term therapeutic and case management services to students and families enrolled in IUSD.

**Nicole Gyurik, Licensed Clinical Social Worker (LCSW)** provides short-term therapeutic and case management services to students and families enrolled in IUSD.