

School Counselor Update

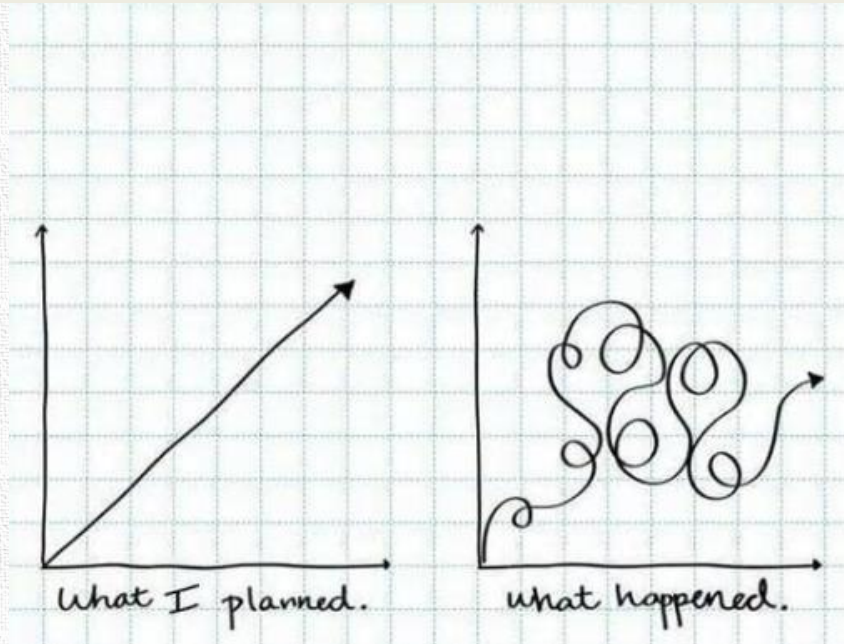
IUSD Board Presentation
June 27, 2017



IUSD Secondary School Counselors

- Masters Degree & PPS Credential
- 15 Middle School Counselors
- 26 High School Counselors
- 1 Counselor for Education Services

A typical day in the life of a school counselor...



The Role of a Professional School Counselor

3 ASCA Domains:

Academic, Social/Emotional, College/Career

- Advocate and support all students
- Collaboration with all stakeholders
 - School
 - Family
 - Community
- Prevention & Intervention
- Guidance Curriculum
- Individual Student Planning
- Responsive Services
- System Support





When your day involves an emotional roller coaster from typical teenage anxiety to college acceptance to mental illness to celebrating achievements to grief...



Challenges Students Face

- **Social and Emotional**

- Mental Health Concerns
 - Stress
 - Bullying
 - Technology/Social Media
 - Depression/Anxiety
 - School Refusal

- **Academic**

- Student Workload
- Increased Rigor
- Parental Pressure

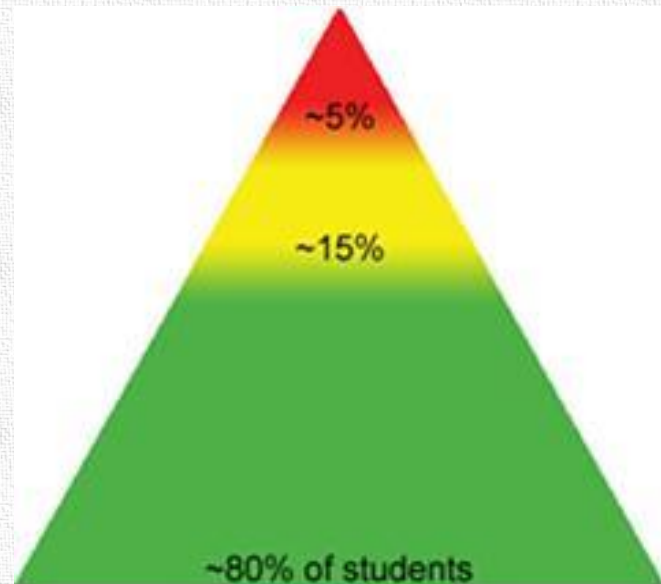
- **College and Career**

- Increased competition for college admissions
- Job readiness skills



Data Driven Practices

- Hanover Data/California Healthy Kids Survey
- IUSD Data
 - 504
 - Risk Assessments (Suicide/Threat)
 - Graduation Rates
 - College & Career Readiness
- Interventions
 - Tier 1
 - Tier 2
 - Tier 3



Counseling PLC Work

IUSD Secondary Counselor PLC Goal:

To empower students to have emotionally healthy coping skills.

- District Wide
 - 2 PLC days
 - Professional Development
- Action Plan
 - Learning Targets
- Site Based
 - Prevention
 - Counseling programs
 - Intervention
 - All counselors are trained in crisis intervention and suicide assessment
 - Post Intervention
 - Follow up and resource linkage



Celebrations

- IUSD School Board Support
- PLC
 - District-wide goal
- Collaboration
 - Across the site and district
- Commitment to Professional Development
 - Data Driven Decision Making
- Sharing of Best Practices
 - Incorporation of Flipped Teaching Model
 - Increased Use of Technology
- New Innovative Programs
 - Response to AB 2246 – Suicide Prevention
 - College Readiness Block Grant
 - Other Site-Based Programs



Plans for the Future

- Continue to Support and Develop

- Work with counseling PLC
- Data Driven Guidance Lessons
- Sharing of Best Practices
- College and Career Readiness
- Life Skills (e.g.: communication, empathy, healthy choices)

- Vision

- Continue to provide a comprehensive school counseling program that supports the district's continuous improvement efforts
- Comprehensive K-12 School Counseling Program

