

# Irvine Unified School District Middle School Breakfast Menu

## \$2.00 Meals

- Fresh Baked Cinna-Bites
- Bagel with Cream Cheese
- Breakfast Honey Bun
- Breakfast Bowl
- Breakfast Burrito
- Breakfast Sausage Biscuit
- Frudel
- Whole Grain Muffin or Bread
- Mini Pancakes
- French Toast
- PBJ Uncrustables
- Waffle & Sausage
- Yogurt Parfait (complete meal)

## \$2.00 Meals

(Must Choose 2 Items Below)

- Cereal Bowl
- Whole Grain Pop-Tarts
- Whole Grain Goldfish Crackers
- Sunflower Kernels
- String Cheese

## Fruit

(Must Choose 1 Item Below)

- Whole Fruit
- Canned Fruit
- 100% Fruit Juice (6.75 oz)

## Milk

- 1% White Milk
- Non-Fat Chocolate Milk

**Students participating in the National School Lunch Free or Reduced-Price Meal Program must take three (3) food items and one of the items must be a fruit in order to receive reduced-price benefits.**

Menu items may not be available every day. Menu subject to change without notice.

This institution is an equal opportunity provider.

