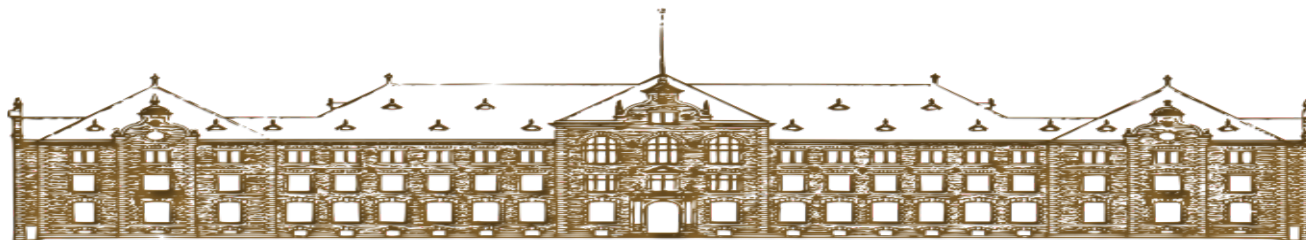


PARENT UNIVERSITY



Led by Cheri Wood

IUSD Parent Education Specialist and Current Life Skills Teacher

Workshop 1: Personality Styles (CANCELLED, DUE TO LOW ENROLLMENT)

Start Date: 02/05/2019 **Time:** 6:00 p.m. – 8:00 p.m. **Cost:** \$25 (exact cash or check only) **Weeks/Days:** 1 Day

Location: Prevention & Intervention Conference Room (N21) – 3387 Barranca Pkwy. Irvine, CA 92606

Description: When people understand themselves and their own personality, relationships get a boost and conflicts decrease. Understand what is the cause of conflict and what contributes to personality clashes.

Workshop 2: Life Skills Spirited Kids

Start Date: 02/19/2019 **Time:** 6:00 p.m. – 8:00 p.m. **Cost:** \$25 (exact cash or check only) **Weeks/Days:** 1 Day

Location: Prevention & Intervention Conference Room (N21) – 3387 Barranca Pkwy. Irvine, CA 92606

Description: A workshop for parents of a child who is more intense, sensitive, persistent or difficult. If you are overwhelmed or frustrated by your child's temperament, this will help you understand their traits and plan for success.

Workshop 3: Active Parenting Now (RESCHEDULED, DUE TO LOW ENROLLMENT)

Start Date: 02/27/2019 **Time:** 6:30 p.m. – 8:30 p.m. **Cost:** \$70/person \$85/couples (exact cash or check only)

Weeks/Days: 6 Weeks

Location: Prevention & Intervention Conference Room (N21) – 3387 Barranca Pkwy. Irvine, CA 92606

Description: Positive parenting for children ages 2 – 12. After participating in this 6 week class, you will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life.

Workshop 4: Why Do I Get So Angry And Frustrated With My Child?

Start Date: 02/28/2019 **Time:** 6:00 p.m. – 8:00 p.m. **Cost:** \$25 (exact cash or check only) **Weeks/Days:** 1 Day

Location: Prevention & Intervention Conference Room (N21) – 3387 Barranca Pkwy. Irvine, CA 92606

Description: Do you feel like your emotional circuits are overloaded? Learn techniques to sidestep power struggles and drama.

Workshop 5: Kids And The Law

Start Date: 03/05/2019 **Time:** 6:30 p.m. – 8:30 p.m. **Cost:** \$25 (exact cash or check only) **Weeks/Days:** 1 Day

Location: Prevention & Intervention Conference Room (N21) – 3387 Barranca Pkwy. Irvine, CA 92606

Description: In this workshop, you will learn the California State laws and how they impact your child. You will also receive a current California Law Packet and learn about the new laws on (cyberbullying, bullying, and many other topics). Kids can be arrested for what they post on social media and parents must be aware. You will also learn how good kids can make mistakes and get arrested.

Workshop 6: Active Parenting Of Teens

Start Date: 03/21/2019 **Time:** 6:30 p.m. – 8:30 p.m. **Cost:** \$70/person \$85/couples (exact cash or check only)

Weeks/Days: 6 Weeks

Location: Prevention & Intervention Conference Room (N21) – 3387 Barranca Pkwy. Irvine, CA 92606

Description: Positive parenting for pre-teens and teens. Active Parenting of Teens is a 6 week class that is offered for parents and others. It will help you gain the knowledge and skills needed to provide positive effective parenting with pre-teens and teens.

Workshop 7: Helping Your Child Succeed In School

Start Date: 04/11/2019 **Time:** 10:00 a.m. – 12:00 p.m. **Cost:** \$70/person \$85/couples (exact cash or check only)

Weeks/Days: 6 Weeks

Location: Prevention & Intervention Conference Room (N21) – 3387 Barranca Pkwy. Irvine, CA 92606

Description: Positive Parenting for K – 6th grade children. Help your child succeed in school and life through Parents on Board 6 week class. The class will help you learn new methods and techniques on how to support your child's learning in a positive, fun and creative way.