

# Recipe Allergen Report

Menu: Elementary Lunch Menu 2016-2017 Cycle

School: Rancho Central Kitchen

Dates: July 05, 2016 - October 31, 2016

Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
2089073	All American Hamburger	No	No	No	No	No	Yes	No	Yes
2090033	All-Beef Hot Dog	No	No	No	No	No	Yes	No	Yes
1893715	Baby Carrots (1/2 cup)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2093829	Baked Chicken and Mashed Potatoes	No	No	Yes	No	No	Yes	No	Yes
2090113	Baked Chicken Mashed Potatoes and Roll	Yes	No	Yes	No	No	Yes	No	Yes
2090929	BBQ Sauce Packet	No	No	No	No	No	Yes	No	No
2089767	Bean and Cheese Burrito	No	No	Yes	No	No	Yes	No	Yes
2089683	Beef Ravioli	No	No	Yes	No	No	Yes	No	Yes
2089071	Beef Taco Roll Up	No	No	Yes	No	No	Yes	No	Yes
2094519	Beef Teriyaki Dipper and Rice	No	No	No	No	No	Yes	No	Yes
2089749	Big Bad Bean and Cheese Burrito	No	No	Yes	No	No	Yes	No	Yes
2090705	Broccoli and Butter	No	No	Yes	No	No	No	No	No
2090785	Broccoli Florets and Butter	No	No	Yes	No	No	No	No	No
2089213	Canned Fruit Variety 1/2 Cup	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2089293	Cheese Galaxy Pizza	No	No	Yes	No	No	Yes	No	Yes
2090035	Cheese Lasagna Roll-Ups	Yes	No	Yes	No	No	No	No	Yes
2090623	Cheese Quesadilla	No	No	Yes	No	No	Yes	No	Yes
2089091	Cheese Ravioli	Yes	No	Yes	No	No	Yes	No	Yes
2089065	Cheeseburger	No	No	Yes	No	No	Yes	No	Yes
2089069	Cheeseburger Beef Sliders	No	No	Yes	No	No	Yes	No	Yes
1893712	Cherry Tomatoes (1/2 cup)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2094521	Chicken Chow Mein	Yes	No	No	No	No	Yes	No	Yes
2089059	Chicken Corn Dog	Yes	No	No	No	No	Yes	No	Yes
2089067	Chicken Double Dog	No	No	No	No	No	Yes	No	Yes
2093825	Chicken Giggles	No	No	No	No	No	Yes	No	Yes
2089881	Chicken Little Sliders	No	No	Yes	No	No	Yes	No	Yes
2089077	Chicken Nuggets	No	No	No	No	No	Yes	No	Yes

2089087	Chicken Patty on Bun	No	No	No	No	No	Yes	No	Yes
2089801	Chicken Salad Sandwich	Yes	No	No	No	No	Yes	No	Yes
2090007	Chicken Tenders and Waffles	Yes	No	Yes	No	No	Yes	No	Yes
2090105	Chicken Teriyaki Dippers and Rice	No	No	No	No	No	Yes	No	Yes
2089305	Chocolate Chip Cookie	Yes	No	Yes	No	No	Yes	No	Yes
2093967	Chocolate Chip Gripz Grahams	No	No	Yes	No	No	Yes	No	Yes
2089131	Corn Niblets	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2089139	Cucumber Slices 1/2 Cup	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1893742	Cucumber Slices, with peel (1/2 cup)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2089793	Dinner Roll	No	No	Yes	No	No	Yes	No	Yes
2090855	Dr. Praeger's Vegetarian Burger	Yes	No	No	No	No	Yes	No	Yes
2091789	Dried Fruit Variety	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090595	Drumstick and Fried Rice	No	No	No	No	No	Yes	No	Yes
2089141	Edamame 1/2 cup	No	No	No	No	No	Yes	No	No
2089205	French Toast and Cheese Stick	Yes	No	Yes	No	No	Yes	No	Yes
2089211	Fresh Fruit Variety 1/2 Cup	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090687	Greek Yogurt, Cheese and Muffin	Yes	No	Yes	No	No	Yes	No	Yes
2089109	Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
2089883	Griptz Grahams	No	No	Yes	No	No	Yes	No	Yes
2090589	Hummus, Cheese and Pita	No	No	Yes	No	No	Yes	No	Yes
2091783	Juicy Juice Apple	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2091785	Juicy Juice Berry	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2091779	Juicy Juice Orange Tangerine	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090919	Ketchup Packet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090805	Kids Snack Mix	No	No	Yes	No	No	No	No	Yes
2090159	Macaroni and Cheese	Yes	No	Yes	No	No	No	No	Yes
2090931	Marinara Sauce 1 oz Cup	No	No	No	No	No	Yes	No	No
2089075	Max Stick	No	No	Yes	No	No	Yes	No	Yes
2090923	Mayonnaise Packet	Yes	No	No	No	No	Yes	No	No
2090637	Meat and Potato Smiles	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2089311	Meatball Sandwich	No	No	Yes	No	No	Yes	No	Yes

2089175	Milk 1% 8 oz	No	No	Yes	No	No	No	No	No
2089179	Milk NF Chocolate 8 oz	No	No	Yes	No	No	No	No	No
2089301	Mini Turkey Corn Dogs	Yes	No	Yes	No	No	Yes	No	Yes
2090925	Mustard Packet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2089747	Pancakes and Cheese	Yes	No	Yes	No	No	No	No	Yes
2089533	Popcorn Chicken Bowl Elementary	No	No	Yes	No	No	Yes	No	Yes
2093809	Power Pack Lunch	No	No	Yes	No	No	Yes	No	Yes
2089521	Ranch Packet	Yes	No	Yes	No	No	Yes	No	No
2090133	Rice Krispies Mini Treat	No	No	Yes	No	No	Yes	No	No
2089191	Side Salad 1 cup	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090921	Soy Sauce Packet	No	No	No	No	No	Yes	No	Yes
2089531	Spaghetti and Meat Sauce	Yes	No	No	No	No	Yes	No	Yes
2089197	Sugar Snap Peas 1/2 Cup	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090147	Sun Chips Cheddar	No	No	Yes	No	No	Yes	No	Yes
2089679	Sunflower Seeds	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090927	Syrup Cup 1.5 oz	No	No	No	No	No	No	No	No
2091767	Taco Sauce Packet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2090851	Teriyaki Beef Burger	No	No	No	No	No	Yes	No	Yes
2090703	Texas Garlic Cheese Toast	No	No	Yes	No	No	Yes	No	Yes
2089123	Turkey and Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
2091787	Turkey and Cheese Sub Sandwich	No	No	Yes	No	No	Yes	No	Yes
2089119	Turkey Ham Sandwich	No	No	No	No	No	Yes	No	Yes
2089813	Turkey Triangle Sandwich	No	No	No	No	No	No	No	Yes
2089811	Turkey/Ham and Cheese Triangle Sandwich	No	No	Yes	No	No	Yes	No	Yes
2090103	Wild Mike's Cheese Pizza	No	No	Yes	No	No	Yes	No	Yes

\* = Indicates missing Nutrient Information.

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