

# Irvine Unified School District

## Invitation to join our private Parent Square Community Group

Scan the QR Code below to join IUSD's McKinney  
Vento Parent Square Group



Access  
Resources



Access Training  
Opportunities



Connect with  
IUSD Team



<https://www.parentsquare.com/groups/join/xzpxpoa89r>

### Contact the McKinney Vento and Foster Youth Team

Elana Lesse-McKinney Vento and Foster Youth Liaison  
Allison Howard-Administrative Assistant  
Natalie Hamilton-Director of Mental Health and Wellness

DOSupportServices@iusd.org

# Irvine Unified School District Summer Resources

The **IUSD McKinney-Vento/Foster Youth Team** is available during the summer. We have included some resources below for you and your family to check out and explore!

If you are viewing this on a computer or mobile device, the “Name of the Agency” is a clickable link. If you are viewing this on hardcopy, please call or search for the name of the agency on the internet to access their services.

***If any of the following circumstances occur for your student, please contact the McKinney Vento & Foster Youth Team:***

- You have found stable and suitable housing***
- Your student is attending summer school***
- You have moved to another district***

If you have questions or are in need of resources over the summer, please contact our team.

<b>IUSD McKinney-Vento/Foster Youth Team</b>		
Email: <a href="mailto:DOSupportServices@iusd.org">DOSupportServices@iusd.org</a>		
Elana Lesse (not available in July)	District McKinney-Vento/Foster Youth Liaison	(949) 936-5199 <a href="mailto:elanalesse@iusd.org">elanalesse@iusd.org</a>
Allison Howard (available during summer)	Administrative Assistant Supporting McKinney-Vento/Foster Youth	(949) 936-5203 <a href="mailto:allisonhoward@iusd.org">allisonhoward@iusd.org</a>
Natalie Hamilton (available during summer)	Director for Mental Health and Wellness	(949) 936-5287 <a href="mailto:nataliehamilton@iusd.org">nataliehamilton@iusd.org</a>
<b><u>IUSD McKinney-Vento Information and Resources</u></b>		

<b>Transportation Support</b>		
<b>Name of Agency and Link</b>	<b>Phone Number</b>	<b>What they do</b>
<a href="#">Irvine CONNECT</a>	949-724-7365	<b>Free</b> Shuttle throughout Irvine! Live update and map of shuttles.

<b>High School Students FREE Summer Gym Membership</b>		
<b>Name of Agency and Link</b>	<b>Phone Number</b>	<b>What they do</b>
<a href="#">Planet Fitness</a>	(949) 930-0085	High school students can get a free gym membership for the summer with a valid school ID
<a href="#">24-Hour Fitness</a>		High school students can get a free gym membership for the summer with a valid school ID

## Medical and Housing Support

Name of Agency and Link	Phone Number	What they do
<a href="#">Family Promise of Orange County</a>  **Please ask the IUSD team if a direct referral would be appropriate	657-482-3798	Housing support for those currently homeless or at risk of homelessness in the next 14-30 days.
<a href="#">Family Solutions Collaborative</a> (FSC)	Click the link to complete the family services request form	Serves to help connect families with their closest "Access Point" to receive services and resources. FSC is a system that connects families with Access Points, Housing Support, Family Shelter System, Domestic Violence Service Integration, Bed Reservation System, and more.
<a href="#">Families and Communities Together</a> (FACT)	Refer to link for calendar of events	FACT offers a variety of events, support groups, case management, food distribution, and more. They have multiple resource centers throughout Orange County. The closest Resource Center for Irvine families would be Lake Forest or Tustin. Events and appointments are hosted on a weekly basis!  Services are provided in English and Spanish.
<a href="#">Families Forward</a> *If you have previously worked with Families Forward, please reach out to Elana Lesse or Allison Howard first.	(949) 552-2727	Housing, counseling, career, and food support.
<a href="#">South County Outreach</a>	(949) 380-8144	Serves homeless families, the underemployed, unemployed, seniors, veterans, and other at-risk residents of Orange County. South County Outreach provides the following services: Housing programs, rental and utility assistance, and a food program.
<a href="#">Family Health and Children's Clinic</a>	1 (800) 914-4887	Medical, dental, and vision support.
<a href="#">211 Orange County</a>	1 (888) 600-4357	Connecting residents in need to critical social services in Orange County such as housing, job placement, food, and health insurance. 211 Connects thousands of individuals and families to needed community-based programs, including where to find a community clinic, dental care, immunizations, and prescription assistance, food, homeless shelters, elder and child care, legal services and other resources offered by local nonprofits and government agencies.
<a href="#">CalFresh</a>	1 (877) 847-3663	CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.
<a href="#">Families Together</a>	1 (800) 597-7977	Support for medical, dental, physical therapy, vision, behavioral, food, nutrition, and housing.

## Laundry Services

<a href="#">Laundry Love</a>	An easy to use map with Orange County laundromats that offer low-to-no cost laundry on certain days of the month.	
Location	Contact	When
<b>Sparklean Lake Forest</b> 23532 El Toro Rd Lake Forest, CA 92630	Donna Sandidge (949) 212-9633 family@sandidgeip.com	1st Wednesday of Every Month from 5:30pm-8:00pm
<b>Coin Laundry</b> 1913 Pomona Ave. Costa Mesa, CA 92627	Rock Hunter (619) 787-7625 rockhunter1@gmail.com	3rd Tuesday of the month from 7:00pm-9:00pm
<b>Santa Ana Laundromat</b> 406 East Santa Ana Blvd Santa Ana, CA 92701	Scott Overpeck info@511sa.com	3rd Thursday of the month from 8:00pm-9:30pm

## Food Pantry List

Where	Contact	Link
Families Forward	(949) 552-2727	<a href="#">Families Forward   Families Forward (families-forward.org)</a>
Laguna Food Pantry	(949) 497-7121	<a href="#">Home   Laguna Food Pantry   Free, Fresh, And Nutritious Groceries</a>
OC Food Bank	714-897-6670	<a href="#">OC Food Bank   Community Action Partnership of Orange County (capoc.org)</a>
Saddleback Church		<a href="#">Saddleback Food Pantry</a>
Second Harvest Food Bank (In Irvine at the Great Park)	(949) 653-2900	<a href="#">Second Harvest Food Bank</a>

South County Outreach	(949) 380-8144 ext. 207	<a href="#">South County Outreach</a>
Families Together	1 (800) 597-7977	<a href="#">FT Food Pantry</a>

### Free Family Events Over the Summer

<a href="#">OCParks Sunset Cinema Series</a>	Movies at different regional parks in Orange County
<a href="#">OCParks Summer Concert Series</a>	Concerts at different regional parks in Orange County
<a href="#">Irvine Summer in the City</a>	Movies and Concerts at different parks around Irvine
<a href="#">City of Irvine Classes and Activities</a> (Cost associated with different activities)	Activities and classes throughout Irvine. Some have fees associated, while others are free. Registration is required for most activities.

We would like to hear from you to understand how we can support you. We can be reached by phone or email; whichever method is most comfortable for you. Our office phone number is (949) 936-5203.

Your partners in education,

***IUSD McKinney-Vento/Foster Youth Team***

Direct: (949) 936-5203

Email: [DOSupportServices@iusd.org](mailto:DOSupportServices@iusd.org)

[McKinney-Vento & Foster Youth](#) |



# Calendar of Events

## May – August 2024

### COMMUNITY SERVICES

#### Mental Health Counseling\*\*

- Low cost
- Short-term
- Individual
- Couples
- Family

For individuals living between Irvine and San Clemente.

**Date and Time:** Call for an appointment

**Location:** SOC and CHEC

#### Legal Consultation Services by Trusted Non-Profit Legal Providers\*\*

Get a free consultation no matter whether it is a single question or a larger issue for the following:

- Family law-divorce, custody, guardianship
- Immigration
- Domestic violence
- Restraining orders
- Housing – landlord tenant issues
- Health and public benefits
- Employment working rights
- Bankruptcy and foreclosure
- Fraud-consumer issues

**Date/Time:** Call for an appointment

**Location:** SOC and CHEC

#### Case Management for Families and Adults\*\*

A short-term program that supports and strengthens families or single individuals by providing:

- Information
- Referrals
- Education
- Links to community-based programs

**Date/Time:** Call for an appointment

**Location:** SOC and CHEC

#### Enrollment Assistance\*\*

- Cal Fresh/Food Stamps
- Affordable health insurance – Medi-Cal/Covered CA
- Cal Works

**Date/Time:** Call for appointment

**Location:** SOC and CHEC

The Family Resource Centers are offering services in-person and virtually. Contact us for more information, appointments or class registration.



[facebook.com/ResourceCentersOC](https://facebook.com/ResourceCentersOC)



[@FRC\\_CHEC\\_SOC](https://instagram.com/FRC_CHEC_SOC)

\*Spanish only

\*\*English and Spanish



South Orange County  
Family Resource Center

22481 Aspan Street, Suite B  
Lake Forest, CA 92630  
949-364-0500  
Fax: 949-364-0575

Hours of Operation:  
Monday, Tuesday, Friday  
8:30 a.m. – 5:30 p.m.  
Wednesday, Thursday  
11 a.m. – 8 p.m.



27412 Calle Arroyo  
San Juan Capistrano, CA 92675  
949-489-7742  
Fax: 949-489-7748

Hours of Operation:  
Monday, Thursday, Friday  
8:30 a.m. – 5:30 p.m.  
Tuesday, Wednesday  
11 a.m. – 8 p.m.

Programs and services at SOC and CHEC Family Resource Center are funded in part through Families and Communities together (FACT).  
[factoc.org](https://factoc.org)

### **FREE Farmers Market\*\***

Lake Forest Food Distribution  
Food distribution offered by the SOC FRC in partnership with Second Harvest Food Bank. Bring your own bags. No appointment needed. Rain cancels this outdoor event.

