

Irvine Unified School District Middle School Lunch Menu

Meal includes: 1 Entrée, 1/2 Cup Fruit

& 3/4 Cup Vegetable, 1 Milk

Students **MUST** take at least 1/2 Cup fruit or vegetable with a meal.

\$4.25 Meals

- Pick-Up Stix
- Sandwich World Sandwiches
- Sandwich World Salads
- Specialty Salads

\$3.75 Meals

- Pasta Dishes
- Chow Mein
- House Made Sandwiches
- Baked Chicken
- Corn Dog
- Papa John's Pizza
- Burritos
- Hamburger
- Wraps
- Cheeseburger
- Hot Dog
- Yogurt with Bagel or Muffin
- Chicken Sandwich
- House Made Bowls

Must Choose At Least One:

- Assorted Fresh Fruit
- Corn
- Seasonal Fruit
- Tomatoes
- Frozen Fruit Cup
- Cucumbers
- Canned Fruit
- Edamame
- 100% Fruit Juice (6.75 oz)
- Seasonal Vegetables
- Raisins
- Tossed Salad
- Baby Carrots

Choice of Milk: 1% White or Fat-Free Chocolate
Complimentary Water served with Lunch Meal



A lunch meal is comprised of five food components based on MyPlate. A meal must have 3-5 components. Students must take a 1/2 Cup fruit or a vegetable with a meal.

This is not optional.

Farm to School Organic Produce offered upon availability.



Not all Menu items are available every day. Menu subject to change without notice. This institution is an equal opportunity provider.