

## Resources to Support Conversations about Race and Racial Equality

### Literature Connections:

- [Books about Racism and Social Justice](#) (Common Sense Media)
- [Additional Book Lists and Online Resources](#) (American Psychology Association)
- [Mrs. Kuccheck's favorites: Books About Diversity](#)
- [Something Happened in Our Town](#) (Niagara Falls Heritage Center, video)
  - How would you feel if you were Emma?
  - How would you feel if you were Josh?
  - How would you feel if you were Omad?
  - What could you do if you see someone being treated unfairly?
  - What can you learn from this story?
- [The Day You Begin](#) (Brightly Storytime, read aloud)
  - What makes you unique?
  - Why is it good to have different people in the same community?
  - What can we learn from each other by being different?
  - How can we make room for everyone to be unique?

### Podcasts to listen to:

- [NPR's Life Kit: Parenting - Difficult Conversations](#)
- [Talking Race With Young Children](#) (from the NPR series)

### Additional Resources:

- [Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice](#) (Teaching Tolerance)  
This is a guide for parents of children of varying ages ( preschool to teenage years)
- [Resources for Parents: Uplifting Youth Through Healthy Communication About Race](#) (American Psychological Association)  
Covers parent self-care, engaging children, and books about race and ethnicity
- [Racism and Violence: How to Help Kids Handle the News](#) (Child Mind Institute)  
Guides parents in having conversations, listening, and validating children's feelings
- [How to Talk to Kids About Race and Racism](#) (Parent Toolkit- produced by NBC News Learn)  
Another tool to help parents guide the conversation about race and racism
- [Resources for educators \(and parents & students\): Addressing Racism](#) (CA Association of School Counselors)  
A list of resources (websites, books, TED Talks, videos, etc.) for teachers, parents, and students
- [History of Lift Every Voice and Sing](#) (YouTube)  
An explanation of a poem turned song considered to be the black national anthem