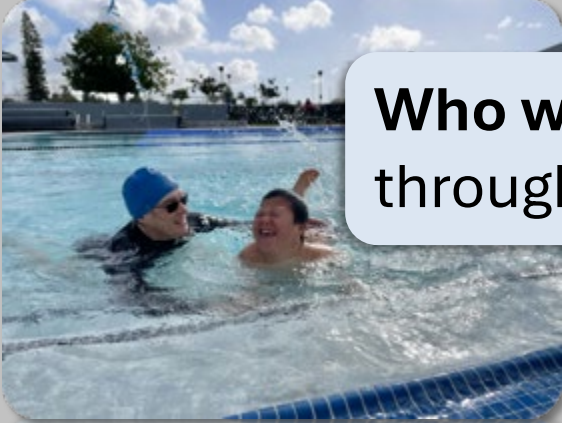




City of Irvine **DISABILITY SERVICES**

IUSD Coffee & Connections
September 24, 2025

Disability Services



Who we serve: Kids and adults with disabilities throughout Orange County.

What we do: We provide resources, swim support, and social and recreational programming for our participants.



Where: We are located at Sweet Shade Ability Center.

Why : We provide opportunities for kids and adults with disabilities to be included in our communities. *"Everybody Plays"*



Sweet Shade Ability Center

Sweet Shade Ability Center | 15 Sweet Shade, Irvine, CA 92606 | 949-724-6637



***“A SPACE
FOR
EVERYONE”***



- Universal Playground Opened on Thursday, November 14, 2024

Camps

Inclusion Camp (ages 6-12 on M,W, & F)

Inclusion Camp is the ultimate social experience for young campers. Individual creativity is encouraged and new friends are made in this fun-filled social setting including crafts, games, and activities.



Camp Connect (ages 12-18 on M-Th)

Camp Connect is offered out of Sweet Shade Ability Center to support tweens and teens of all abilities in a camp setting that fosters peer to peer social skill development along with adult supervision and support in daily activities and excursions.



Programs

Cooking & Culinary

- **Cooking Basics & Junior Chefs**

Arts & Crafts

- Sweet Shade Creative Arts Series

Dance, Music & Drama

- **A Musical Experience for All**
- Adaptive Dance

Educational

- Life Skills
- **Parent Workshops at Sweet Shade**
- Virtual Robotics

Health & Fitness

- Adaptive Hiking Club
- Adaptive Yoga
- No Limit Fitness

Sports

- Adaptive Basketball Clinic
- Adaptive Tennis Clinics
- Disability Services Pickleball for All
- **Mini Pins & Kingpin Bowling**

Volunteer Opportunities

- Widening Opportunities for Well-Being (WOW)



Social & Recreational

- Disability Services Talent Show
- Games in the Park
- Inclusion Club
- **Junior Social Club**
- Sweet Shade Cinema
- **Friday Night Social Club**
- Game Night
- Sunset Family Picnic
- Seasonal Social
- Dances (Sweethearts Ball, Monster Bash & Prom)
- Movies & Munchies



Special Events

- Disability Services Excursions:

Angels Game | Segerstrom |
Aquarium of the Pacific | Disneyland |
Pirates Dinner Adventure | Great Park
Day | Beach Day

Angelfish & Guppies Swim Lessons

Angelfish (ages 3-16)

- 1:1 Private lesson
- Focused on water safety & basic swim technique

MUST be an Irvine Resident



Angelfish

Swim skills worked on:

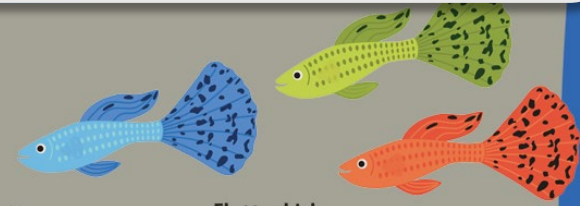
- | | |
|---|--|
| <input type="checkbox"/> Getting wet | <input type="checkbox"/> Back glide |
| <input type="checkbox"/> Blowing bubbles | <input type="checkbox"/> Side breathing |
| <input type="checkbox"/> Getting comfortable in the water | <input type="checkbox"/> Backstroke <input type="text"/> yards |
| <input type="checkbox"/> Tummy float | <input type="checkbox"/> Freestyle <input type="text"/> yards |
| <input type="checkbox"/> Back float | <input type="checkbox"/> Breaststroke <input type="text"/> yards |
| <input type="checkbox"/> Flutter kicking | <input type="checkbox"/> Butterfly kick |
| <input type="checkbox"/> Rolling over | <input type="checkbox"/> Butterfly arms |
| <input type="checkbox"/> Backstroke kickers | <input type="checkbox"/> Swimming underwater |
| <input type="checkbox"/> Streamline arms | <input type="checkbox"/> Retrieve object from deep water |
| <input type="checkbox"/> Front glide | |



Guppies

Swim skills worked on:

- | | |
|---|--|
| <input type="checkbox"/> Swimming underwater | <input type="checkbox"/> Flutter kick |
| <input type="checkbox"/> Retrieve object from deep water | <input type="checkbox"/> Backstroke kick |
| <input type="checkbox"/> Streamline arms | <input type="checkbox"/> Breaststroke kick |
| <input type="checkbox"/> Front glide | <input type="checkbox"/> Butterfly kick |
| <input type="checkbox"/> Back glide | <input type="checkbox"/> Freestyle <input type="text"/> yards |
| <input type="checkbox"/> Changing direction while swimming on front | <input type="checkbox"/> Side breathing |
| <input type="checkbox"/> Changing direction while swimming on back | <input type="checkbox"/> Backstroke <input type="text"/> yards |
| <input type="checkbox"/> Jellyfish float | <input type="checkbox"/> Breaststroke <input type="text"/> yards |
| <input type="checkbox"/> Surface dives | <input type="checkbox"/> Butterfly <input type="text"/> yards |
| | <input type="checkbox"/> Treading water |
| | <input type="checkbox"/> Somersault |
| | <input type="checkbox"/> Front and back flip turns |



Financial

The City of Irvine offers a scholarship program to help low-income Irvine residents participate in programs offered through the Community Services Department at a reduced rate. The program has limited funds available. Scholarships are granted on a first-come basis after applications are reviewed and approved. The program may be closed to new applications when funds run low.

For additional information or questions, please call 949-724-6455, email ScholarshipOffice@cityofirvine.org

<https://www.cityofirvine.org/seek-assistance/financial-assistance>

Thank you!



If you have any questions, please email us at Disabilityservices@cityofirvine.org