

Monday

1
Spaghetti & Meat Sauce (Beef)
Grilled Cheese Sandwich V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

8
Chickenless Soy Nuggets V
Artisan Roll
Texas Cheese Toast V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

MEATLESS MONDAY

15
Staff Development Day

22
Chickenless Soy Nuggets V
Artisan Roll
Grilled Cheese Sandwich V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

MEATLESS MONDAY

29
Orange Chicken & Rice
Galaxy Cheese Pizza V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

Tuesday

2
Classic Hamburger
Cheese Quesadilla V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

9
Mini Turkey Corn Dogs
Macaroni & Cheese V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

16
Beef Rib-B-Que Sandwich
Grilled Cheese Sandwich V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

23
Chicken Corn Dog
Bean & Cheese Burrito V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

30
Chicken Nuggets
Artisan Dinner Roll
Texas Cheese Toast V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

Wednesday

3
BBQ Teriyaki Chicken & Rice
Galaxy Cheese Pizza V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

10
Beef Fiestada Stuffed Sandwich
Cheese Ravioli & Marinara V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

17
Crunchy Beef Tacos
Cheese Pizza Boli V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

24
Teriyaki Beef Dunkers & Rice
Macaroni & Cheese V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

31
Classic Cheeseburger
Cheese Pizza Crunchers V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

Thursday

4
Chicken Patty on a Bun
Bean & Cheese Tostada V
Assorted Sandwiches
Shelled Edamame
Tomatoes
Fruit
Milk

11
Beef Taco Roll Up
Nacho Bean Dip & Tortilla Chips V
Assorted Sandwiches
Shelled Edamame
Tomatoes
Fruit
Milk

18
Chicken Tenders
Artisan Roll
Wild Mike's Cheese Pizza V
Assorted Sandwiches
Shelled Edamame
Tomatoes
Fruit
Milk

25
Classic Hamburger
Rotini Noodles & Marinara V
Assorted Sandwiches
Shelled Edamame
Tomatoes
Fruit
Milk

Friday

5
Chicken Double Dogs
Mini Pancakes & String Cheese V
Assorted Sandwiches
Sliced Cucumbers
Baby Carrots
Fruit
Milk

12
Cheeseburger
Yogurt, Muffin & String Cheese V
Assorted Sandwiches
Sliced Cucumbers
Baby Carrots
Fruit
Milk

19
Cheeseburger Sliders
French Toast & String Cheese V
Assorted Sandwiches
Sliced Cucumbers
Baby Carrots
Fruit
Milk

26
Beef Taco Roll Up
Mini Pancakes & String Cheese V
Assorted Sandwiches
Sliced Cucumbers
Baby Carrots
Fruit
Milk



A lunch meal is comprised of five components based on MyPlate.
Students may select one item from each color group above and MUST select a fruit or vegetable:

one entrée = protein + grain

a selection of vegetables

a selection of fruit

1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice.

This institution is an equal opportunity provider.