

Irvine Unified School District High School Lunch Menu

Meal includes: 1 Entrée, 1 Cup Fruit
& 1 Cup Vegetable, 1 Milk

Students **MUST** take at least 1/2 Cup fruit or vegetable with a meal.

\$4.25 Meals

- Pick-Up Stix
- Sandwich World Sandwiches
- Sandwich World Salads
- Specialty Salads

\$3.75 Meals

- Pasta Dishes
- Chicken Tenders
- Popcorn Chicken
- Bosco Cheese Sticks
- Corn Dog
- Rice Bowls
- Cheeseburger
- Hamburger
- Sandwiches
- Chicken Nuggets
- Hot Dog
- Wraps
- Chicken Sandwich
- Hot Wings
- Yogurt with Bagel or Muffin
- Papa John's Pizza

Must Choose At Least One:

- Assorted Fresh Fruit
- Mashed Potatoes
- Seasonal Fruit
- Baby Carrots
- Frozen Fruit Cup
- Corn
- Canned Fruit
- Tomatoes
- 100% Fruit Juice (6.75 oz)
- Cucumbers
- Raisins or Craisins
- Edamame
- Baked Fries
- Seasonal Vegetables

Choice of Milk: 1% White, Fat-Free White, Fat-Free Chocolate
Complimentary Water served with Lunch Meal



A lunch meal is comprised of five food components based on MyPlate. A meal must have 3-5 components. Students must take a 1/2 Cup fruit or a vegetable with a meal.

This is not optional.

Farm to School Organic Produce offered upon availability.

