

Irvine Unified School District Elementary School Menu January

A lunch meal is comprised of five components based on MyPlate. A meal must have 3-5 components. Students must take a ½ Cup fruit or a vegetable with a meal.

This is not optional.

Prices:
Student Lunch \$3.25
Adult Lunch \$4.25
A la Carte Milk \$.50
A la Carte 100% Juice \$.75
A la Carte Fruit \$.75

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7 Chicken Tenders & Potato Emojis Bean and Cheese Burrito V Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Sun Chips	8 Beef Ravioli Garlic Toast Side Galaxy Cheese Pizza V Variety of Sandwiches X-Ray Vision Carrots Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk Pizza: Beacon Park, Brywood, Woodbury, Portola Springs & Eastwood	9 BBQ Teriyaki Chicken and Rice Pancakes & String Cheese V Variety of Sandwiches Fresh Side Salad Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Pizza: Plaza Vista, Culverdale, Springbrook, Alderwood & Turtle Rock	10 Mini Turkey Corn Dogs MaxStix V & marinara sauce Variety of Sandwiches Sugar Snap Peas Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk Brownie Bite Pizza: West Park, Cypress Village, Deerfield, Greentree, & University Park	11 Classic Hamburger Texas Cheese Toast V Variety of Sandwiches Fresh Side Salad X-Ray Vision Carrots Variety of Fruit Fresh Canned Fruit Milk Pizza: Vista Verde
14 Classic Cheeseburger Greek Yogurt, Whole Grain Muffin, String Cheese V Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Pizza: Meadow Park & Bonita Canyon	15 BBQ Teriyaki Chicken Leg & Fried Rice Cheese Quesadilla V Variety of Sandwiches X-Ray Vision Carrots Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk Sprinkle Cookie Pizza: Eastshore, Cadence Park & Northwood	16 Chicken Patty on a Bun Macaroni and Cheese V Variety of Sandwiches Fresh Side Salad Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Pizza: Plaza Vista, Stonegate, Canyon View	17 Chicken Noodle Soup and Roll Grilled Cheese Sandwich V Variety of Sandwiches Sweet Corn Niblets Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk Pizza: Santiago Hills, College Park, Oak Creek & Stone Creek	18 Beef Chili Cheese Dog Nacho Cheesy Bites V Variety of Sandwiches Fresh Side Salad X-Ray Vision Carrots Variety of Fruit Fresh Canned Fruit Milk Rice Krispies Treat* Pizza: Vista Verde
21 Martin Luther King Day	No School	23 Classic Hamburger Sabra Hummus, Whole Grain Pita and String Cheese Variety of Sandwiches Vine Ripe Tomatoes Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk Munchie Mix Pizza: Plaza Vista, Beacon Park, Culverdale, Eastwood, Springbrook, Alderwood & Turtle Rock	24 Chicken Nuggets Dinner Roll French Toast & Cheese V Variety of Sandwiches Sweet Corn Niblets Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Pizza: West Park, Deerfield, Greentree, University Park, , Brywood, Woodbury, Cypress Village & Portola Springs	25 Chicken Double Dogs Cheese Lasagna Roll Up V Variety of Sandwiches Fresh Side Salad X-Ray Vision Carrots Variety of Fruit Fresh Canned Fruit Milk Chocolate Chip Cookie Pizza: Vista Verde
28 Beef Taco Roll Up Nacho Bean Dip with Tortilla Chips V Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Rice Krispies Treat* Pizza: Meadow Park & Bonita Canyon	29 Potato Emojis and Beef ,	30 Chicken Corn Dog Rotini Noodles & Marinara V Variety of Sandwiches Fresh Side Salad Crunchy Cucumbers Variety of Fruit Fresh Canned Fruit Milk Pizza: Plaza Vista, Stonegate & Canyon View	31 Teriyaki Chicken Dippers and Rice Mini Veggie Burgers V Variety of Sandwiches Sweet Corn Niblets Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk Sun Chips Pizza: Santiago Hills, College Park, Oak Creek & Stone Creek	