

IUSD Teen Talk Quick Reference Companion Guide

Approved/Not Approved List

February 2020

<p>Session 1: Introduction</p>	<ul style="list-style-type: none"> ● Pre-Test is not required. ● Activity 1.4 – Values Clarification <ul style="list-style-type: none"> ○ NO to Option 1. It is recommended that you use the Nearpod to facilitate Option 2. It is available on Nearpod.com in the District Library. Please make sure you are using the MS version and not the HS version. ○ Please choose statements from this list only. ○ Refer to the statements as “statements” and not as “values statements” in class. ○ Students should be encouraged to participate in discussions about the statements but these discussions should not be required and should be among the entire group (not pair share or table share). ● Include handout: “IUSD Teen Clinic List” and NEW Resource List from Summer Updates 2019.
<p>Session 2: Sexual and Reproductive Anatomy</p>	<ul style="list-style-type: none"> ● Puberty Video Options (optional, but recommended): <ul style="list-style-type: none"> ○ NO to <i>Puberty for Girls</i> (28 min) and <i>Puberty for Boys</i> (23 min) videos. These are outdated and not consistent with messaging in the rest of Teen Talk. ● Show Life’s Greatest Miracle (53 min, optional, but recommended.) <ul style="list-style-type: none"> ○ Streaming link has been taken down. Available for purchase. ● Can supplement with In Vitro Fertilization Video (6 min) <ul style="list-style-type: none"> ○ Link to PPT with Video + Quiz Website ○ Link to Quiz Only
<p>Session 3: Gender and Sexual Identities</p>	<ul style="list-style-type: none"> ● Both videos embedded in Prezi are okay to show <ul style="list-style-type: none"> ○ “<i>What It’s Like to Be Intersex</i>” ○ “<i>What It’s Really Like to Go Through High School Trans</i>” ● Can supplement with “<i>Someone Like Me</i>” play from Kaiser Permanente ● NO to Activity 3.4. Do not show <i>Straightlaced</i>. ● NO to Additional Activity 1. Do not show <i>A Place in the Middle</i>.
<p>Session 4: Not Having Sex: Abstinence</p>	<ul style="list-style-type: none"> ● Recommended to use the updated Activity 4.2 “Sexual Behaviors Tree” instead of the “What is Sex” activity.
<p>Session 5: Birth Control</p>	<ul style="list-style-type: none"> ● Can supplement with Contraception Kit. <ul style="list-style-type: none"> ○ This can be purchased through Planned Parenthood, Health Edco, Total Access Group, or other reputable company.
<p>Session 6: Pregnancy Options</p>	<ul style="list-style-type: none"> ● Can supplement with <i>Real Care Baby</i> by Realityworks (Baby Think It Over)
<p>Session 7: Sexually Transmitted Infections</p>	<ul style="list-style-type: none"> ● Activity 7.2: Provide IUSD Version of STI Information Sheet instead ● Activity 7.5: Condom Demonstration <ul style="list-style-type: none"> ○ MS students may participate in steps 1-3 only. Teachers should complete 4-6 as a class demo. <ul style="list-style-type: none"> ■ STEP 1: Store condoms in a cool, dry place. ■ STEP 2: Ask for consent. ■ STEP 3: Check the package and expiration date.

	<ul style="list-style-type: none"> ○ Steps 4-8 shall be conducted as a <u>teacher demo</u>. The video version of the demonstration is not approved. Students may <u>not</u> perform Steps 4-8. <ul style="list-style-type: none"> ■ STEP 4: Open the package with hands. ■ STEP 5: Check the direction of the condom. ■ STEP 6: Pinch the tip and roll down the base of an erect penis. ■ STEP 7: Remove the condom. ■ STEP 8: Tie a knot and throw it into the trash. ○ Your site may choose to demo steps 4-8 with or without a penis model. ○ NO to any mention of adding two drops of lubricant to the inside or outside of the condom to increase sensation and comfort. First two helpful tips should be crossed out. ● NO to Activity 7.6: Insertive Condom Demonstration. Not approved. ● If using Additional Activity: Condom Steps Game remove the line about adding lubricant to condoms. First two helpful tips should be crossed out. ● Can supplement with Guest Speaker from AIDS Service Foundation
Session 8: Relationships	<ul style="list-style-type: none"> ● Activity 8.4 – All of the One Love's Couplets are approved. ● Recommended to add Activity: Fantasy of Media Romance <ul style="list-style-type: none"> ○ Only these videos are approved for use with this activity. Please make note of the talking points and check that the links are still active prior to showing to students. ○ Slide deck with videos embedded
Session 9: Body Image and the Media	<ul style="list-style-type: none"> ● Activity 9.2 - Skip <i>Straightlaced</i> discussion
Session 10: Sexual Violence Prevention	<ul style="list-style-type: none"> ● Can supplement with <i>Sexting...Sex + Text = Trouble</i> (25 min) DVD ● Can supplement with <i>You Can Keep Yourself Safe</i> (20 min) DVD <ul style="list-style-type: none"> ○ Both DVDs were provided to sites who requested them January 2018 ● Can supplement with Sex Trafficking Brochure from BetheoneOC.com
Session 11: Communication and Decision Making	<ul style="list-style-type: none"> ● NO to Additional Activity 1: Do not show <i>Toothpaste</i> ● NO to Additional Activity 2: Do not do <i>Are They Really Ready?</i>
Session 12: Review	
Additional Activities	<ul style="list-style-type: none"> ● NO to Additional Activity 3: No Baby Oil on Condoms ● NO to Additional Activity 4: Stick Up For Me! This lesson has been removed by Health Connected.

Updated February 20, 2020