**Date/Time:** Fourth Tuesday of the month:  
April 23, May 28, June 25, July 23, and August 27.  
Starts at 3:30 p.m. until we run out.  
**Location:** SOC

### **DOMESTIC VIOLENCE SERVICES**

#### **Personal Empowerment (PEP)\*\***

Court-approved, educational program designed for victims of domestic violence that provides support towards ending the cycle of abuse.

**Date/Time:** Call for more information  
**Location:** SOC and CHEC

#### **Legal Advocacy Program\*\***

- **Legal advocacy appointments:** One-on-one sessions with a legal advocate to discuss legal options and resources for domestic violence related legal issues including restraining orders, family law, immigration and more.  
*Cost:* Services are provided on a sliding fee scale.
- **Monthly Immigration Clinic:** One-on-one advice and counsel sessions with an immigration attorney to assess forms needed for immigration relief that are available to domestic violence survivors (must attend intake with legal advocate in order to be signed up).
- **Monthly Family Law Clinic:** One-on-one advice and counsel sessions with a family law attorney to discuss divorce, custody, and support for domestic violence survivors (must attend intake with legal advocate in order to be signed up).

**Date/Time:** Call for an appointment or for more information at 949-757-3635, ext. 100.

**Location:** SOC and CHEC

#### **Family Assistance Ministries\*\***

##### **Homeless Prevention and Support Services**

This program is intended to serve households in South Orange County (Irvine - San Clemente) through homeless response and prevention services to assist clients in remaining housed or identifying housing. Supportive services are provided to clients in collaboration with partners through FRC.

**Date/Time:**

SOC every Wednesday from 11 a.m. - 5 p.m.

CHEC every Thursday from 10:30 a.m. - 4:30 p.m.

**Location:** SOC and CHEC

### **COMMUNITY SUPPORT GROUPS**

#### **Men's Support Group\***

Join us for an opportunity to discuss your successes, challenges, relationships, insights and personal growth. We will offer each other support and feedback in a safe and confidential space. The class will be offered in-person.

**Date/Time:** Call for more information.

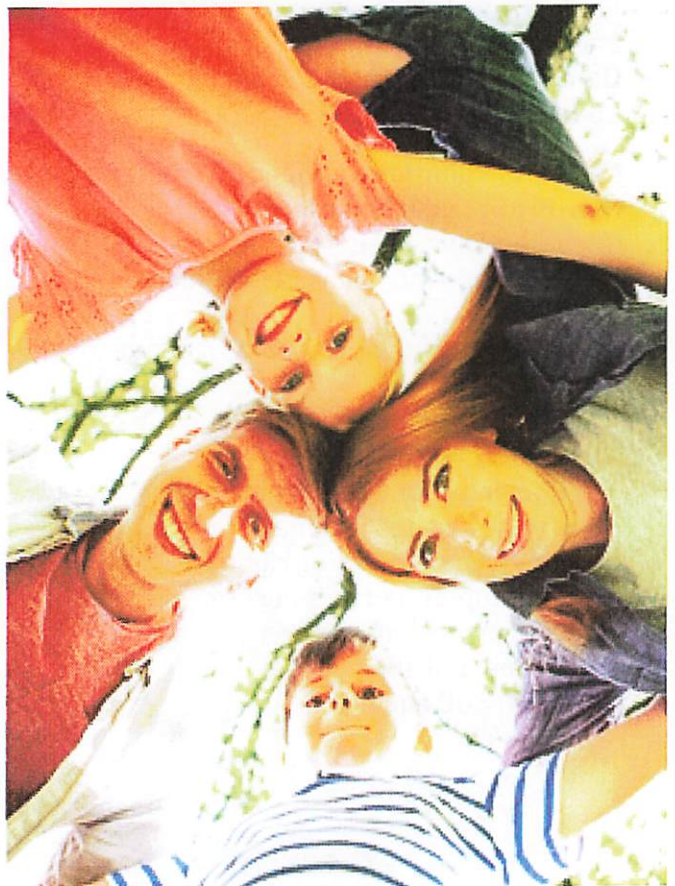
**Location:** SOC

#### **The Mosaic – Children Support Group**

Intended for children ages 7-12, this group is a 10-series program discussing emotions, healthy coping skills and play therapy techniques. A fun and safe environment. This group is in English.

**Date/Time:** Every Tuesday and Thursday starting June 4th - August 6, 2024 from 11:30 a.m. - 1 p.m.

**Location:** CHEC



### **Community Engagement Advisory Committee (CEAC)\*\***

Would you like to help others in your community? We have an exciting opportunity for you, become a CEAC Volunteer and discover how fun and rewarding this can be!

#### **Date/Time:**

Third Wednesday of the month,  
from 5:30 – 6:30 p.m.

**Location:** SOC

### **Crocheting Group\***

Open group for adult woman that are interested in meeting new people while crocheting. Different topics are provided each week through a strength-based approach such as mental health, reducing stress and encouragement. The goal of the class is to increase their social connections within their community.

#### **Date/Time:**

SOC every Friday from 11 a.m. – 1 p.m.

CHEC every Thursday from 11:30 a.m. – 1:30 p.m.

**Location:** SOC and CHEC

## **COMMUNITY EDUCATION**

### **Active Parenting Class\*\***

Parenting Class presented by Olive Crest. 7-Week Class aimed towards parents of school aged children. Class is focused around being an active parent, learning to communicate, develop self-esteem, learning to use positive discipline and redirection. Class is offered in-person and virtually.

#### **Date/Time:**

Wednesdays, April 10 – May 22 & July 19 – August 30  
from 5:30 – 7:30 p.m. at SOC

Wednesdays, April 10 – May 22 & August 2 –  
September 13 from 5:45 – 7:45 p.m. at CHEC

**Location:** SOC and CHEC

### **Active Parenting Class in Farsi**

Parenting Class presented by Olive Crest. 7-Week Class aimed towards parents of school aged children. Class is focused around being an active parent, learning to communicate, develop self-esteem, learning to use positive discipline and redirection. Class is offered virtually.

**Date/Time:** Please call for more information

**Location:** SOC

### **AESL – English as a Second Language – Saddleback College**

Students will learn and practice communication skills in everyday situations while building:

- Vocabulary through listening
- Speaking
- Reading
- Writing
- Grammar activities

Beginning and intermediate levels are welcomed. For more information call 949-348-6850.

**Date/Time:** Call for more information.

**Location:** SOC

### **Storytime\*\***

Join us on the 2nd Friday of the Month for a bilingual story time for the entire family. Enjoy family stories, songs, and activities. Storytime will be offered in partnership with the Orange County Public Library.

Class will be held in person.

Call to sign up.

**Date/Time:** May 10, June 14, July 12, August 9  
from 9 – 11 a.m.

**Location:** SOC

### **Children's Activities\*\***

This group creates seasonal activities and games for children ages 4-9 that will inspire creativity, build self-esteem, and provide a space for children to play and share time with other children.

#### **Date/Time:**

SOC every Thursday of the month until June 13  
from 5:30 – 7 p.m.

CHEC every Tuesday of the month until June 11  
from 5:30 – 7 p.m.

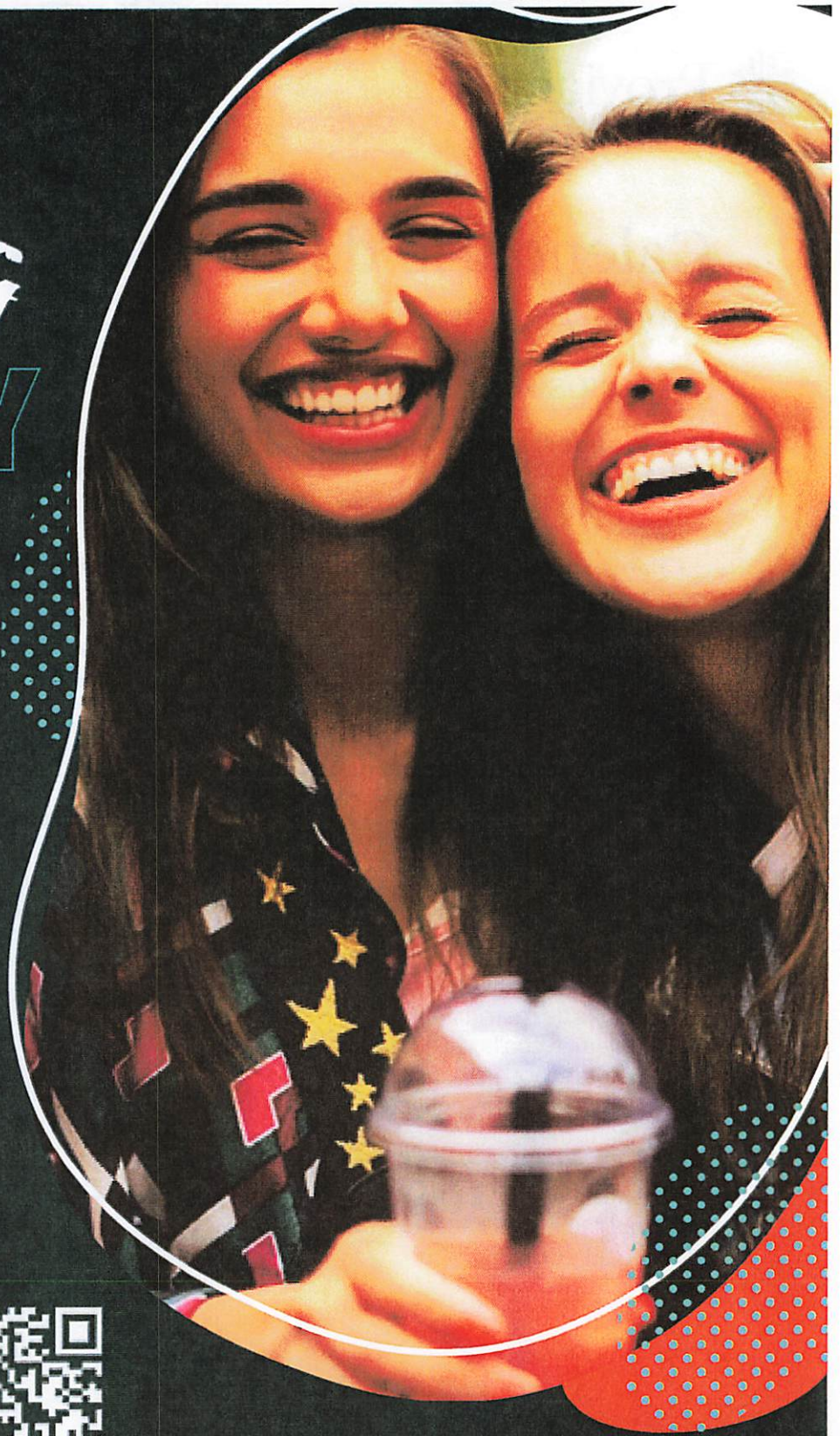
No class on April 23 and May 28

**Location:** SOC and CHEC



# RAISING HEALTHY TEENS

No one ever said parenting teens is easy, but joining our community is a great place to figure out the best ways to talk to your child about the pressures they face emotionally, socially, and academically.



