



IRVINE

UNIFIED

# High School Lunch

## 1ST MEAL **FREE** FOR ALL STUDENTS

LIMITED VARIETIES MAY BE AVAILABLE

### 2ND MEAL \$3.75

- Boso Cheese Sticks
- Variety of Burgers
- Chicken Nuggets
- Chicken Sandwich
- Chicken Tenders
- Macaroni & Cheese
- Papa John's Pizza
- Popcorn Chicken
- Pretzel Dog

### 2ND MEAL \$4.25

- Handmade Pasta Bowl
- Handmade Rice Bowl
- Hot Wings with Baked Fries
- Pick Up Stix
- Specialty Burger
- Specialty Salad
- Specialty Sandwich
- Specialty Wrap

### 1 MEAL INCLUDES:

- 1 Entree
- 1 Cup of Fruit
- 1 Cup of Vegetables
- 1 Milk

\*Students must take at least 1/2 Cup fruit or vegetable with a meal.

### MUST CHOOSE 1:

- |                      |                     |
|----------------------|---------------------|
| Assorted Fresh Fruit | Baby Carrots        |
| Seasonal Fruit       | Corn                |
| Canned Fruit         | Tomatoes            |
| 100% Fruit Juice     | Cucumbers           |
| Raisins / Craisins   | Shelled Edamame     |
| Baked Fries          | Seasonal Vegetables |

Menu subject to change without notice.

This institution is an equal opportunity provider.

[www.iusd.org/nutrition](http://www.iusd.org/nutrition)