

Irvine Unified School District

Middle School Health Approved Guest Speakers & Videos

Growth & Development Guest Speakers

**IUSD Board approved. Requires parent notification.*

Kaiser Permanente Educational Theater

"*Someone Like Me*" (grades 6-8) addresses the issue of relational bullying (gossip, rumors, bullying and cyberbullying). It is designed as a springboard for discussions between students, teachers, parents and other trusted adults.

Organization	Name	Contact Info
Kaiser Permanente* www.kp.org/educationaltheater/scal	Abraham Rodriquez	Abraham.L.Rodriguez@kp.org 818.557.5462

Positively Speaking

AIDS Service Foundation provides classroom speakers who have been personally affected by the disease. Speakers receive specialized training to speak to middle and high school kids. The program addresses basic HIV/AIDS epidemic.

Organization	Name	Contact Info
AIDS Service Foundation*	Jonathan Ramirez	jramirez@ocaf.org 949-809-8770

Growth & Development Videos

1. [Puberty: "Always Changing and Growing Up"](#)

This video can be used within Session 2 of Teen Talk. It is an up-to-date, engaging, straightforward, and grade level appropriate video with an activity in which students make claims about puberty supported by evidence. There will also be a discussion of consumer awareness. The video was approved to be shown in its entirety. Individual [boys](#) and [girls](#) videos are also available.

2. [Life's Greatest Miracle](#)

Tells the inside-the-womb story of human life from conception to birth using the latest technological advances in microscopy and medical imaging. No longer available for streaming. DVD available for purchase on [PBS](#) or Amazon.

3. [Sexting...Sex + Text = Trouble](#)

Explores the importance of confidence and individuality in adolescents. Examines the risks of taking suggestive pictures of yourself or sending inappropriate messages, known as sexting. Emphasizes that sexting can be misused and the consequences may be lasting.

4. [You Can Keep Yourself Safe](#)

Teaches what to do about an unsafe touch, and provides example stories that inform viewers how to act in uncomfortable and unsafe situations. The program defines an unsafe touch as an unwanted touch, and helps provide a foundation for responding to unwanted scenarios.

5. [TED-Ed: How in Vitro Fertilization \(IVF\) Works](#)

Infertility affects 1 in 8 couples worldwide. But in the last 40 years, more than 5 million babies have been born using in vitro fertilization (IVF). How does it work? Nassim Assefi and Brian A. Levine detail the science behind making a baby in a lab. Website also includes quiz and discussion questions that accompany the video.

6. [What It's Like to Be Intersex](#)

This short video has four young people who are intersex describing what it means to be intersex and their experiences.

7. [What It's Really Like to Go Through High School as a Trans Person](#)

This video has many young people who identify as trans talking about their experiences going to school. The video offers students a chance to meet a group of people with diverse trans identities so that they can see many different ways that people can identify and express themselves.

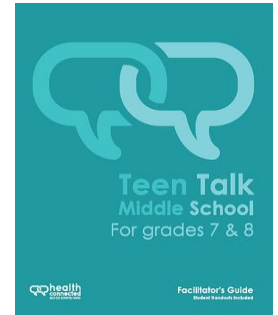
8. [One Love's Couplets](#)

There are always signs in an unhealthy relationship. While everyone has behaviors we can work on, we also shouldn't brush aside bad behavior as "cute" or "trivial." The Couplets features a series of 8 different videos that highlight unhealthy relationship behaviors. If you're seeing three or more of these unhealthy behaviors in your relationship, it's a problem.

Approved Books/Curriculum

Teen Talk Middle School by Health Connected

The Teen Talk Middle School curriculum is a comprehensive sexuality education curriculum designed to help educate 12-14 year olds about sexuality and sexual health. This sequential, 12 session curriculum is intended to be delivered over the course of two weeks. Teen Talk Middle School was updated in 2017 to meet the new requirements of the California Healthy Youth Act, based on a comprehensive review by the Adolescent Sexual Health Work Group.



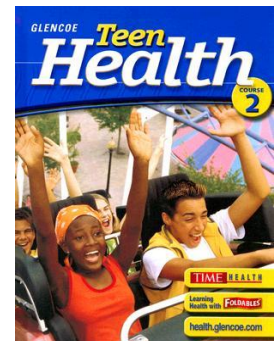
MS Positive Prevention Plus Curriculum.

This is a *supplement* to our primary AB329 curriculum, "Teen Talk" by Health Connected.

Middle School Health Textbook: Glencoe: Teen Health Course 2, 2005

Mary H. Bronson, Michael J. Cleary, Betty M. Hubbard, *Hardcover, 495 Pages, by Glencoe/McGraw-Hill* ISBN: 0-07-866415-2

Teen Health is the integrated, activities-based health program written especially for middle school students. This sequential program provides the perfect combination of course material and interactive multimedia resources. Teen Health helps students understand that good health affects their school performance, their friendships, their looks, and their lives.



Growth & Development Supplemental Materials

Real Care Baby by Realityworks

With over 20 years of product development behind it, RealCare Baby® 3 infant simulator (formerly known as Baby Think It Over® or BTIO®) is the world's most advanced infant simulator. RealCare Baby simulator is the only infant simulator with wireless programming and reporting capabilities. It is used in conjunction with comprehensive curriculum and interactive activities.

Purchase babies from Reality Works 800-830-1416. www.realityworks.com

Contraception Kit to Supplement to Teen Talk Lesson 5

A comprehensive Contraception Kit to assist teachers with demonstrations and teachings about contraception and protection methods is approved. These may be purchased from Planned Parenthood, Nasco, Health Edco, or other Health Education suppliers. Most kits contain: packages of birth control pills, IUD demonstration unit, NuvaRing vaginal ring, Ortho-Evra contraceptive patch, contraceptive sponge, vaginal contraceptive film, contraceptive gel or foam with applicator, diaphragm, assorted male/external condom, female/internal condom, dental dam, tube lubricant, Depo Provera, Emergency Contraception, photo of Nexplanon (the Implant).

BetheOneOC.com Sex Trafficking Brochure

<http://ssa.ocgov.com/civicax/filebank/blobdload.aspx?BlobID=64075>

This brochure provides information on child sex trafficking, signs to help identify victims, and tips on how to keep your child safer.

Speakers: Non-Sensitive Topics

Drug Addiction

The Juvenile Alcohol and Drug Education (JADE) provides drug and alcohol education and intervention for adolescents through innovative techniques and reality-based strategies that are based on the 12 step philosophy.

<http://www.calyouthservices.org>

Organization	Contact Info
Cal Youth Services	Gil & Flo Mulhere gilmulhere@aol.com flo@calyouthservices.org (714) 814-0968

Mental Illnesses

The School Outreach Program educates students about biologically based brain disorders. A grade appropriate, interactive presentation, enhanced by visual aids helps clarify questions about some of the most commonly occurring serious mental illnesses such as schizophrenia, bipolar disorder (manic-depressive illness), major depression, obsessive-compulsive disorder (OCD) and panic/anxiety disorder. <http://www.namioc.org/advocacy/community-outreach-programs/school-outreach>

Organization	Contact Info
NAMI-OC	Leslie (714) 544-8488 ex.108 lhillenbrand@namioc.org

Skin Cancer

The program aims to educate elementary, middle school, and high school students about sun safety and skin cancer with an emphasis on skin cancer prevention and self-screening.

Organization	Contact Info
John Wayne Cancer	education@johnwayne.org https://johnwayne.org/blocktheblaze/