Check out our  
Parent Resource Guide



Sign up for  
our newsletter



# Calendario de eventos

## Mayo - Agosto 2024

### SERVICIOS PARA LA COMUNIDAD

#### Consejería de salud mental\*\*

- Bajo costo
- Corto plazo
- Individual
- Parejas
- Familia

Para las personas que viven entre Irvine y San Clemente.

**Cuándo:** Llame para hacer una cita

**Dónde:** SOC y CHEC

#### Servicios de consulta legal por proveedores legales de confianza, sin fines de lucro\*\*

Obtenga una consulta gratuita, ya sea que tenga una sola pregunta o una cuestión más compleja, con respecto a:

- Ley de familia-divorcio, custodia, tutela
- Inmigración
- Violencia doméstica
- Órdenes de restricción
- Problemas con la vivienda, o entre el propietario y el inquilino
- Salud y beneficios públicos
- Empleo-derechos de trabajo
- Bancarrota y ejecución hipotecaria
- Fraude-cuestiones de defensa al consumidor

**Cuándo:** Llame para hacer una cita

**Dónde:** SOC y CHEC

#### Manejo de casos para familias y adultos\*\*

Un programa de corto plazo que apoya y fortalece a las familias o a las personas, brindando los siguientes servicios:

- Información
- Referencias
- Educación
- Enlaces a programas basados en la comunidad

**Cuándo:** Llame para hacer una cita

**Dónde:** SOC y CHEC

#### Ayuda para inscribirse\*\*

- Cal Fresh/Estampillas de comida
- Seguro de salud a bajo costo – MediCal/Covered CA
- Cal Works

**Cuándo:** Llame para hacer una cita

**Dónde:** SOC y CHEC

Los Centros de Recursos para la Familia están ofreciendo servicios en persona o en forma virtual. Llámenos para obtener más información, hacer una cita o registrarse en una clase.



[facebook.com/ResourceCentersOC](https://facebook.com/ResourceCentersOC)



[@FRC\\_CHEC\\_SOC](https://www.instagram.com/FRC_CHEC_SOC)

\*Solo español

\*\*Inglés y español



22481 Aspan Street, Suite B  
Lake Forest, CA 92630  
949-364-0500  
Fax: 949-364-0575

Horario de atención:  
Lunes, martes y viernes  
8:30 a.m. a 5:30 p.m.  
Miércoles y jueves  
11 a.m. a 8 p.m.



27412 Calle Arroyo  
San Juan Capistrano, CA 92675  
949-489-7742  
Fax: 949-489-7748

Horario de atención:  
Lunes, jueves, viernes  
8:30 a.m. a 5:30 p.m.  
Martes y miércoles  
11 a.m. a 8 p.m.

Los programas y servicios que se ofrecen en los Centros SOC y CHEC de Recursos para la Familia son patrocinados, en parte, a través del programa Familias y Comunidades Juntas (FaCT).  
[factoc.org](https://www.factoc.org)

### **Distribución de Comida\*\* en Lake Forest**

Distribución de alimentos ofrecida por Centro de Recursos SOC en asociación con Second Harvest Food Bank.

Traiga sus propias bolsas. No necesita hacer cita. Si llueve, este evento al aire libre se cancelará.

**Cuándo:** Cada cuarto martes del mes: 23 de abril, 28 de mayo, 25 de junio, 23 de julio y 27 de agosto. Comienza a las 3:30 PM hasta que se acabe la comida.

**Dónde:** SOC

### **SERVICIOS DE APOYO CONTRA LA VIOLENCIA DOMÉSTICA**

#### **Programa de Fortalecimiento Personal (PEP)\*\***

Programa educativo aprobado por la Corte para las víctimas de violencia doméstica, que les brinda apoyo para poner fin al ciclo de abusos.

**Cuándo:** Llame para más información.

**Dónde:** SOC y CHEC

#### **Programa de asistencia legal\*\***

- **Citas de defensoría legal:** Sesiones individuales con un defensor legal para analizar opciones legales y recursos para asuntos legales relacionados con la violencia doméstica, incluyendo órdenes de restricción, leyes familiares, inmigración y más.

**Costo:** Los servicios que se proporcionan se cobran en base a los ingresos de cada persona.

- **Clínica mensual sobre Inmigración:** Asesoramiento personal y sesiones de asesoramiento con un abogado de inmigración para evaluar las formas de ayuda de Inmigración disponibles para los sobrevivientes de violencia doméstica (deben asistir a la primera consulta con el representante legal para poder inscribirse).
- **Clínica mensual de derecho familiar:** Asesoramiento personal y sesiones de asesoramiento con un abogado de derecho familiar para analizar temas relacionados con el divorcio, la custodia y el apoyo a sobrevivientes de violencia doméstica (debe asistir a la primera consulta con el representante legal para inscribirse).

**Cuándo:** Para obtener más información o para hacer una cita, llame al 949-757-3635, ext. 100.

**Dónde:** SOC y CHEC

#### **Family Assistance Ministries\*\***

Servicios de apoyo y prevención para personas sin hogar. Este programa está destinado a servir a los hogares en el sur del condado de Orange

(Irvine - San Clemente) a través de servicios de prevención y respuesta para personas sin hogar, a fin de ayudarlas a permanecer alojadas o a identificar una vivienda. Los servicios de apoyo se brindan a los clientes en colaboración con socios a través de FRC.

**Cuándo:**

SOC cada miércoles de 11 a.m. a 5 p.m.

CHEC cada jueves de 10:30 a.m. a 4:30 p.m.

**Dónde:** SOC y CHEC

### **GRUPOS DE APOYO A LA COMUNIDAD**

#### **Grupo de apoyo para hombres\***

Únase a nosotros para tener la oportunidad de discutir su éxitos, desafíos, relaciones, percepciones y crecimiento personal. Nos ofreceremos apoyo mutuo y retroalimentación en un espacio seguro y confidencial. La clase se ofrecerá en persona.

**Cuándo:** Llámenos para mas informacion.

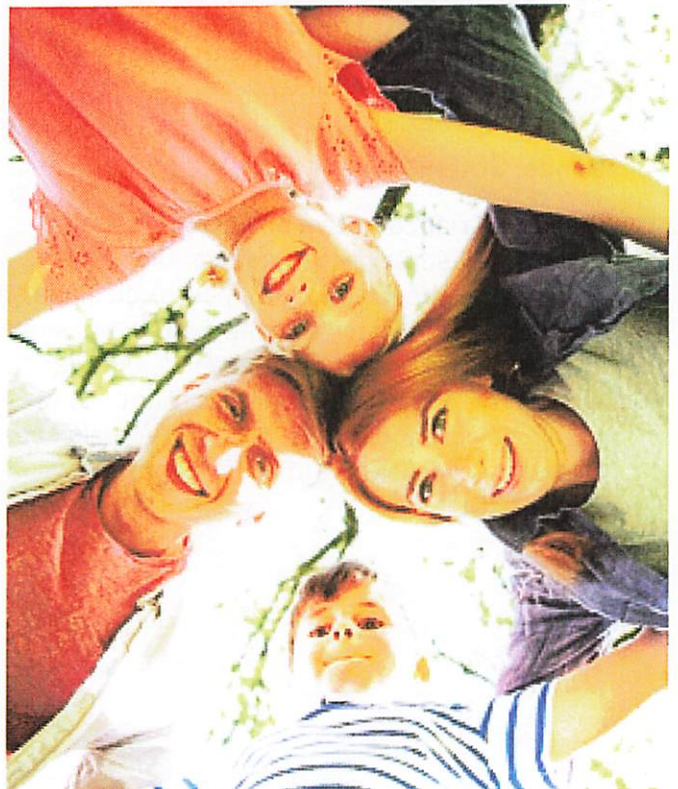
**Dónde:** SOC

#### **El Mosaico – Grupo de Apoyo para Niños**

Grupo para niños de 7 a 12 años. Se compone de 10 sesiones donde hablaremos de emociones, habilidades para afrontar problemas y técnicas de terapia en juego. Ofrecido en un espacio seguro.

**Cuándo:** Todos los martes y jueves a partir del 4 de junio – 6 de agosto. A las 11:30 a.m. a 1 p.m.

**Dónde:** CHEC



### **Comité de líderes comunitarios (CEAC)\*\***

¿Le gustaría ayudar a otros en su comunidad? Tenemos una gran oportunidad para usted. ¡Conviértase en un voluntario de CEAC y descubra lo divertido y gratificante que esto puede ser!

#### **Cuándo:**

Tercer miércoles de mes de 5:30 a 6:30 p.m.

**Dónde:** SOC

### **Grupo de Tejido\***

Grupo abierto para mujeres adultas que estén interesadas en conocer gente nueva mientras hacen ganchillo. Cada semana se imparten diferentes temas a través de un enfoque basado en la fortaleza, como la salud mental, la reducción del estrés. El objetivo de la clase es aumentar sus conexiones sociales dentro de su comunidad.

