



Irvine Unified School District Elementary School Menu October

**A lunch meal is comprised of five components based on MyPlate. A meal must have 3-5 components. Students must take a ½ Cup fruit or a vegetable with a meal.
*This is not optional.***

Prices:
Student Lunch \$3.25
Adult Lunch \$4.25
A la Carte Milk \$.50
A la Carte 100% Juice \$.75
A la Carte Fruit \$.75

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Beef Taco Roll Up Nacho Bean Dip with Tortilla Chips V Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Pizza: Meadow Park, Eastshore & Bonita Canyon</p>	<p>2 Popcorn Chicken Bowl Wild Mike's Cheese Pizza V Variety of Sandwiches X-Ray Vision Carrots Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk Pizza: Cadence Park & Northwood</p>	<p>3 Classic Hamburger Nacho Cheesy Bites V Variety of Sandwiches Fresh Side Salad Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Munchie Mix Pizza: Canyon View, Stonegate & Oak Creek</p>	<p>4 Teriyaki Beef Dippers French Toast & Cheese V Variety of Sandwiches Sweet Corn Niblets Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk Pizza: Stone Creek, Santiago Hills & College Park</p>	<p>5 Chicken Double Dog Cheese Lasagna Roll Up V Variety of Sandwiches Fresh Side Salad X-Ray Vision Carrots Variety of Fruit Fresh Canned Fruit Milk Chocolate Chip Cookie</p>
<p>8 Staff Development Day</p>	<p>9 Meat and Potato Smiles Galaxy Cheese Pizza V Variety of Sandwiches X-Ray Vision Carrots Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk Sun Chips Pizza: Beacon Park, Brywood Woodbury & Portola Springs</p>	<p>10 Chicken Corn Dog Rotini Noodles & Marinara V Variety of Sandwiches Fresh Side Salad Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Pizza: Plaza Vista, Culverdale, Eastwood, Springbrook, Alderwood & Turtle Rock</p>	<p>11 Chicken Li'l Sliders MaxStix V & marinara sauce Variety of Sandwiches Sweet Corn Niblets Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Pizza: West Park, Cypress Village, Deerfield, Greentree, & University Park</p>	<p>12 Spicy Korean Chicken and Rice Macaroni and Cheese V Variety of Sandwiches Fresh Side Salad X-Ray Vision Carrots Variety of Fruit Fresh Canned Fruit Milk Chocolate Chip Cookie Pizza: Vista Verde</p>
<p>15 Cheeseburger Sliders Pancakes & String Cheese V Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Pizza: Meadow Park, Bonita Canyon & Northwood</p>	<p>16 Chicken Giggles Texas Cheese Toast V Variety of Sandwiches X-Ray Vision Carrots Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk Gripz Pizza: Cadence Park & Eastshore</p>	<p>17 Spaghetti and Meat Sauce & Garlic Toast Side Wild Mike's Cheese Pizza V Variety of Sandwiches Fresh Side Salad Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Pizza: Plaza Vista, Stonegate, Canyon View & Stone Creek</p>	<p>18 Beef Hot Dog Grilled Cheese V Variety of Sandwiches Sugar Snap Peas Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk Rice Krispies Treat* Pizza: Santiago Hills, College Park & Oak Creek</p>	<p>19 Beef Dunkers & Rice Macaroni and Cheese V Variety of Sandwiches Fresh Side Salad X-Ray Vision Carrots Variety of Fruit Fresh Canned Fruit Milk Pizza: Vista Verde</p>
<p>22 Chicken Tenders & Waffles Fries Bean and Cheese Burrito V Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Sun Chips Pizza: Alderwood & Turtle Rock</p>	<p>23 Beef Ravioli Garlic Toast Side Galaxy Cheese Pizza V Variety of Sandwiches X-Ray Vision Carrots Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk Pizza: Beacon Park, Brywood, Woodbury & Portola Springs</p>	<p>24 Chicken BBQ Teriyaki and Rice Pancakes & String Cheese V Variety of Sandwiches Fresh Side Salad Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Pizza: Plaza Vista, Culverdale, Eastwood & Springbrook</p>	<p>25 Mini Turkey Corn Dogs MaxStix V & marinara sauce Variety of Sandwiches Sugar Snap Peas Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk Brownie Bite Pizza: West Park, Cypress Village, Deerfield, Greentree, & University Park</p>	<p>26 Classic Hamburger Texas Cheese Toast V Variety of Sandwiches Fresh Side Salad X-Ray Vision Carrots Variety of Fruit Fresh Canned Fruit Milk Pizza: Vista Verde</p>
<p>29 Classic Cheeseburger Greek Yogurt, Whole Grain Muffin, String Cheese V Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Sprinkle Cookie Pizza: Meadow Park & Bonita Canyon</p>	<p>30 BBQ Teriyaki Chicken Leg & Fried Rice Cheese Quesadilla V Variety of Sandwiches X-Ray Vision Carrots Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk Pizza: Cadence Park, Eastshore & Northwood</p>	<p>31 Chicken Patty on a Bun Macaroni and Cheese V Variety of Sandwiches Fresh Side Salad Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Halloween Cookie Pizza: Plaza Vista, Stonegate & Canyon View</p>		