



# *Elementary Pick Up Stix Calendar*

## **August 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13 Westpark	14	15 Woodbury Plaza Vista Vista Verde	16
19	20	21	22	23
26	27	28	29	30

**A lunch meal is comprised of five components based on MyPlate. A meal must have 3-5 components. Students must take a ½ Cup fruit or a vegetable with a meal. This is not optional.**

Menu subject to change without notice. \*May contain pork. <sup>v</sup>vegetarian entrées.  
**\*\* Pick Up Stix: Possible cross contamination with peanut or sesame seed**  
 "This institution is an equal opportunity provider"