




# STUDENT SUPPORT SERVICES

## COORDINATING SERVICES TO SUPPORT ALL STUDENTS

- |   |  |  |   |
|---|--|--|---|
|  Mental Health & 504 Support   |  Student Services   |  Gifted & Advanced Learners |  Health Services |
|  Language Development Programs |  Guidance Resources |  Academic Interventions     |   |

## Mental and Behavioral Health Updates 2016-17

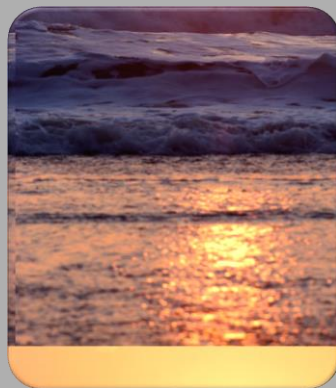
Dr. Melissa DiScala  
Michelle O'Neill



PBIS



Guidance  
Assistants  
Elementary  
Resource  
Counselors  
Project  
Success



Irvine Family  
Resource  
Center



School  
Wellness  
Coordinators



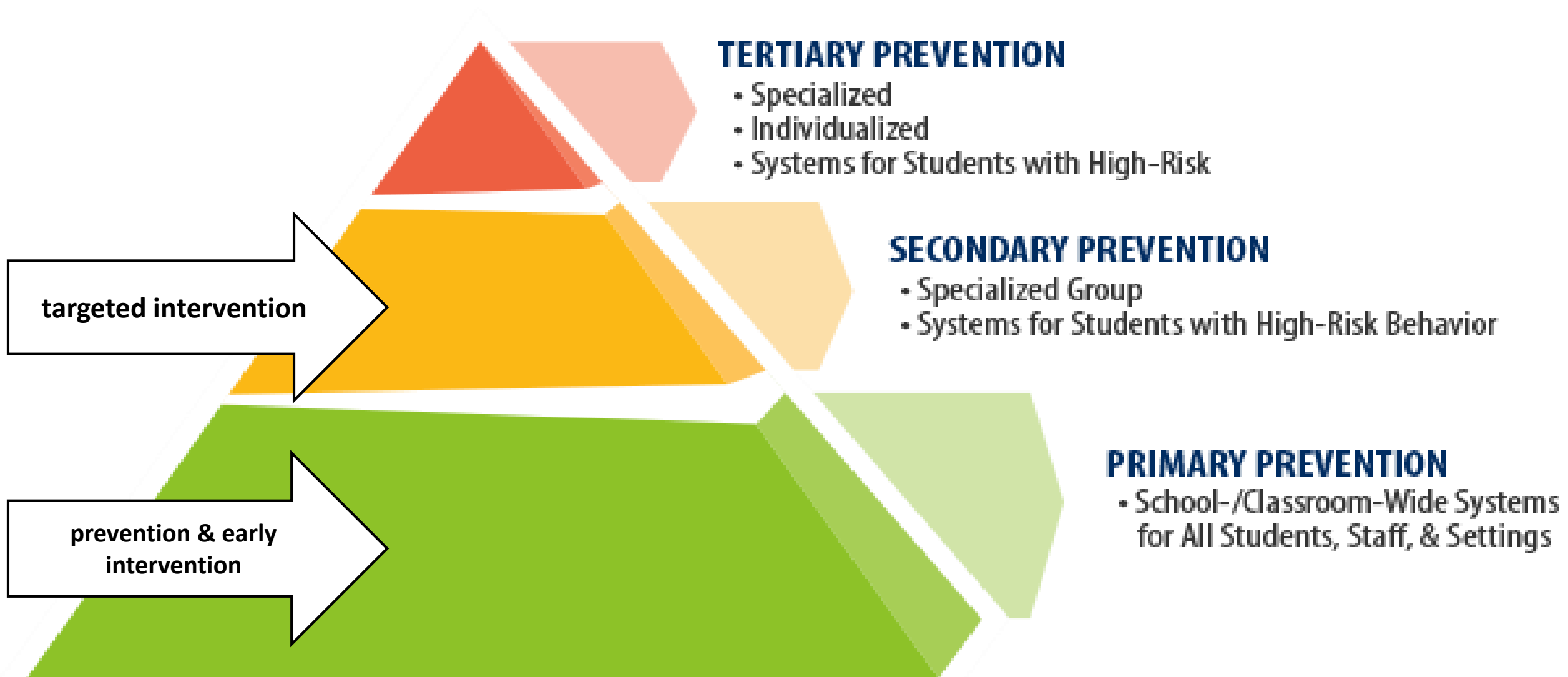
Community  
Collaboration

# GUIDANCE RESOURCES

## DEPARTMENT

- Positive Behavioral Interventions & Supports (PBIS)
- Guidance Assistants and social-emotional learning
- Elementary Resource Counselors
- Project Success Specialists
- McKinney-Vento Homeless Assistance
- Foster Youth
- Alternative to Suspension
- Irvine Family Resource Center
- Educational Partnership Fund (EPF/Measure BB)

