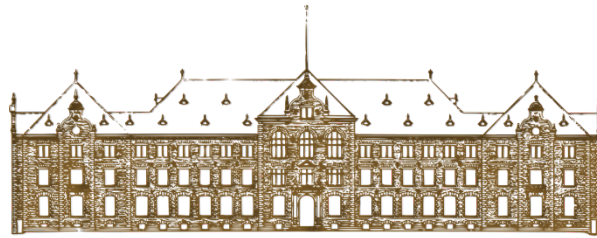


Irvine Family Resource Center and IUSD Prevention and Intervention Presents

# PARENT UNIVERSITY



## LIFE SKILLS SPIRITED KIDS

A GUIDE FOR PARENTS WHOSE CHILD IS MORE INTENSE, PERSISTENT, AND ENERGETIC

Led by *Cheri Wood*

*IUSD Parent Education Specialist and Current Life Skills Teacher*

*A workshop for parents of a child who is more intense, sensitive, persistent or difficult. If you are overwhelmed or frustrated by your child's temperament, this will help you understand their traits and plan for success.*

- ❖ *Develop strategies for many situations with a positive approach*
- ❖ *View conflicts as an opportunity to teach essential life skills*

**Tuesday Evening 6:00 p.m. – 8:00 p.m.**

**Starts February 19, 2019**

***Location: Creekside Education Center on Harvard  
and Barranca in Conference Room (N21)***

**Cost: \$25 (EXACT CASH OR CHECK ONLY)**

**Register Ahead – Contact Tracy Larson**

**Phone: (949) 936-7501 Email: [tracylarson@iusd.org](mailto:tracylarson@iusd.org)**