



Calming the Chaos of Mental Health Care.

FAMILY and STAFF WELLNESS PROGRAM

In order to better serve our students, families, and staff IUSD has partnered with CareSolacemental health services to connect families to outside care providers. Care Solace provides concierge services to assist families in navigating mental health services in the community.

PURPOSE

Care Solace connects communities to reliable, ethical and high-quality mental healthcare services. This makes it easier for families to connect with mental healthcare resources and providers in their communities. This service is completely confidential and anonymous.

CARE CONCIERGE BY CARE SOLACE

The Care Concierge takes the stress off of families by breaking down the barriers to mental healthcare. Care Solace is a resource available to district families for free.

This 24/7 team of care coordinating experts guide and support families throughout the entire process. We only refer to trusted and ethical providers. We speak English, Spanish, Mandarin, Cantonese and Vietnamese.

PERSONAL CONCIERGE ASSISTANCE WITH:

- Accessing vetted mental health providers
- Discovering virtual therapy options
- Assessing provider availability
- Reducing wait times into care
- Navigating Insurance or no insurance
- Scheduling an appointment(s)
- Phone, email, videochat
- Response time is typically within 15-minutes or less

TALK TO US

1-888-515-0595

weserve@caresolace.org

www.caresolace.com/iusd

Please note, Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 1-800-273-8255.

www.caresolace.org