# MULTI-TIERED SYSTEMS OF SUPPORT AND GUIDANCE RESOURCES



# PRIOR TO SCHOOL YEAR 2015-16

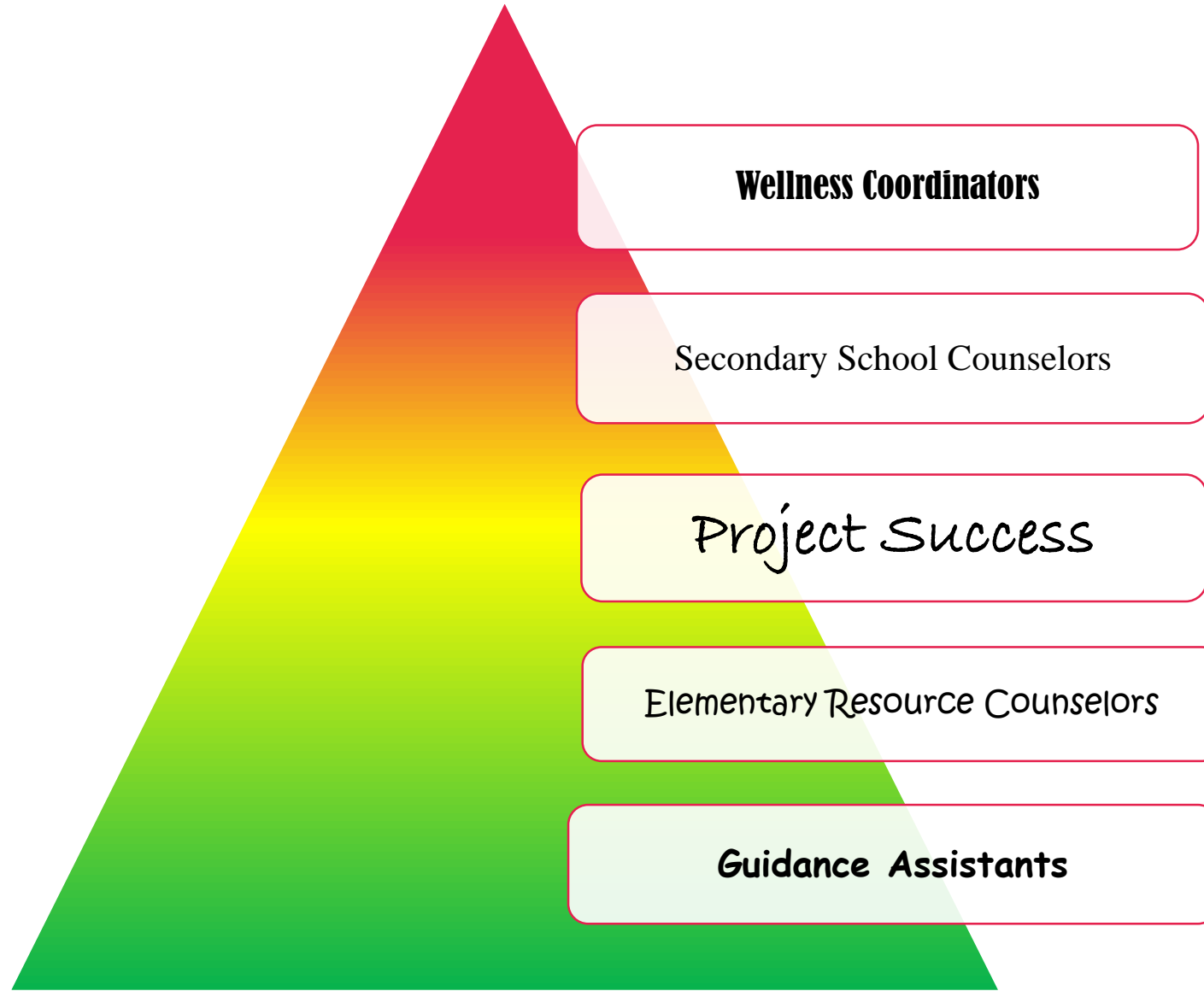
**IUSD  
social-emotional-  
behavioral supports**

