

## Physical Education Yearly Timeline (August 2016-June 2017) for 2<sup>nd</sup>-6<sup>th</sup> Grade

<u>Units</u>	<u>Timeline</u>
1. Movement & Pathways	<b>August-September (4 weeks)</b> Week 1 (Aug. 24th-26th) Week 2 (Aug. 29th-Sept. 2nd) Week 3 (Sept. 6th-9th) Week 4 (Sept. 12th-16th)
2. Balance & Rhythm	<b>September -October (4 weeks)</b> Week 4 (Sept. 19th-23rd) Week 5 (Sept. 26th-30th) Week 6 (Oct. 3rd-7th) Week 7 (Oct. 11th-14th)
3. Jumping/Dodging/Fleeing/Tagging (More Movement)	<b>October-November (4 weeks)</b> Week 8 (Oct. 17th-21st) Week 9 (Oct. 24th-28th) Week 10 (Oct. 31st–Nov. 4th) Week 11 (Nov. 7th-10th)
4. Throwing and Catching	<b>November-December (5 weeks)</b> Week 12 (Nov. 14th-18th) Week 13 (Nov. 21st-22nd) Week 14 (Nov. 28th- Dec. 2nd) Week 15 (Dec. 5th-9th) Week 16 (Dec. 12th-16th)
5. Striking (Racquet Activities)	<b>January (4 weeks)</b> Week 17 (Jan. 3rd-6th) Week 18 (Jan. 9th-13th) Week 19 (Jan. 17th-20th) Week 20 (Jan. 23rd- 27th)
6. Dribbling/Control	<b>February (4 weeks)</b> Week 20 (Jan. 30th-Feb. 3rd) Week 21 (Feb. 6th-10th) Week 22 (Feb. 13th-16th) Week 23 (Feb. 21st-24th)
7. Kicking	<b>March (3 weeks)</b> Week 24 (Feb. 27th-March 3rd) Week 25 (Mar. 6th-10th) Week 26 (Mar. 13th-17th)
8. Physical Fitness Testing	<b>March-April (3 weeks)</b> Week 27 (Mar. 20th-24th) Week 28 (Mar. 27th-31st) Week 29 (April 10th-14th)
9. Track and Field (IJG Preparation)	<b>April-May (3 weeks)</b> Week 30 (April 17th-21st) Week 31 (April 24th-28th) Week 32 (May 1st-5th) Week 33 (May 8th-12th)
<b>Irvine Junior Games May 21<sup>st</sup></b> 10. Non-Traditional Games <b>**School-wide Field Day</b>	<b>May-June (4 weeks)</b> Week 34 (May 15th-19th) Week 35 (May 22nd-25th) Week 36/37 (May 30th-June 2nd)