#### **Cuándo:**

SOC cada viernes a las 11 a.m. a 1 p.m.

CHEC cada jueves a las 11:30 a.m. a 1:30 p.m.

**Dónde:** SOC y CHEC

## **CLASES PARA LA COMUNIDAD**

### **Clase de Crianza Activa\*\***

Clase para padres presentada por Olive Crest. Clase de 7 semanas dirigida a padres de niños en edad escolar. La clase se centra en ser un padre activo, aprender a comunicarse, desarrollar autoestima, aprender a usar la disciplina positiva y redirección. Las clases se imparten en persona y virtualmente.

#### **Cuándo:**

En SOC miércoles 10 de Abril al 22 de Mayo y 9 de Julio al 30 de Agosto de 5:30 a 7:30 p.m.

En CHEC miércoles 10 de Abril al 22 de Mayo y Agosto 2 al 13 de Septiembre de 5:30 a 7:30 p.m.

**Dónde:** SOC y CHEC

### **Clase de Crianza Activa en Farsi**

Clase para padres presentada por Olive Crest. Clase de 7 semanas dirigida a padres de niños en edad escolar. La clase se centra en ser un padres activos, aprender a comunicarse, desarrollar autoestima, aprender a usar la disciplina positiva y redirección. Las clases se imparten virtualmente.

**Cuándo:** Llamos para mas informacion.

**Dónde:** SOC

### **AESL – Inglés para adultos como segundo idioma – Saddleback College**

Los estudiantes aprenderán y practicarán habilidades de comunicación en situaciones cotidianas mientras desarrollan las siguientes habilidades:

- Vocabulario a través de ejercicios de escuchar
- Hablar
- Leer
- Escribir
- Actividades de gramática

Niveles de principiante e intermedio bienvenidos. Para obtener más información, llame al 949-348-6850.

**Cuándo:** Llame para más información

**Dónde:** SOC

### **Tiempo de cuentos\*\***

Únase a nosotros el segundo viernes del mes para la clase de tiempo de cuentos bilingüe para toda la familia. Disfrute de historias familiares, canciones y actividades. La hora del cuento se ofrecerá en colaboración con la Biblioteca Pública del Condado de Orange. La clase se realizará en persona. Llame para registrarse.

**Cuándo:** 10 de Mayo , 14 de Junio, 12 de Julio, 9 de Agosto de 9 a 11 a.m.

**Dónde:** SOC

### **Programa de Actividades para Niños\*\***

Grupo de actividades y juegos para niños de 4 a 9 años que inspirará la creatividad, desarrollará la autoestima y proporcionará un espacio para que los niños jueguen y compartan tiempo con otros niños.

#### **Cuándo:**

SOC cada jueves del mes hasta el 13 de Junio de 5:30 a 7 p.m.

CHEC cada martes del mes hasta el 11 de Junio de 5:30 a 7 p.m.

No hay clases en 23 de Abril, 28 de Mayo

**Dónde:** SOC y CHEC

# CRIANZA POSITIVA

Ayuda a los adolescentes a alcanzar su máximo potencial sin permitir que las drogas, el alcohol y los problemas de salud mental se interpongan en su camino.



Usa el código QR para ingresar al sitio web.

[crianza-positiva.org](http://crianza-positiva.org)



Usa el código QR para bajar la guía de Recursos para Padres con valiosos consejos y sugerencias de cómo iniciar una conversación.



Tus hijos están creciendo.  
**¿Y ahora qué?**

*¡Si Se Puede!*

Nadie dijo que ser padres era algo fácil, pero uniéndote al programa Crianza Positiva es una buena forma de encontrar la mejor manera de hablar con tu hijo/a acerca de las presiones emocionales, sociales y académicas que enfrenta.

Crianza-Positiva ayuda a los padres a fomentar relaciones saludables con sus hijos e iniciar conversaciones importantes acerca de la salud mental, los valores familiares y cómo evitar el uso de sustancias.

# Route Map



## Map Key

- Route
- Stops
- Train Station
- School
- Points of Interest



Irvine CONNECT provides **free** shuttle service for community members.

### Operating Hours

Weekdays: 6 a.m.–8 p.m.

Weekends: 8 a.m.–10 p.m.

**Shuttle frequency is every 20 minutes.**

Arrival times are estimates and may fluctuate based on traffic, weather, or ridership volume.

Shuttle service is not available on holidays.

View the route map and track the shuttles in real-time by scanning the QR code below.



All Irvine CONNECT vehicles are fully accessible by wheelchair and other mobility aids.

# Resources Available Throughout Summer

**\*\*If you would like to access any of the available resources, please contact the hosting organization directly\*\***

## Healthy Steps with Children

Mothers, fathers, or caregivers of small children are invited to a walking group for you and your children ages 0-5. This is a bilingual group that includes emotional support for parents and provides socialization benefits for children. Every Wednesday we will meet for a time of socialization and walk to Oak View with your child in the stroller. You will have the opportunity to learn about a variety of topics, such as parenting, social support, and much more.

Every Wednesday @ 10:30 am  
Location: Oak View Family Resource Center  
17261 Oak Lane  
Huntington Beach, CA. 92647



**Registration is required.** Please contact Maria Aguilar- Hoag Promotora at (949)992-6684 or (949) 764-6225.

**hoag.**  
Melinda Hoag Smith  
Center for Healthy Living



LATINO  
HEALTH  
ACCESS

## Food Distribution

Every Friday  
11:00 a.m.- 3:30 p.m.  
Latino Health Access  
450 W. 4th St,  
Santa Ana, CA 92701

**Walk-Up**

**11:00 a.m. - 1:00 p.m.**

**Drive-Up**

**2:30 p.m. - 3:30 p.m.**



# Resources Available Throughout Summer

\*\*If you would like to access any of the available resources, please contact the hosting organization directly\*\*

## AltaMed

WORK BOLDLY. LIVE BRILLIANTLY.

### DENTAL CARE FOR FAMILIES

Each of our Smile Mobiles is just like a professional dental clinic but on wheels. It has everything a traditional dental clinic has including dental chairs and a dentist! Your family will receive the highest quality care.

#### What services does the mobile offer?

Our staff adheres to all proper protocols to ensure the safety of our patients and staff.

We offer dental exams, cleanings, sealants, fillings, extractions, among other procedures.

#### What insurance is accepted?

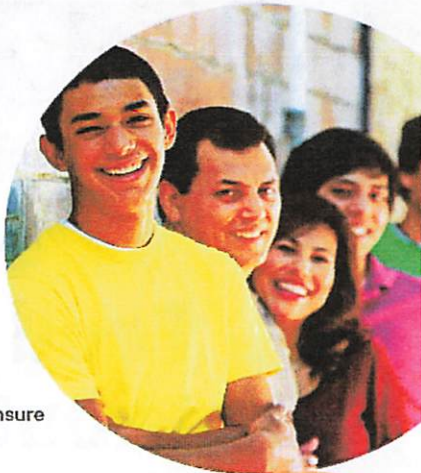
- Medi-Cal
- No insurance-sliding fee scale

#### Mobile locations at:

- Anaheim
- Fullerton
- Garden Grove
- Orange
- Santa Ana
- Westminster
- And more!

#### Make an appointment today!

**(714) 338-0513**



SCAN TO GET CONNECTED

## Housing is Health

1/2

- Are you a CalOptima member?
- Are you at risk of losing your housing or are you homeless?
- Do you have any chronic, mental or emotional illness?
- Are you interested in the Housing Navigation Services Program through CalOptima?

Come to Latino Health Access to speak with a Housing Promotor

**WHEN?** Every Wednesday from 10am to 6pm

**WHERE?** 450 W. 4th St, Santa Ana CA 92701

**For more information call (714) 202 7516**



CalOptima Health





# Resources Available Throughout Summer

\*\*If you would like to access any of the available resources, please contact the hosting organization directly\*\*



## MEN'S GROUP

A safe and confidential space

Thursdays  
5:30 p.m. – 7 p.m.  
Every Thursday, starting  
September 21, 2023.

Join us for an opportunity to discuss your successes, challenges, relationships, insights and personal growth. We will offer each other support and feedback in a safe and confidential space.

South Orange County Family Resource Center  
22481 Aspan St., Suite B  
Lake Forest, CA 92630

Presenter: Ricky De la Torre, MSW Intern  
Supervised by Irma R. Garcia, LCSW  
Please call 949-364-0500 to sign-up for the class.

The class will be offered in person.

This group will be facilitated in Spanish.

Programs and services at the SOC and CHEC Family Resource Centers are funded in part through Families and Communities Together (FACT). FACT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services-Promoting Safe and Stable Families, the County of Orange as well as volunteer, in-kind support and private donations. FACT is a program administered by the County of Orange Social Services Agency, in partnership with the FACT Administrative Services (FAS) partner, Charitable Ventures.

## HUMAN OPTIONS

PREVENT. PROTECT. EMPOWER. TRANSFORM.

