


Irvine Unified School District
 Preschool Learning Foundations ~ Transitional Kindergarten ~ Kindergarten Common Core Standards
Fine and Gross Motor Development Continuum of Standards

Standard	Preschool Foundations (At or around 60 months)	Transitional Kindergarten	Kindergarten Common Core Standards
Fine Motor-Grasp		Students use tripod/three-finger grasp crayon or pencil correctly with preferred hand. 	
Fine Motor-Bilateral Coordination	Adjust grasp and body position for increased control in drawing and writing.	Students stabilize paper with non-dominant hand while writing, coloring and cutting.	
Fine Motor-Drawing/Coloring		Students draw simple shapes and a variety of lines.	
		Students use a variety of media with appropriate pressure.	
		Students are able to color within the lines.	
Fine Motor-Writing	Write letters or letter-like shapes to represent words and ideas.	Students write any letter starting at the top.	
		Students write by moving left to right.	
	Writes first name neatly and correctly.	Students write letters neatly and correctly.	
		Students write or draw from the environment using a variety of media.	
Fine Motor-Scissor Skills		Students hold scissors correctly with dominant hand.	
		Students cut a straight line, curved line, zigzag line.	
		Students cut simple geometric shapes with increasing accuracy.	

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Gross Motor-Body Awareness		Students move body parts on self and others when instructed.	
		Students are able to adjust their body in relation to the activity, environment and others.	
		Students are able to move sideways, forward, backward with purpose.	Students are able to travel forward and sideways quickly in response to a signal.
Gross Motor-Balance		Students stand on one foot with hands on hips.	Students balance on one to five body parts.
		Students are able to walk on a narrow line.	Students balance while walking forward and sideways on a narrow, elevated surface.
Gross Motor-Fundamental Movement Skills		Students use the eight locomotor skills (i.e. walk, run, jump with two feet, hop, gallop, slide, skip, leap) with increasing accuracy.	
Gross Motor-Ball Skills		Students kick rolled ball.	
		Students bounce and catch a ball with two hands.	
		Students throw ball underhand and overhand.	
Gross Motor-Equipment		Students are able to climb a playground apparatus safely and appropriately.	