



IUSD HEALTH SERVICES

IUSD Nut Safe Practices

The Medical Advisory Board of IUSD, having reviewed the most up to date medical literature and reviewed the current IUSD “nut safe” practices, found these practices to be reasonable and thorough. The findings are supported by the American Academy of Pediatrics; the Food, Allergy and Anaphylaxis Network; the National School Board Association; the National Association of School Nurses; and a survey of Asthma and Allergy Specialists across the nation. Therefore, the Medical Advisory Board and IUSD affirm the following:

- Keeping students safe at school through implementation of our District *Severe Food Allergy Practices Guidelines*
- Increased education and awareness at all educational levels for students, staff and parents
- “Nut free” lunch tables with additional training to noon duty staff
- Limiting food in the classrooms
- Working collaboratively with the school lunch program and support safe choices
- Reinforcing proper hand washing before and after recess and lunch
- Providing specific Care Plans/Emergency Action Plans and 504 plans as needed
- Providing every school with non-designated emergency Epi-Pens

We believe that it is the responsibility of the family, school, students and physicians to work together to keep students safe at school. Food allergies can be life threatening. The risk of accidental exposure to foods can be reduced in the school setting if everyone works as a team to minimize risks while providing a safe educational environment for all students.