### Legal Advocacy Family Law & Immigration Assistance

If you have experienced Domestic Violence our team of Legal Advocates can help you understand the legal options available to you, assist you in identifying your legal goals, and provide you with resources and referrals to Spanish-Speaking Immigration and Family Law attorneys

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• Breaking your lease due to Domestic Violence</li> <li>• Immigration (U-Visa/VAWA)</li> <li>• Restraining Orders</li> <li>• Paternity Actions</li> <li>• Safety Planning</li> </ul> | <ul style="list-style-type: none"> <li>• Family Law (Divorce, Custody, Child Support, Alimony)</li> <li>• Court accompaniment</li> <li>• Safe at Home (Keep your address confidential)</li> <li>• Victim of crime funding</li> </ul> |
|---|--|

Legal Advocacy services are offered at the following locations:

<b>Newport Mesa Family Resource Center</b> 307 Placentia Ave, Newport Beach, CA 92663	<b>Minnie St. Family Resource Center</b> 1300 E. McFadden Ave., #13 Santa Ana, CA 92705	<b>Oakview Family Resource Center</b> 17261 Oak Ln, Huntington Beach, CA 92647
<b>CHEC Family Resource Center</b> 27412 Calle Arroyo San Juan Capistrano, CA 92675	<b>South Orange County Family Resource Center</b> 22481 Aspan St Lake Forest, CA 92630	<b>Corbin Family Resource Center</b> 2215 E. McFadden Ave., Ste. G Santa Ana, CA 92704

Contact the Legal Advocacy Department by calling (949) 237-2023 or scan the QR code to sign up for the interest list



humanoptions.org

IF YOU NEED HELP NOW, CALL: 877.854.3594 | 24 hours | 7 days



Afterschool Programs

Parent & Child  
Development

# Support When You Need It



Recreational Activities  
for Adults and Kids

Family Fun Activities

Homework Help

Youth Programs



Stress Reduction & Wellness

Application Assistance

Food Resources

WIC



Covered CA

**...And So Much More!**



**Families  
and Communities  
Together**



**OC Social Services Agency**



**Contact your local  
Family Resource Center**

[FaCTOC.org/locations](http://FaCTOC.org/locations)

Services at FRCs vary; contact your local  
FRC for more details.

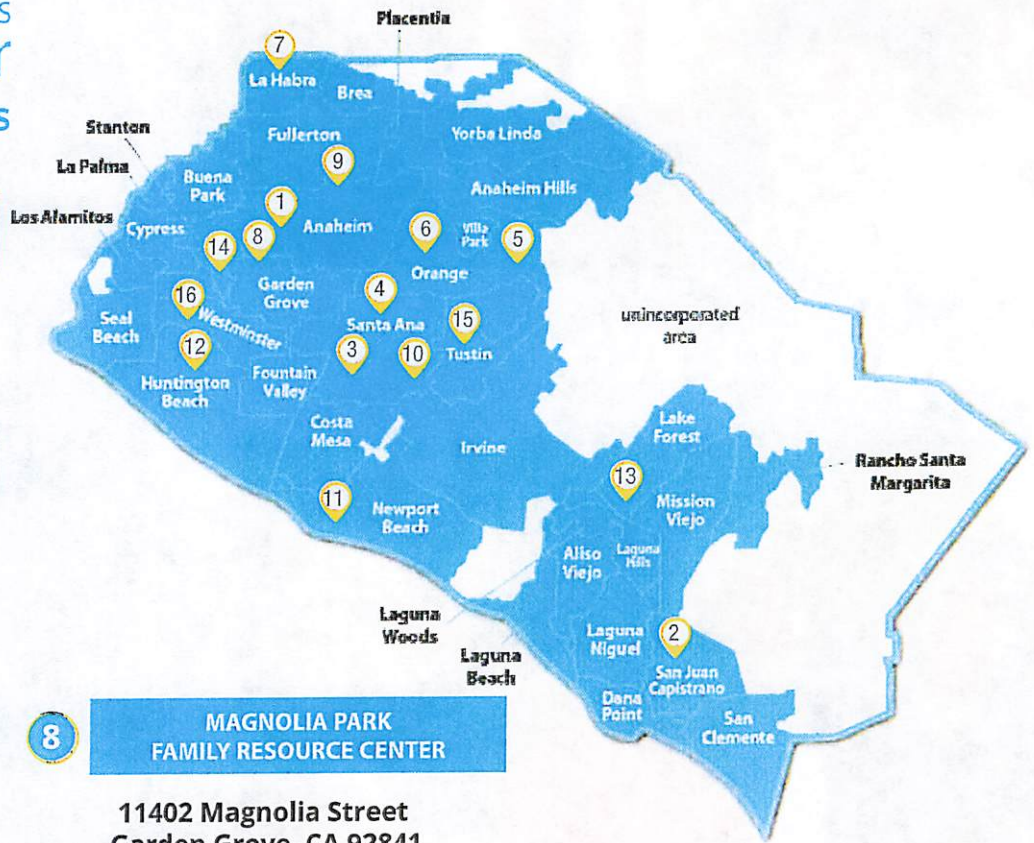




**Families and Communities Together**

Westminster Family Resource Center also offers Vietnamese.

## Family Resource Centers



**1 ANAHEIM INDEPENDENCIA FAMILY RESOURCE CENTER**

10841 Garza Avenue  
Anaheim, CA 92804  
Phone: (714) 826-9070

**2 COMMUNITY HEALTH ENRICHMENT COLLABORATIVE (CHEC) FAMILY RESOURCE CENTER**

27412 Calle Arroyo  
San Juan Capistrano, CA 92675  
Phone: (949) 489-7742

**3 CORBIN FAMILY RESOURCE CENTER**

2215 West McFadden Avenue, Suite G  
Santa Ana, CA 92704  
Phone: (714) 480-3737

**4 DOWNTOWN FAMILY RESOURCE CENTER**

450 West 4th Street, Suite 130  
Santa Ana, CA 92701  
Phone: (714) 660-3636

**5 EL MODENA FAMILY RESOURCE CENTER**

18672 East Center Avenue  
Orange, CA 92869  
Phone: (714) 532-3595

**6 FRIENDLY CENTER – ORANGE FAMILY RESOURCE CENTER**

147 West Rose Avenue  
Orange, CA 92867  
Phone: (714) 771-5300

**7 LA HABRA FAMILY RESOURCE CENTER**

501 South Idaho Street, #330  
La Habra, CA 90631  
Phone: (714) 447-3460

**8 MAGNOLIA PARK FAMILY RESOURCE CENTER**

11402 Magnolia Street  
Garden Grove, CA 92841  
Phone: (714) 741-5222

**9 MANZANITA PARK FAMILY RESOURCE CENTER**

1260 North Riviera Street  
Anaheim, CA 92801  
Phone: (714) 491-7205

**10 MINNIE STREET FAMILY RESOURCE CENTER**

1300 East McFadden Avenue, Room 13  
Santa Ana, CA 92705  
Phone: (714) 972-5775

**11 NEWPORT MESA FAMILY RESOURCE CENTER**

307 Placentia Avenue, Suite 203  
Newport Beach, CA 92663  
Phone: (949) 764-8100

**12 OAK VIEW FAMILY RESOURCE CENTER**

17261 Oak Lane  
Huntington Beach, CA 92647  
Phone: (714) 842-4002

**13 SOUTH ORANGE COUNTY (SOC) FAMILY RESOURCE CENTER**

22481 Aspan Street, Suite B  
Lake Forest, CA 92630  
Phone: (949) 364-0500

**14 STANTON FAMILY RESOURCE CENTER**

11822 Santa Paula Street  
Stanton, CA 90680  
Phone: (714) 379-0129

**15 TUSTIN FAMILY RESOURCE CENTER**

580 6th Street  
Tustin, CA 92780  
Phone: (714) 243-4292

**16 WESTMINSTER FAMILY RESOURCE CENTER**

7200 Plaza Street  
Westminister, CA 92683  
Phone: (714) 903-1331

Note: Families may receive services at any FRC location.

Rev. 6/2023



Programas Para Después De La Escuela

Desarrollo de Padres Y Hijos

# Apoyo Cuando Lo Necesitas



Actividades Recreativas Para Adultos Y Niños

Diversion Para Toda La Familia

Ayuda Con Tareas

Servicios Para Jóvenes

Reducción Del Estrés

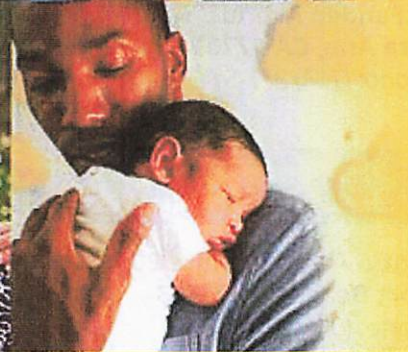
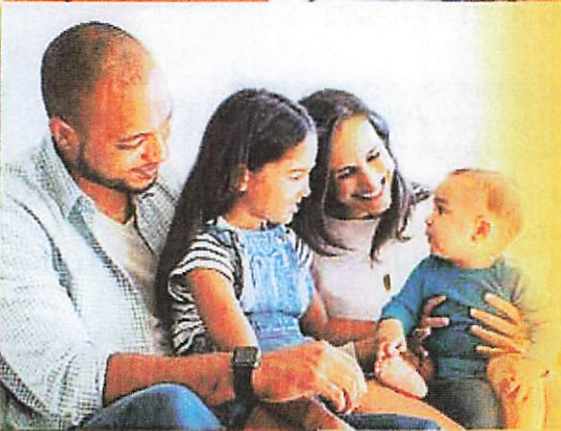
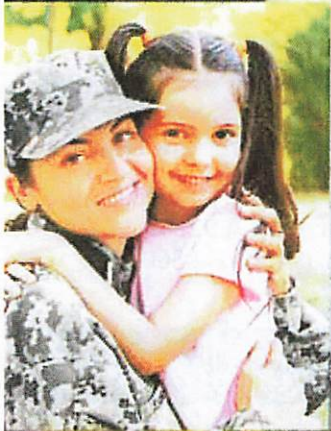
Asistencia Con Solicitudes

CalFresh / Ayuda Alimentaria

WIC

Seguro Médico

**... ¡Y Mucho Mas!**



**Familias y Comunidades Unidas**

**iPóngase en contacto con su Centros de Recursos Familiares más cercano!**

[FaCTOC.org/locations](http://FaCTOC.org/locations)

