



Irvine Unified School District Elementary Breakfast Menu October 2017



Students must take 3 food items below and one item must be 1/2 Cup Fruit.

Meal Rules	Monday	Tuesday	Wednesday	Thursday	Friday
Must Choose at least 1, at most 2 *Only one Pop-Tart or cereal per meal	Mini Pancakes (2) Bagel-Ful (2) Breakfast Burrito (turkey) (2) Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt 4oz (1)	Banana Bread (no nuts) (2) Breakfast Sausage Biscuit (Beef) (2) Whole Grain Pop-Tart (1)* Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Hard Boiled Egg (1)	Muffin (2) Homemade Crumb Cake (2) Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt 4oz (1)	Breakfast Bun (2) Bagel (2) Whole Grain Pop-Tart (1)* Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Hard Boiled Egg (1)	Cinnabites (2) Cheese Breakfast Pizza Bagel (2) Whole Grain Cereal (1)* Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt 4oz (1)
Must Choose at least 1	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice
May Choose 1	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk

Breakfast Meal Price \$2.00

Students must take an entrée, fruit, and may take a milk.

This institution is an equal opportunity provider.

A la Carte Price List

			Beverages		
Cheez-Its	50¢	Goldfish	50¢	Milk	50¢
Cereal	75¢	Popcorn	\$1.00	100% Juice, 4 oz	75¢
Chewy Granola Bar	75¢	Kettle Corn	\$1.00	Water, 8 oz	50¢
CLIF Kid Z Bar	\$1.25	Fruit	75¢	Water, 16.9 oz	\$1.00
Sunflower Seeds	50¢	Vegetables	75¢		
		Scooby Doo Grahams	50¢		
		Mott's Medleys Fruit Snacks	\$1.00		
		String Cheese	50¢		
		Yogurt, 4 oz	75¢		
		Yogurt, 8 oz	\$1.25		