



# Irvine Unified School District Elementary Breakfast Menu July / August 2017



Students must take 3 food items below and one item must be 1/2 Cup Fruit.

Meal Rules	Monday	Tuesday	Wednesday	Thursday	Friday
Must Choose at least 1, at most 2	Mini Pancakes (2) Bagel-Ful (2) Breakfast Burrito (turkey) (2) Whole Grain Cereal (1) Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt, 4oz (1)	Banana Bread (no nuts) (2) Cinnamon Oatmeal Round (2) Breakfast Sausage Biscuit (Beef) (2) Whole Grain Pop-Tart (1.25) Whole Grain Cereal Goldfish (1) Sunflower Seeds (1) String Cheese (1) Hard Boiled Egg (1)	Strawberry Banana Muffin (2) Cheese Stuffed Breakfast Sandwich (2) Whole Grain Cereal (1) Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt, 4oz (1)	Breakfast Bun (2) Protein Pack (Bagel, Cream Cheese, String Cheese) (2) Whole Grain Pop-Tart (1.25) Whole Grain Cereal (1) Goldfish (1) Sunflower Seeds (1) String Cheese (1) Hardboiled Egg (1)	Cinnabites (2) Frudel (2) Cheese Breakfast Pizza Bagel (2) Whole Grain Cereal (1) Goldfish (1) Sunflower Seeds (1) String Cheese (1) Yogurt, 4oz (1)
Must Choose at least 1	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice	Fresh Fruit Canned Fruit 100% Fruit Juice
May Choose 1	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk	Non-Fat Chocolate Milk 1% White Milk

Breakfast Meal Price \$2.00

Students must take an entrée, fruit, and may take a milk.

### A la Carte Price List

				Beverages	
Cheez-Its	50¢	Goldfish	50¢	Scooby Doo Grahams	50¢
Cereal	75¢	Popcorn	\$1.00	Mott's Medleys Fruit Snacks	\$1.00
Chewy Granola Bar	75¢	Kettle Corn	\$1.00	String Cheese	50¢
CLIF Kid Z Bar	\$1.25	Fruit	75¢	Yogurt, 4 oz	75¢
Sunflower Seeds	50¢	Vegetables	75¢	Yogurt, 8 oz	\$1.25
				Milk	50¢
				100% Juice, 4 oz	75¢
				Water, 8 oz	50¢
				Water, 16.9 oz	\$1.00

This institution is an equal opportunity provider.