

## **IRVINE FAMILY RESOURCE CENTER PARENT ENRICHMENT WORKSHOPS**

### **Parenting Under Pressure**

2/22/21 Grades K-6

3/1/21 Grades 7-12

\*Both 6pm-7pm

- Apply the 3 R's of Resilient Parenting
- Prioritize ONE next step for yourself/family

#### **Presented By:**

Prevention & Intervention  
Marie Williams and Kari Garron

### **Intentional Parenting**

Positive Discipline Framework

3/3/21 Grades K-6

3/10/21 Grades 7-12

\*Both 6pm-7pm

- Learn non-punitive methods to encourage and empower your child
- Develop parenting strategies that promote valuable life skills

#### **Presented By:**

Prevention & Intervention  
Katy Shobe

### **6 Week Parent Support Process Group**

Click here for additional info: <http://bit.ly/IFRCPARENTSUPPORTGROUP>

#### **Workshop Registration Guidelines:**

Pre-registration needed to secure your spot! **Space is Limited!**

Zoom Link will be provided to you upon registration as well  
as any supplemental materials