Secondary School  
Counselors

*Project Success*

**Guidance Assistants**

# IUSD SOCIAL-EMOTIONAL-BEHAVIORAL SUPPORTS NOW





# GUIDANCE RESOURCES PROGRAMS **PREVENTION & EARLY INTERVENTION**

## **Guidance Assistants –**

Elementary school social-emotional learning program

## **Elementary Resource Counselors –**

Elementary school individual & group counseling, parent education and outreach, school-wide prevention & intervention support

## **Project Success –**

Middle School and High School group counseling program



# GUIDANCE ASSISTANTS



Classroom & small group social skills lessons

Content covers coping, responsibility, problem solving, empathy, anger management, impulse control & decision making

- Lessons taught using evidence based curriculum *Second Step*
- Small group lessons and re-teach opportunities provided for students in need of intervention on specific skills or focus areas
- All elementary schools receive part time GA support







# ELEMENTARY RESOURCE COUNSELORS

Program implemented in January 2016

- 13 full time counselors with Masters in Social Work, Psychology or Counseling
- Each elementary school has 2 to 3 full days of support weekly
- Works in collaboration with the Guidance Assistant, School Psych, Nurse/Health Aide, Ed Support TOSA and Administration
- Participates in both student and staff meetings

# ELEMENTARY RESOURCE COUNSELORS

Provide School and family systems support

- Short term individual and group counseling
- Behavioral strategies and support for teachers
- Support services for McKinney Vento families & Foster Youth students
- Parent outreach, education and resource linkage
- Attendance intervention and home visits
- Professional learning for school staff
- Social-emotional-behavioral screeners for identification of at-risk students



# PROJECT SUCCESS

Solution-Focused small group counseling for middle school and high school students

Addresses academic and personal goal setting, communication skills, self-esteem, stress management, anger management, peer pressure, LGBTQ and more

Peer Assisted Leadership (PAL) a student leadership group component will be added this fall

- Middle schools have 12 hours of support
- High Schools have 25 hours of support



# MENTAL HEALTH TRAINING

- All high school and elementary school teachers received training in mental health awareness and identification
- Trainings have been posted on the Intranet
- **Next Steps:**
  - Train middle school teachers and staff
  - Train students at all levels



# SUICIDE RISK



- New forms with flowchart
- Increase use of licensed staff in general and special education
- Trained school mental health staff (counselors, psychologists, ERCs)
- **Next steps:**
  - **Collaborate with community agencies for ongoing training in suicide prevention**

# SCHOOL WELLNESS COORDINATORS

- Housed at high schools
  - Successful first year integrating into school sites
- **Next Steps - Expansion of services:**
  - **New Wellness Coordinator (40% PHS, 60% Middle Schools)**
  - **Creekside Wellness Coordinator (75% CHS/SJHS, 25% Middle Schools)**
  - **Social Work Interns (5) available to support secondary school sites**





# CRISIS RESPONSE

- Wellness Coordinators have been trained in the national model of Critical Incident Stress Management (CISM) through OCDE
- Wellness Coordinators created:
  - Updated electronic Crisis Response Handbook
  - Crisis response training module
- **Next steps:**
  - **Training for district responders**





# IRVINE FAMILY RESOURCE CENTER

- Two licensed mental health professionals provide clinic-based services to Irvine students and families
- **Next steps - Expanded hours this year:**
  - **Mon-Thurs 9am-6pm**
  - **Increased contract for high volume months**
  - **Resource linkage and parenting classes**



# COLLABORATIONS AND COMMUNITY PARTNERS

- USC School of Social Work – Interns, Mental Health Collaborative
- CSUF School of Social Work - Interns
- UCI and IPD – Mental Health Management Team Meetings
- Irvine Prevention Coalition
- Families Forward
- Orange County Department of Education



# QUESTIONS



# THANK YOU!



## STUDENT SUPPORT SERVICES

### COORDINATING SERVICES TO SUPPORT ALL STUDENTS

- |   |  |  |   |
|---|--|--|---|
|  Mental Health & 504 Support   |  Student Services   |  Gifted & Advanced Learners |  Health Services |
|  Language Development Programs |  Guidance Resources |  Academic Interventions     |   |