Los servicios ofrecidos en los Centros de Recursos Familiares pueden variar



**Social Services Agency**

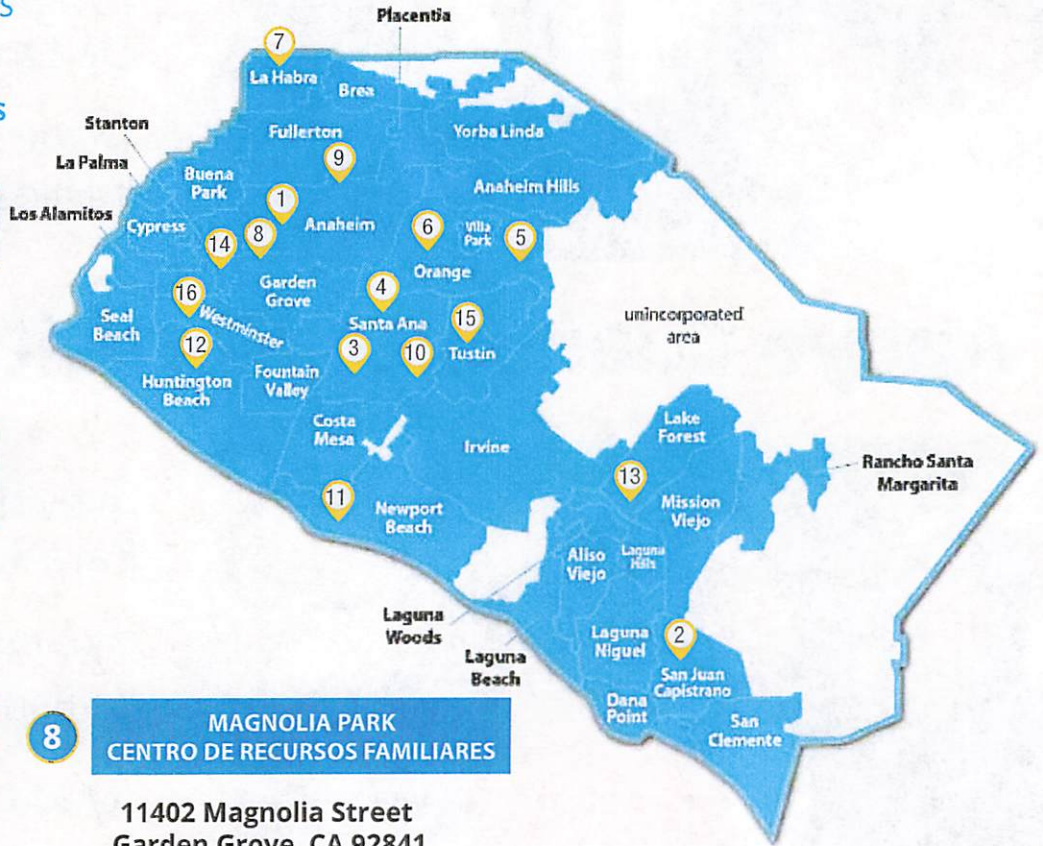




# Familias y Comunidades Unidas

## Centro de Recursos Familiares

Todos los servicios están disponibles en inglés y español. El Centro de Recursos Familiares Westminster también ofrece vietnamita.



### 1 ANAHEIM INDEPENDENCIA CENTRO DE RECURSOS FAMILIARES

10841 Garza Avenue  
Anaheim, CA 92804  
Teléfono: (714) 826-9070

### 2 COMMUNITY HEALTH ENRICHMENT COLLABORATIVE (CHEC) CENTRO DE RECURSOS FAMILIARES

27412 Calle Arroyo  
San Juan Capistrano, CA 92675  
Teléfono: (949) 489-7742

### 3 CORBIN CENTRO DE RECURSOS FAMILIARES

2215 West McFadden Avenue, Suite G  
Santa Ana, CA 92704  
Teléfono: (714) 480-3737

### 4 DOWNTOWN CENTRO DE RECURSOS FAMILIARES

450 West 4th Street, Suite 130  
Santa Ana, CA 92701  
Teléfono: (714) 660-3636

### 5 EL MODENA CENTRO DE RECURSOS FAMILIARES

18672 East Center Avenue  
Orange, CA 92869  
Teléfono: (714) 532-3595

### 6 FRIENDLY CENTER - ORANGE CENTRO DE RECURSOS FAMILIARES

147 West Rose Avenue  
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1260 North Riviera Street  
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Teléfono: (714) 491-7205

### 10 MINNIE STREET CENTRO DE RECURSOS FAMILIARES

1300 East McFadden Avenue, Room 13  
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Teléfono: (714) 972-5775

### 11 NEWPORT MESA CENTRO DE RECURSOS FAMILIARES

307 Placentia Avenue, Suite 203  
Newport Beach, CA 92663  
Teléfono: (949) 764-8100

### 12 OAK VIEW CENTRO DE RECURSOS FAMILIARES

17261 Oak Lane  
Huntington Beach, CA 92647  
Teléfono: (714) 842-4002

### 13 SOUTH ORANGE COUNTY (SOC) CENTRO DE RECURSOS FAMILIARES

22481 Aspan Street, Suite B  
Lake Forest, CA 92630  
Teléfono: (949) 364-0500

### 14 STANTON CENTRO DE RECURSOS FAMILIARES

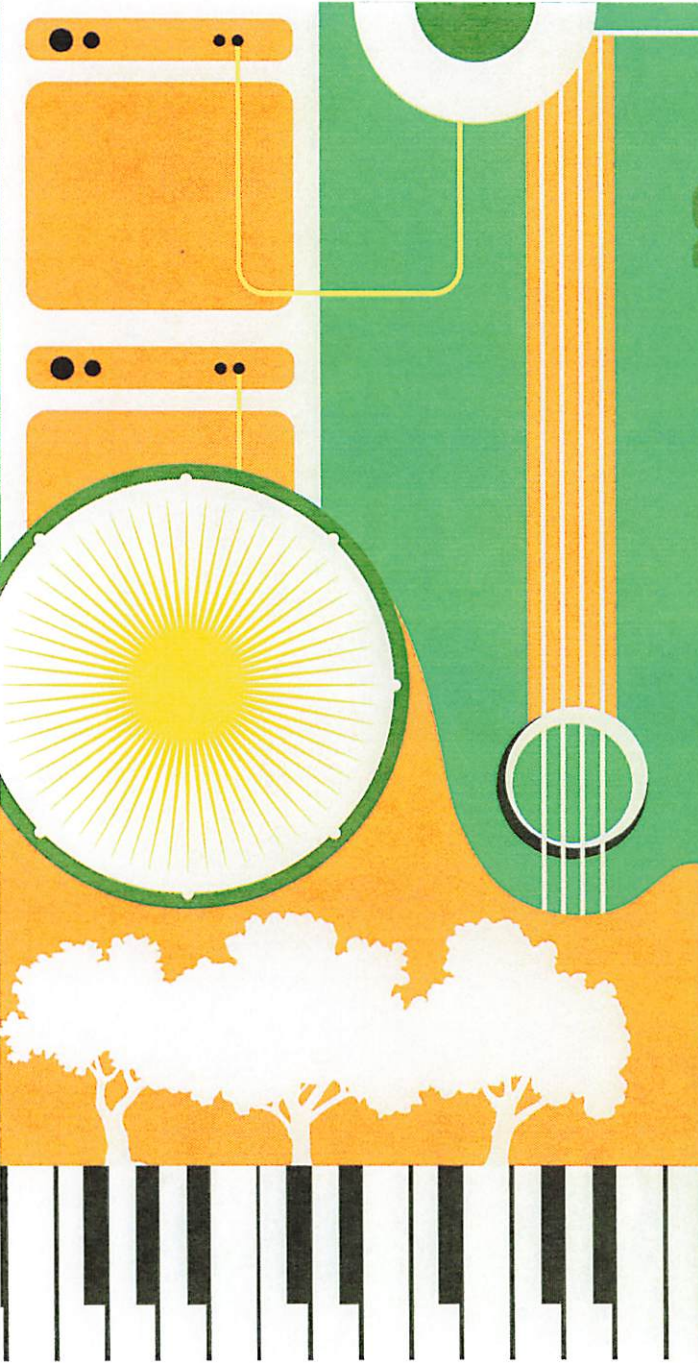
11822 Santa Paula Street  
Stanton, CA 90680  
Teléfono: (714) 379-0129

### 15 TUSTIN CENTRO DE RECURSOS FAMILIARES

580 6th Street  
Tustin, CA 92780  
Teléfono: (714) 243-4292

### 16 WESTMINSTER CENTRO DE RECURSOS FAMILIARES

7200 Plaza Street  
Westminster, CA 92683  
Teléfono: (714) 903-1331



OCparks

# SUMMER CONCERT SERIES

THURSDAYS | OPEN AT 5 P.M. | CONCERT FROM 6 - 8 P.M.

ALL AGES • FREE ADMISSION & PARKING • LEARN MORE AT OCPARKS.COM

**JUN 20** SWEET AND TENDER HOOLIGANS  
AND RODERICK CHAMBERS

CRAIG REGIONAL PARK  
3300 STATE COLLEGE BLVD. | FULLERTON

**JUN 27** MARIACHI DIVAS  
AND PITA CANTA

CRAIG REGIONAL PARK  
3300 STATE COLLEGE BLVD. | FULLERTON

**JUL 11** FLASHBACK HEART ATTACK  
AND TOM SOLIS

MASON REGIONAL PARK  
18712 UNIVERSITY DR. | IRVINE

**JUL 18** A THOUSAND HORSES  
AND DAVID ROSALES & HIS BAND OF SCOUNDRELS

IRVINE REGIONAL PARK  
1 IRVINE PARK RD. | ORANGE

**JUL 25** NO DUH: THE ULTIMATE TRIBUTE TO NO DOUBT  
AND CASSIE B.

IRVINE REGIONAL PARK  
1 IRVINE PARK RD. | ORANGE

**AUG 01** OZOMATLI  
AND KYNG

MILE SQUARE REGIONAL PARK  
16801 EUCLID ST. | FOUNTAIN VALLEY

**AUG 08** BIG BAD VOODOO DADDY  
AND SHEA GIVENS

MILE SQUARE REGIONAL PARK  
16801 EUCLID ST. | FOUNTAIN VALLEY

**AUG 15** THE FABBA SHOW  
AND KIRA MORRISON

BLUFF PARK AT SALT CREEK BEACH  
33333 S. PCH | DANA POINT

**AUG 22** JIMMY'S BUFFET  
AND KAMAKI KEAWE

BLUFF PARK AT SALT CREEK BEACH  
33333 S. PCH | DANA POINT



For more information, scan QR code

Para más información, escanee el código QR

더 많은 정보가 필요하다면, QR 코드를 스캔하세요.

