



Orthopedic Support with Specialist Management Solutions

Support your musculoskeletal needs

Bone, joint, ligament, tendon or muscle pain may be overwhelming. Fortunately, Specialist Management Solutions (SMS) Advocates can help schedule educational consults with a local musculoskeletal specialist, serve as a single point of contact throughout your care journey, and provide direction to other programs in your health plan benefits. SMS is available through your health plan, at no additional cost.

How Does it Work?

- 1** Contact an SMS Advocate/Nurse to learn more about a specific diagnosis, ways to manage musculoskeletal pain, and understand treatment options to then discuss with your treatment provider.
- 2** Work with the SMS Advocate/Nurse to locate an in-network provider so you can determine the site of care for your musculoskeletal care needs.
- 3** SMS Advocates can remain in touch throughout the health journey – from the first call, all the way through recovery, if needed.

What to Expect



Access to orthopedic nurses for 1-1 coaching on digital exercise therapy program options, pre/post-surgery counseling, or a consult for a second opinion.



Enhanced support and resources.



Payment savings options.



Greater access to specialty care.

[Learn More](#)

Call 800-379-6898 and ask to speak with an SMS Care Advocate

United
Healthcare

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MANAGEMENT SOLUTIONS
Empowering healthcare decisions™