



# Irvine Unified School District Elementary School Menu August

**A lunch meal is comprised of five components based on MyPlate. A meal must have 3-5 components. Students must take a ½ Cup fruit or a vegetable with a meal. *This is not optional.***

**Prices:**  
**Student Lunch \$3.25**  
**Adult Lunch \$4.25**  
**Milk \$.50**  
**100% Juice \$.50**  
**Fruit \$.75**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Chicken Corn Dog  <b>Dr. Praeger's Veggie burger</b>V            Variety of Sandwiches            X-Ray Vision Carrots            Sugar Snap Peas            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Rice Krispies Treat</b></p>	<p>2 <b>Chicken</b> Alfredo Pasta            Pancakes and Cheese V            Variety of Sandwiches            Fresh Side Salad            Sweet Corn Niblets            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Woodbury</p>	<p>3 Baked Chicken and Mashed Potatoes            French Toast and CheeseV  <b>Dinner Roll</b>            Variety of Sandwiches            X-Ray Vision Carrots            Crunchy Cucumber            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Plaza Vista</p>	<p>4 Beef Ravioli            Wild Mike's Cheese PizzaV            Variety of Sandwiches            Fresh Side Salad            Vine Ripe Tomatoes            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Kids Snack Mix</b>            Pizza: West Park</p>	<p>5 Juicy Teriyaki Beef Burger on Hawaiian Bun            Macaroni and CheeseV            Variety of Sandwiches            X-Ray Vision Carrots            Shelled Edamame            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Vista Verde</p>
<p>8 Chicken Little Sliders            Cheesy Max StickV            Variety of Sandwiches            X-Ray Vision Carrots            Sweet Corn Niblets            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Sun Chips</b></p>	<p>9 Chicken Giggles            Hummus, Cheese and PitaV            Variety of Sandwiches            Fresh Side Salad            Vine Ripe Tomatoes            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Woodbury</p>	<p>10 Chicken Teriyaki Dippers &amp; Rice            Texas Cheese Toast V            Variety of Sandwiches            X-Ray Vision Carrots            Crunchy Cucumber            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Plaza Vista</p>	<p>11 Chicken Double Dogs            Cheese QuesadillaV            Variety of Sandwiches            Fresh Side Salad            Sugar Snap Peas            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Griptz</b>            Pizza: Westpark</p>	<p>12 Cheeseburger            Power Pack Seeds,            Cheese and Graham Crackers            Variety of Sandwiches            X-Ray Vision Carrots            Shelled Edamame            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Vista Verde</p>
<p>15 Cheeseburger Minis            Greek Yogurt, Cheese &amp; Whole Grain MuffinV            Variety of Sandwiches            X-Ray Vision Carrots            Sweet Corn Niblets            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Sun Flower Seeds</b></p>	<p>16 Turkey and Cheese Sub Sandwich            Galaxy PizzaV            Variety of Sandwiches            Fresh Side Salad            Vine Ripe Tomatoes            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Woodbury</p>	<p>17 Chicken Tenders &amp; Waffles            Grilled Cheese SandwichV            Variety of Sandwiches            X-Ray Vision Carrots            Edamame            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Plaza Vista</p>	<p>18 Mini Turkey Corn Dogs            Mighty Bean Cheese BurritoV            Variety of Sandwiches            Fresh Side Salad            Sugar Snap Peas            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Chocolate Chip Cookie</b>            Pizza: Westpark</p>	<p>19 Staff Development Day</p>
<p>22 Beef Taco Roll Up            Hummus, Cheese and PitaV            Variety of Sandwiches            X-Ray Vision Carrots            Sweet Corn Niblets            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Sun Chips</b></p>	<p>23 Popcorn Chicken Bowl            Wild Mike's Cheese PizzaV            Variety of Sandwiches            Fresh Side Salad            Vine Ripe Tomatoes            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Woodbury</p>	<p>24 Beef Hot Dog            Cheese QuesadillaV            Variety of Sandwiches            X-Ray Vision Carrots            Crunchy Cucumber            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Chocolate Chip Cookie</b>            Pizza: Plaza Vista</p>	<p>25 Chicken Patty On a Bun            Texas Cheese ToastV            Variety of Sandwiches            Fresh Side Salad            Sugar Snap Peas            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: West Park</p>	<p>26 Chicken Nuggets            Pancakes &amp; String CheeseV            Variety of Sandwiches            X-Ray Vision Carrots            Shelled Edamame            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Vista Verde</p>
<p>29 Mom's Meatball Sandwich            Grilled Cheese SandwichV            Variety of Sandwiches            X-Ray Vision Carrots            Sweet Corn Niblets            Variety of Fruit Fresh            Canned Fruit            Milk  <b>Kids Snack Mix</b></p>	<p>30 <b>BBQ Teriyaki Chicken Leg &amp; Fried Rice</b>            Greek Yogurt, Cheese &amp; Whole Grain MuffinV            Variety of Sandwiches            Fresh Side Salad            Vine Ripe Tomatoes            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Woodbury</p>	<p>31 Meat and Potato Smiles            Galaxy PizzaV  <b>Dinner Roll</b>            Variety of Sandwiches            Shelled Edamame            Buttered Broccoli            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Plaza Vista</p>	<p>1 Chicken Chow Mein            Bean and Cheese BurritoV            Variety of Sandwiches            Fresh Side Salad            Cucumbers            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: West Park</p>	<p>2 All American Hamburger            Cheese Lasagna Roll UpV            Variety of Sandwiches            X-Ray Vision Carrots            Sugar Snap Peas            Variety of Fruit Fresh            Canned Fruit            Milk            Pizza: Vista Verde  <b>Chocolate Chip Cookie</b></p>