Muốn có thêm thông tin, xin quét mã QR

欲了解更多信息, 請掃描二維碼





OCparks  
**SUNSET CINEMA  
 SERIES**

FRIDAYS | OPEN AT 6 P.M. | MOVIES AT SUNSET

ALL AGES • FREE ADMISSION & PARKING • LEARN MORE AT OCPARKS.COM

**JUN** | **WONKA**  
 ★ RATED PG (2023)

**07** CRAIG REGIONAL PARK  
 3300 STATE COLLEGE BLVD. | FULLERTON

**JUN** | **MEN IN BLACK**  
 ★ RATED PG-13 (1997)

**28** CARBON CANYON REGIONAL PARK  
 4442 CARBON CANYON RD. | BREA

**JUL** | **NATIONAL TREASURE**  
 ★ RATED PG (2004)

**26** YORBA REGIONAL PARK  
 7600 E. LA PALMA AVE. | ANAHEIM

**AUG** | **THE SUPER MARIO BROS. MOVIE**  
 ★ RATED PG (2023)

**16** LAGUNA NIGUEL REGIONAL PARK  
 28241 LA PAZ RD. | LAGUNA NIGUEL

**JUN** | **THE LITTLE RASCALS**  
 ★ RATED PG (1994)

**14** CRAIG REGIONAL PARK  
 3300 STATE COLLEGE BLVD. | FULLERTON

**JUL** | **TROLLS BAND TOGETHER**  
 ★ RATED PG (2023)

**12** MASON REGIONAL PARK  
 18712 UNIVERSITY DR. | IRVINE

**AUG** | **FROZEN II**  
 ★ RATED PG (2019)

**02** IRVINE REGIONAL PARK  
 1 IRVINE PARK RD. | ORANGE

**AUG** | **13 GOING ON 30**  
 ★ RATED PG-13 (2004)

**23** LAGUNA NIGUEL REGIONAL PARK  
 28241 LA PAZ RD. | LAGUNA NIGUEL

**JUN** | **MIGRATION**  
 ★ RATED PG (2023)

**21** CARBON CANYON REGIONAL PARK  
 4442 CARBON CANYON RD. | BREA

**JUL** | **BARBIE**  
 ★ RATED PG-13 (2023)

**19** YORBA REGIONAL PARK  
 7600 E. LA PALMA AVE. | ANAHEIM

**AUG** | **NAPOLEON DYNAMITE**  
 ★ RATED PG (2004)

**09** IRVINE REGIONAL PARK  
 1 IRVINE PARK RD. | ORANGE

**AUG** | **THE GOONIES**  
 ★ RATED PG (1985)

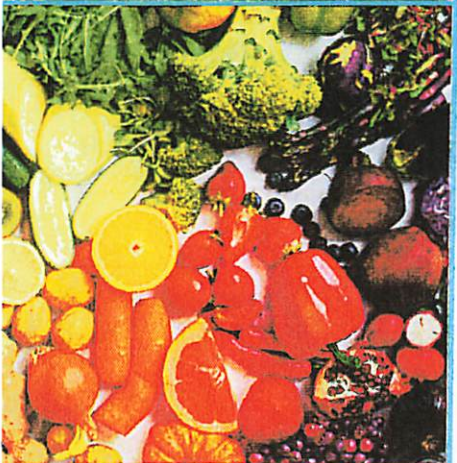
**30** BLUFF PARK AT SALT CREEK BEACH  
 33333 S. PCH | DANA POINT



For more information, scan QR code  
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 Muốn có thêm thông tin, xin quét mã số QR  
 欲了解更多信息, 請掃描二維碼



# DO YOU NEED ASSISTANCE WITH FOOD? GET CALFRESH



Food stamps allows you to access nutritious and healthy foods such as fruits and vegetables for you and your family

### Requirements to apply:

- You must have at least one citizen or legal permanent resident with a social security number living in your household (including children).
- You may qualify for CalFresh, even if you have a full- or part-time job. Your monthly income must be below the limits shown in the table.
- Seniors, those on SSI, or those with disability can apply and may be eligible for CalFresh.
- You will need these documents to apply: photo ID, social security card, proof of income, resident card (if applicable), receipt of rent, and receipt of one utility bill.

### NEW GUIDE EFFECTIVE OCT 1, 2023 - SEPT 30, 2024

People in Household	Maximum Gross Monthly Income	Maximum Monthly Allotment Oct 1, 2023 - Sept 30, 2024	
1	\$2,430	1	\$291
2	\$3,288	2	\$535
3	\$4,144	3	\$766
4	\$5,000	4	\$973
5	\$5,858	5	\$1,155
6	\$6,714	6	\$1,386
7	\$7,570	7	\$1,532
8	\$8,428	8	\$1,751
Each additional person	+\$858	Each additional household member	+\$219

**FOOD STAMP BENEFITS DO NOT AFFECT YOUR IMMIGRATION STATUS**

**For more information, contact:**

Daisy Diaz | [ddiaz@capoc.org](mailto:ddiaz@capoc.org)  
714-733-8679 or 714-448-6226



[www.capoc.org](http://www.capoc.org)





# ¿NECESITA ASISTENCIA CON ALIMENTOS? OBTENGA CALFRESH



Las estampillas de comida pueden ayudarte a comprar alimentos sanos como frutas y vegetales para usted y su familia

**Requisitos para aplicar:**

- Usted debe de tener por lo menos un ciudadano americano o un residente permanente legal en su hogar con numero de seguro social (incluyendo niños menores de edad).
- Usted puede aplicar al programa de CalFresh (antes conocido como estampillas de comida), aunque tenga un empleo de tiempo completo o medio tiempo. Su ingreso mensual no debe pasar el limite que se muestra en la tabla de abajo.
- Las personas mayores, que reciben SSI, o Disability pueden aplicar y ser eligible para CalFresh (estampillas de comida).
- Necesitara estos documentos para presentar la solicitud: identificacion con fotografia, tarjeta de seguro social, comprobante de ingresos, tarjeta de residente (si corresponde), recibo de alquiler y facturas de servicios utilidades.

**Nueva Guia efectiva 1 de Octubre 2023 a 30 de Septiembre 2024**

**LA ASISTENCIA ES GRATUITA**

Personas en Casa	Limite de Ingresos Mensuales	Maxima Quota Mensual 1 de Octubre 2023 - 30 de Septiembre 2024	
1	\$2,430	1	\$291
2	\$3,288	2	\$535
3	\$4,144	3	\$766
4	\$5,000	4	\$973
5	\$5,858	5	\$1,155
6	\$6,714	6	\$1,386
7	\$7,570	7	\$1,532
8	\$8,428	8	\$1,751
Por Cada Persona Mas	+\$858	Por Cada Persona Adicional en el Hogar	+\$219

**LAS ESTAMPILLAS DE COMIDA NO AFECTAN SU ESTADO MIGRATORIO**

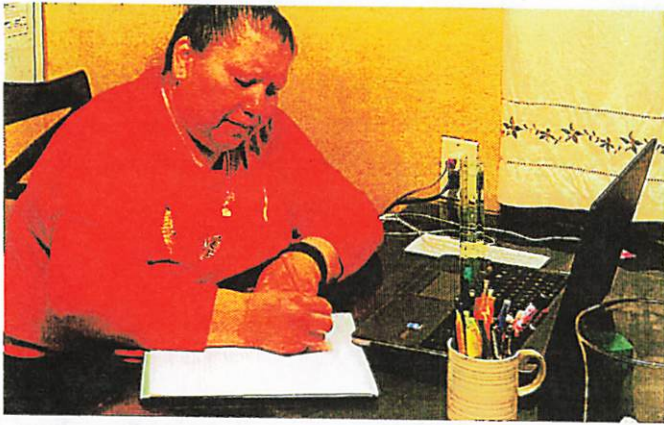
**Para más información por favor llame:**

Daisy Diaz | [ddiaz@capoc.org](mailto:ddiaz@capoc.org)  
714-733-8679 o 714-448-6226



[www.capoc.org](http://www.capoc.org)





## SUCCESS COACH PROGRAM

Seniors, families, and couples participate in coaching and education programs that empower them to create and achieve life goals. Seniors, families, and couples are existing CAP OC participants. Contact staff for the next series of classes: [714.406.5128](tel:714.406.5128)



*Born of the War on Poverty, Community Action Partnership of Orange County (CAP OC) has worked to enhance the quality of life here since 1965. We boldly address the root causes of poverty and advocate for change through systemic reforms, social justice and racial equity. We live and work in the neighborhoods we so passionately serve—coming together from all backgrounds and experiences to stabilize, sustain and empower individuals and families so they may build stronger communities.*

Learn more at [www.capoc.org](http://www.capoc.org)



## WORKFORCE DEVELOPMENT

Job training, mentorship, supportive services and job placement. Eligibility for job placement: Work Permit or Social Security Number required. Call: [714.944.3461](tel:714.944.3461)



## HEALTHY COMMUNITIES

Programs to empower youth, families and communities to improve health: such as eating better, getting more physical activity, living cigarette/vape free, and healing through creative expression. Call: [714.907.4105](tel:714.907.4105)



## HOMELESS PREVENTION

Rental Assistance/ Financial Empowerment Education. Requirements vary by city, please contact program coordinator for further information: [faguilar@capoc.org](mailto:faguilar@capoc.org)



SERVICES &  
**PROGRAMS**  
(and how to access them)



## ANAHEIM INDEPENDENCIA FAMILY RESOURCE CENTER

Counseling, Case Management, Information & Referral, Family Stabilization, Food/ Diaper Distribution, Family Success Coach Program, Meals on Wheels for seniors, Stand up for Kids.  
Call: **714.826.9070**



## EL MODENA FAMILY RESOURCE CENTER

Counseling, Case Management, Information & Referral, After School Program, Teen Program, Food/ Diaper Distribution, Family Success Coach Program, Meals on Wheels for seniors.  
Call: **714.532.3595**



## SOUTHWEST COMMUNITY CENTER

Daily Hot Lunch to go, Rental Assistance, Drive thru Food & Diaper Distribution, Information and Referral. Call: **714.547.4073**

## CLEMENTINE MOBILE FOOD TROLLEY

Clementine provides families with children under 18 with no-cost food & other goods across Orange County. For more info, email [clementine@capoc.org](mailto:clementine@capoc.org) or visit [capoc.org/oc-food-bank](http://capoc.org/oc-food-bank) to see our Trolley Calendar for the next Trolley stop.



