

# Keeping School Meals Safe at Home

### **STORING FOOD**

Take food home and immediately refrigerate or freeze meals and refrigerate milk.



#### WASHING YOUR HANDS

Wash hands for 20 seconds before preparing or handling food.

### CLEANING

Wash dishes, utensils, tables, and counter tops with hot, soapy water before and after preparing and eating food.

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### **EATING FRESH FOOD FIRST**



## **REHEATING FOOD**

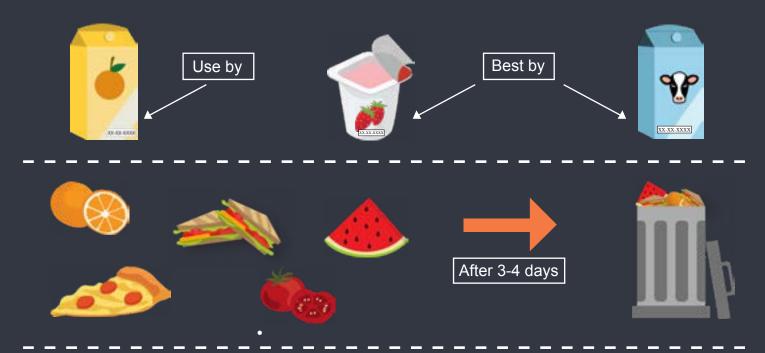
Reheat prepared food to 165 °F or heat frozen foods according to package instructions.





### HANDLING LEFTOVERS

For freshness and quality, consume food and beverages by the date stamped on the package.



Do not eat or drink food that shows signs of spoilage, such as a bad smell.



More information on food safety messages for consumers is available at these websites:

- www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/safely-distributing-meals.html
- www.cdc.gov/foodsafety/keep-food-safe.html
- www.fda.gov/food/buy-store-serve-safe-food/food-safety-your-kitchen
- www.foodsafety.gov
- www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers
- www.fns.usda.gov/tn/sfsp-providing-multiple-meals-during-coronavirus
- www.theicn.org/prevent

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