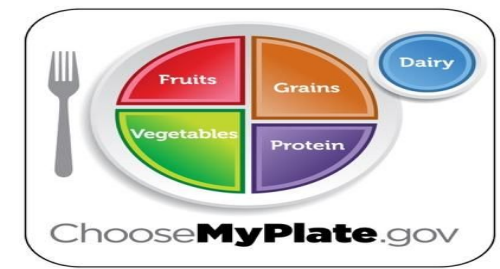


Irvine Unified School District Elementary Breakfast Menu September 2019



Meal Rules	Monday	Tuesday	Wednesday	Thursday	Friday
Must Choose at least 1, at most 2 (2) counts as two items *Only one Pop-Tart or cereal per meal	Apple Bites (2) Breakfast Burrito (turkey) (2) Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt 4oz (1)	Mini Pancakes (2) Banana Bread (no nuts) (2) Breakfast Sausage Biscuit (Beef) (2) Whole Grain Pop-Tart (1)* Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Hard Boiled Egg (1)	Pancake Sausage on Stick (2) Homemade Crumb Cake (2) Mini Loaf (1) Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt 4oz (1)	Breakfast Bun (2) Bagel (2) Whole Grain Pop-Tart (1)* Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Hard Boiled Egg (1)	Cinnamon Roll (2) Oatmeal Benefit Bar (1) Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt 4oz (1)
Must Choose at least 1	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice
May Choose 1	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk

Cheez-Its	50¢	Fruit Snacks	\$1.00	Scooby Doo Grahams	50¢	Beverages	
Cereal	75¢	Fruit / Vegetables	75¢	String Cheese	50¢	Milk	50¢
Chewy Granola Bar	75¢	Goldfish	50¢	Sunflower Seeds	50¢	100% Juice, 4 oz	75¢
CLIF Kid Z Bar	\$1.25	Kettle Corn	\$1.00	Yogurt, 4 oz	75¢	Boxed Water, 8 oz	50¢
Chex Mix	75¢	Popcorn	\$1.00	Yogurt, 8 oz	\$1.25	Boxed Water, 16.9 oz	\$1.00

Breakfast Meal Price \$2.00
 Students must take 3 food items below and one item must be 1/2 Cup Fruit
Students must take an entrée, fruit, and may take a milk.