



# Irvine Unified School District Elementary School Menu

## July

A lunch meal is comprised of five components based on MyPlate. A meal must have 3-5 components. Students must take a ½ Cup fruit or a vegetable with a meal.

**This is not optional.**

**Prices:**  
 Student Lunch \$3.25  
 Adult Lunch \$4.25  
 Milk \$.50  
 100% Juice \$.50  
 Fruit \$.75

Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13 Chicken Tenders & Waffles French Toast and CheeseV Variety of Sandwiches X-Ray Vision Carrots Corn Niblets Variety of Fruit Fresh Canned Fruit Milk	14 Mini Turkey Corn Dogs Max StickV Variety of Sandwiches Fresh Side Salad Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk Griptz	15 Spaghetti & Meat Sauce Macaroni and CheeseV Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk
18 Beef Taco Roll Up Hummus, Cheese and PitaV Variety of Sandwiches X-Ray Vision Carrots Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk Sun Chips	19 Popcorn Chicken Bowl Wild Mike's Cheese PizzaV Variety of Sandwiches Fresh Side Salad Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk  Pizza: Woodbury	20 Beef Hot Dog Cheese QuesadillaV Variety of Sandwiches X-Ray Vision Carrots Crunchy Cucumber Variety of Fruit Fresh Canned Fruit Milk Chocolate Chip Cookie  Pizza: Plaza Vista	21 Chicken Pattie On a Bun Texas Cheese ToastV Variety of Sandwiches Fresh Side Salad Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk  Pizza: West Park	22 Chicken Nuggets Cheese Ravioli Variety of Sandwiches X-Ray Vision Carrots Shelled Edamame Variety of Fruit Fresh Canned Fruit Milk  Pizza: Vista Verde
25 Mom's Meatball Sandwich Grilled Cheese SandwichV Variety of Sandwiches X-Ray Vision Carrots Sweet Corn Niblets Variety of Fruit Fresh Canned Fruit Milk Kids Snack Mix	26 BBQ Teriyaki Chicken Leg & Fried Rice Greek Yogurt, Cheese & Whole Grain MuffinV Variety of Sandwiches Fresh Side Salad Vine Ripe Tomatoes Variety of Fruit Fresh Canned Fruit Milk  Pizza: Woodbury	27 Meat and Potato Smiles Galaxy PizzaV Dinner Roll Variety of Sandwiches Shelled Edamame Buttered Broccoli Variety of Fruit Fresh Canned Fruit Milk  Pizza: Plaza Vista	28 Chicken Chow Mein Bean and Cheese BurritoV Variety of Sandwiches Fresh Side Salad Cucumbers Variety of Fruit Fresh Canned Fruit Milk  Pizza: West Park	29 All American Hamburger Cheese Lasagna Roll UpV Variety of Sandwiches X-Ray Vision Carrots Sugar Snap Peas Variety of Fruit Fresh Canned Fruit Milk  Pizza: Vista Verde Chocolate Chip Cookie