



# Irvine Unified School District Elementary School Menu October

**A lunch meal is comprised of five components based on MyPlate. A meal must have 3-5 components. Students must take a ½ Cup fruit or a vegetable with a meal.  
This is not optional.**

**Prices:**  
**Student Lunch \$3.25**  
**Adult Lunch \$4.25**  
**A la Carte Milk \$.50**  
**A la Carte 100% Juice \$.75**  
**A la Carte Fruit \$.75**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Classic Cheeseburger Greek Yogurt &amp; Whole Grain Muffin and Cheese StickV Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk <b>Rice Krispie Treat*</b> Pizza: Alderwood, Beacon Park &amp; Bonita Canyon</p>	<p>3 BBQ Teriyaki Chicken Leg &amp; Fried Rice Cheese QuesadillaV Variety of Sandwiches Fresh Side Salad Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk  Pizza: Turtle Rock, Portola Springs, Brywood &amp; Greentree</p>	<p>4 Chicken Nuggets Mini Veggie burgersV Variety of Sandwiches X-Ray Vision Carrots Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk  Pizza: Culverdale, Cypress Village &amp; Eastwood</p>	<p>5 Chicken Patty On a Bun Macaroni and CheeseV Variety of Sandwiches Fresh Side Salad Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk <b>Brownie Bite</b>  Pizza: Deerfield, Springbrook &amp; University Park</p>	<p>6 Chicken Corn Dog Cheese Ravioli Variety of Sandwiches X-Ray Vision Carrots Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk</p>
<p>9 Staff Development Day Student Free Day</p>	<p>10 Teriyaki Beef Dippers Wild Mike's Cheese PizzaV Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk  Pizza: Canyon View, Northwood, Eastshore, &amp; Meadow Park</p>	<p>11 Popcorn Chicken Bowl Bean and Cheese BurritoV Variety of Sandwiches X-Ray Vision Carrots Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk <b>Chocolate Chip Cookie</b> Pizza: Plaza Vista Stonegate, Oak Creek &amp; Woodbury</p>	<p>12 Hamburger Texas Cheese ToastV Variety of Sandwiches Fresh Side Salad Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk  Pizza: West Park, Santiago Hills, Stone Creek &amp; College Park</p>	<p>13 Chicken Double Dog Cheese Lasagna Roll UpV Variety of Sandwiches X-Ray Vision Carrots Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk <b>Sun Chips</b> Pizza: Vista Verde</p>
<p>16 Chicken Nuggets Grilled Cheese SandwichV Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk <b>Rice Krispie Treat</b> Pizza: Alderwood, Beacon Park &amp; Bonita Canyon</p>	<p>17 Chicken Lil Sliders Greek Yogurt, Cheese &amp; Whole Grain MuffinV Variety of Sandwiches Fresh Side Salad Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk  Pizza: Turtle Rock, Portola Springs, Brywood &amp; Greentree</p>	<p>18 Meat and Potato Smiles Galaxy PizzaV <b>Dinner Roll</b> Variety of Sandwiches X-Ray Vision Carrots  Buttered Broccoli Variety of Fruit Fresh Canned Fruit Milk  Pizza: Plaza Vista, Culverdale, Cypress Village &amp; Eastwood</p>	<p>19 Mom's Meatball Sandwich Dr. Praeger's Veggie BurgerV Variety of Sandwiches Fresh Side Salad Cucumbers Variety of Fruit Fresh Canned Fruit Milk  Pizza: Deerfield, Springbrook &amp; University Park</p>	<p>20 Korean Chicken Dippers and Rice Max StickV Variety of Sandwiches X-Ray Vision Carrots Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk <b>Chocolate Chip Cookie</b> Pizza: Vista Verde</p>
<p>23 Cheeseburger Minis Greek Yogurt &amp; Muffin and Cheese StickV Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk <b>Gripz</b> Pizza: West Park, Canyon View &amp; Northwood</p>	<p>24 Spaghetti and Meat Sauce <b>Garlic Toast Side</b> Galaxy Cheese PizzaV Variety of Sandwiches Fresh Side Salad Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk  Pizza: Eastshore, Meadow Park &amp; Woodbury</p>	<p>25 Chicken Giggles French Toast and CheeseV Variety of Sandwiches X-Ray Vision Carrots Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk  Pizza: Plaza Vista Stonegate, Oak Creek</p>	<p>26 Chicken Teriyaki Dippers &amp; Rice Grilled CheeseV Variety of Sandwiches Fresh Side Salad Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk <b>Sun Chip</b> Pizza: Santiago Hills, Stone Creek &amp; College Park</p>	<p>27 Beef Hot Dog Macaroni and CheeseV Variety of Sandwiches X-Ray Vision Carrots Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk Pizza: Vista Verde</p>
<p>30 Chicken Tenders &amp; Waffles Bean and Cheese BurritoV Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk Pizza: Alderwood, Beacon Park &amp; Bonita Canyon</p>	<p>31 Beef Ravioli <b>Garlic Toast Side</b> Wild Mike's Cheese PizzaV Variety of Sandwiches Fresh Side Salad Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk <b>Halloween Cookie</b> Pizza: Portola Springs, Brywood &amp; Greentree</p>			

Menu subject to change without notice. \*May contain pork. †vegetarian entrées.  
 "This institution is an equal opportunity provider" An extra entrée can only be purchased as a \$3.25 meal.