



# Irvine Unified School District

## ADAPTED PHYSICAL EDUCATION TEACHER (APE)

### DEFINITION

Under general supervision, provides direct consultation and instruction in the fields of adapted physical education to students in grades kindergarten through twelve. Assists schools in meeting individual pupil needs in the areas of motor skills, physical fitness, self-image, social behavior, and recreational interests.

### EXAMPLES OF DUTIES

- Consults with regular and special education teachers regarding adapting or modifying the physical education program for handicapped students. Conducts workshops to assist staff in understanding when "Specifically Designed Physical Education" is appropriate and when "Adapted Physical Education" is appropriate. Works cooperatively with other physical education teachers in planning a balanced physical education program which assimilates and allows maximum participation of handicapped students. Analyzes, demonstrates, and models basic skills and strategies related to sports, games, and fundamentals of body movement. Provides individual and small group instruction in order to adapt curriculum to the needs of handicapped students to the maximum extent feasible. May supervise or teach one or more classes of Adapted Physical Education for students with orthopedic and/or medical problems to such an extent that they cannot be provided for through "Specially Designed Physical Education". Monitors his/her schedule so as to assure continuity and effective delivery of services to participating schools. Communicates with parents, school councils and teachers regarding student progress. Participates in local school IEP team meetings as appropriate. Participates in faculty and/or district committees as they relate to the promotion of adapted physical education programs for the handicapped. Conducts motor assessments and evaluations in accordance with established district procedures. Coordinates and plans the work of aides, teacher assistants, or other paraprofessionals who may be located at school sites assisting handicapped students.
- Maintains professional competence through participation in inservice education workshops and clinics provided by the district and/or in self-selected professional growth activities.

### QUALIFICATIONS

#### **Credential:**

Valid California Credential or Certificate authorizing remedial physical education for adapted physical education K-12.

#### **Education:**

Bachelor's degree, including all courses to meet credential requirements.

**PHYSICAL DEMANDS:** The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is regularly required to use hands to finger, handle, or feel objects, tools, or controls; reach with hands and arms; talk or hear; and taste or smell. The employee frequently is required to stand; walk; sit; and stoop, kneel, crouch, or crawl. The employee is occasionally required to climb or balance.

The employee must regularly lift and/or move up to 10 pounds and occasionally lift and/or move up to 100 pounds. Specific vision abilities required by this job include close vision, distance vision, color vision, and peripheral vision. **WORK ENVIRONMENT:** The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee occasionally works in outside weather conditions and is occasionally exposed to fumes or airborne particles.

The noise level in the work environment is usually moderate. **COMMENTS:** Weight requirements include moving and lifting students (K-12), moving motor equipment.

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This page was last modified 07/28/2005