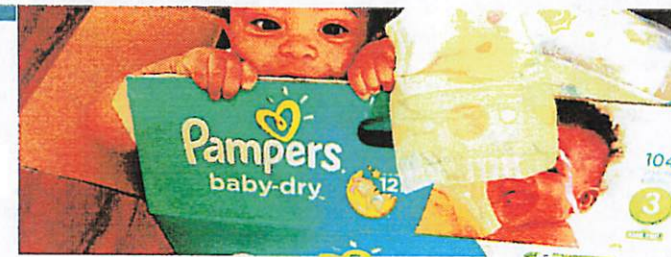
## SENIOR FOOD BOX

Receive a monthly food box. Participants must be 60 years or older and meet monthly income requirements. Photo I.D. required.  
Call: **714.667.0717**



## CALFRESH

Apply for a debit card to obtain free food from grocery stores. Eligibility: At least one participant with SSN in same household and meet monthly income requirements. Contact **714.733.8679** or [ddiaz@capoc.org](mailto:ddiaz@capoc.org)



## DIAPER BANK

Families with children can pick up diapers from our network of partner organizations delivered by Tom Tom the Diaper Bank truck. Visit [capoc.org/diaperbank](http://capoc.org/diaperbank) or email [NAAnderson@capoc.org](mailto:NAAnderson@capoc.org)



## UTILITY ASSISTANCE

Utility bill assistance once a year. Eligibility: Income & \*SSN required (\*at least one family member over age of 18). Call: **714.839.6199**



## WEATHERIZATION/HEALTHY HOMES

No cost home improvements, to save energy and money. Eligibility: Income & \*Social Security Number required (\*at least one family member over the age of 18). Call: **714.839.6199**



## ENERGY SAVINGS ASSISTANCE

Older refrigerator, washing machine, other appliance replacement. Eligibility: Income OR participation in MediCAL, CalFresh, WIC, Nat'l School Lunch, SSI or other state/federal programs from approved list. Call: **714.719.6491**

**The Family Health Clinic  
includes:**



**Immunization Services**



**Children's Services**



**Family Planning Services**

Onsite enrollment  
assistance for **Medi-Cal**,  
**CalFresh**, **CalWORKS** and  
other services.



Clinic is located at:  
**1725 W. 17th Street,  
Santa Ana, CA 92706**

To make an appointment  
or for more information,  
call **(800) 914-4887**.



# **FAMILY HEALTH CLINIC**

**Orange County**



**1725 W. 17th Street  
Santa Ana, CA 92706  
(800) 914-4887**

## IMMUNIZATION SERVICES

### Immunizations for Adults and Children

NO COST vaccines, including those for MPox and Covid-19, are available for children under 19 years of age who are Medi-Cal eligible or have no insurance.

NO COST MPox and Covid-19 vaccines are also available for adults 19 years and older. For those without insurance or insurance that lacks coverage, other vaccines are available at low cost for adults.

### Travel vaccines and anti-malarial prescriptions available at a low cost.

#### Hours

Monday – Friday | 7:30 a.m. – 4:30 p.m.  
Closed 11:45 a.m. – 12:45 p.m.

*Closed weekends and holidays.*

## CHILDREN'S SERVICES

### Services available at no cost to eligible Medi-Cal and uninsured infants, children and adolescents through 18 years of age:

- Physical exams
- Immunizations for children
- Dental, optometry & other specialty referrals
- Screening and testing for: tuberculosis, anemia, glucose, vision, hearing, cholesterol, lead
- Diagnosis and treatment of minor illnesses

#### Hours

Monday – Friday | 7:30 a.m. – 4:30 p.m.  
Closed 11:30 a.m. – 12:30 p.m.

*Closed weekends and holidays.*

## FAMILY PLANNING SERVICES

### As a Family Planning, Access, Care and Treatment (FPACT) provider, we offer **FREE** reproductive health care services to people of all gender identities who qualify. To qualify for these services you must:

- Live in California
- Have a low income
- Not have insurance that can be used for family planning services
- Have a medical necessity for family planning services

### FPACT covered services include:

- Birth Control Methods – different kinds of birth control including intrauterine devices (IUD) and implants
- Emergency Contraception such as the morning-after pill
- Testing and treatment for most sexually transmitted infections (STIs)
- Cervical cancer screening

#### Hours

Monday – Friday | 7:30 a.m. – 4:30 p.m.  
Closed 11:30 a.m. – 12:30 p.m.

*Closed weekends and holidays.*



# Fast Facts



## Program Summary

CalKIDS is a children's savings account (CSA) program administered by the ScholarShare Investment Board, an agency of the State of California. CalKIDS will provide each child born in California and eligible low-income public school students with up to \$1,500 for college education and career training!

## Eligibility

There are two eligible groups for this program with unique benefits.

### Newborns

- All children born in California on or after July 1, 2022, can claim:

#### Up to \$100

Eligible babies born after July 1, 2023, have a CalKIDS account created in their name with an automatic **initial deposit of \$100**. *Babies born between July 1, 2022, and June 30, 2023, have an initial deposit of \$25.*

#### + \$25

Parents that claim their account on the CalKIDS online parent portal—at **CalKIDS.org**—will receive an **additional one-time \$25 contribution deposited into their newborn's CalKIDS account.**

#### + \$50

Parents that link accounts from ScholarShare 529, California's official college savings plan, and CalKIDS, **will receive an additional \$50** deposited into their newborn's CalKIDS account.

**= Up to \$175 in free money for college for newborns!**

### Students

- California low-income students will be given automatic CalKIDS accounts, if they were enrolled in public schools grades 1 through 12, beginning with the 2021-2022 academic year. In addition, CalKIDS accounts will be given to first graders who were enrolled during the 2022-2023 academic year, as well as subsequent years.\*
- First graders will not be enrolled in the program until Spring or Summer.
- All eligible low-income public school students can claim:

#### \$500

**Every eligible low-income public school student in grades 1-12** will have a CalKIDS account created in their name with an initial **deposit of \$500.**

#### + \$500

Eligible students identified as **foster youth** will receive an **additional one-time \$500 deposit.**

#### + \$500

Eligible students identified as **homeless** will receive an **additional one-time \$500 deposit.**

**= Up to \$1,500 in free money for college for students!\***

## Claiming an Account

Enrollment is automatic for eligible newborns and students. However, parents or students will need to register online to claim funds in their CalKIDS account. To claim your account, the following is needed:

### Newborns

- Child's county of birth
- Child's date of birth
- Local Registration Number found on birth certificate, OR CalKIDS code found on notification letter mailed to parent's home

### Students

- County of student's school as of Fall Academic Census Day
- Student's date of birth
- Statewide Student Identifier, which can be obtained by contacting the child's school, OR CalKIDS code found on notification letter mailed to student's home

## ScholarShare 529

- Parents can save on their own in a ScholarShare 529 account. ScholarShare 529 serves as California's official college savings plan. Administered by the ScholarShare Investment Board, ScholarShare 529 provides families with a valuable college savings tool, offering a diverse set of investment options, tax-deferred growth, and withdrawals free from state and federal taxes when used for qualified higher education expenses.
- Parents can link their CalKIDS account to a new or existing ScholarShare 529 account to view all balances in one place.

## Withdrawals

- Withdrawal of funds from a CalKIDS account can be requested online at CalKIDS.org.
- CalKIDS funds are sent directly to the eligible institution of higher education as requested by the student.
- Program participants must be at least 17 years old to request a withdrawal of funds.
- Participants have until they reach age 26 to use the funds in their CalKIDS account.

## Eligible Use of Funds

Money in a CalKIDS account can be used to pay for qualified higher education expenses, such as:

- Tuition and related fees
- Books and required supplies
- Computer equipment

Once funds are requested, they are sent directly to your institution and are treated as an award scholarship.

**To learn more, visit [CalKIDS.org](http://CalKIDS.org).**



\*Student eligibility is defined by the Local Control Funding Formula.

The California Kids Investment and Development Savings Program (CalKIDS) is a children's savings account program, administered by the ScholarShare Investment Board, an agency of the State of California. CalKIDS will provide eligible participants with college savings accounts, including seed deposits and other potential incentives, to help pay for future qualified higher education expenses. To learn more about CalKIDS or opt out of the program entirely, please see the Program Information Guide at CalKIDS.org. CalKIDS participants may also establish individual accounts with ScholarShare 529, California's 529 College Savings Plan. **To learn more about California's ScholarShare 529, its investment objectives, risks, charges and expenses see the Plan Description at ScholarShare529.com. Read it carefully. Investments in the Plan are neither insured nor guaranteed and there is the risk of investment loss. Consult your legal or tax professional for tax advice. Investments in the Plan are neither insured nor guaranteed and there is the risk of investment loss. If the funds aren't used for qualified higher education expenses, a federal 10% penalty tax on earnings (as well as federal and state income taxes) may apply. Non-qualified withdrawals may also be subject to an additional 2.5% California tax on earnings. TIAA-CREF Individual & Institutional Services, LLC, Member FINRA, is the distributor and underwriter for ScholarShare 529.**