



## About Us:

Under the Department of Prevention & Intervention, our team offers a multidisciplinary approach to mental health support and wellness for children, adolescents, and their families.

We provide individualized services designed to meet the needs of our IUSD students and our community.

The IFRC values a philosophy and practice of acceptance, compassion, and support for those we serve in providing an emotionally safe and respectful environment.

## IFRC Staff:



**Christine Guerrero, LMFT #52301**  
Supervisor of Mental Health Services  
christineguerrero@iusd.org  
949-936-7502



**Anaissa Ibrahim-Mealiff, LMFT #88198**  
Mental Health Specialist  
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# Irvine Family Resource Center

Creekside Education Center (N21)  
3387 Barranca Pkwy  
Irvine, CA 92606

## Building Resiliency

## Empowering Individuals

## Strengthening Connections



## Our Goal:

We aim to provide effective and individualized support for our clients dealing with mental health concerns in an intimate and confidential setting where we can foster connection, trust, and growth.

Provide strategies to reduce anxiety, stress, depression, hopelessness, and support clients to enhance their life skills and interpersonal relationships.

Strengthen family communication, resolve conflict, and restore healthy boundaries.



## Services provided by IFRC:

Short-term evidence-based mental health services for individual and family support

Group Counseling

Psycho-educational parenting workshops

Counseling referrals to community agencies and other programs

Referrals to school-based supports

Tele-health services for individual and family support

Our services are either free or low cost to students & families.

For further information, contact:  
Christine Guerrero  
(949) 936-7502

<https://iusd.org> > irvine-family-resource-center

## Crisis Support:

OC Suicide Prevention/Crisis Line  
Confidential 24-hour telephone counseling to individuals contemplating, threatening, or attempting suicide  
(877)727-4747

Teen Crisis Hotline  
(800) 448-3000

Irvine Police Department:  
(949) 724-7000  
(non-emergency line)

Please note that we do not provide 24-hour crisis services at the Irvine Family Resource Center. If you are experiencing a life threatening emergency and require immediate assistance, please call 911 or go to your nearest hospital emergency room.

## Internal Resources:



<http://www.iusd.org/WeCare>