

Monday

Hot & Spicy Chicken Tenders w/ Fries & Roll **2**
 Chicken Dim Sum Platter
Roasted Chicken w/Potatoes & Roll
Caesar Salad
 ✓ Hummus, String Cheese & Pita Chips
 ✓ Cheese Pizza Crunchers
 Shelled Edamame
 Baby Carrots

Tuesday

Spicy Chicken Sandwich **3**
 Spicy Pink Alfredo Pasta
BBQ Chicken Mac & Cheese Bowl
Fajita Chicken Wrap
BBQ Teriyaki Chicken & Rice Bowl
 ✓ Cheese Quesadilla
 Sweet Corn Niblets
 Fresh Tomatoes

Wednesday

BBQ Chicken Club Sandwich **4**
Chipotle Chicken Rice Bowl
Chicken Tenders w/Fries & Roll
Chipotle Chicken Salad
 Chicken Pretzel Dog
 ✓ Cheese Pizza Boli
 Side Salad
 Baby Carrots

Thursday

Chicken Chow Mein Bowl **5**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
Greek Chicken Flatbread
 Classic Cheeseburger
 ✓ Three Cheese Calzone
 Cucumber Slices
 Baby Carrots

Friday

Bacon Cheeseburger **6**
Beef & Broccoli Bowl
 Chicken Drumstick w/Tater Tots & Roll
Caesar Salad
 Beef Taco Roll Up
 ✓ Yogurt, Muffin & String Cheese
 Shelled Edamame
 Baby Carrots

Staff Development Day **9**

Spicy Chicken Sandwich **10**
 Spicy Pink Alfredo Pasta
BBQ Chicken Mac & Cheese Bowl
Fajita Chicken Wrap
 Chicken Tenders
 Artisan Dinner Roll
 Grilled Cheese
 Sweet Corn Niblets
 Fresh Tomatoes

BBQ Chicken Club Sandwich **11**
Chipotle Chicken Rice Bowl
Chicken Tenders w/Fries & Roll
Chipotle Chicken Salad
 Cheeseburger Sliders
 ✓ Bean & Cheese Burrito
 Side Salad
 Baby Carrots

Chicken Chow Mein Bowl **12**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
Greek Chicken Flatbread
Beef Teriyaki Dunkers & Rice Bowl
 ✓ Wild Mike's Cheezy Bites
 Cucumber Slices
 Baby Carrots

Bacon Cheeseburger **13**
Beef & Broccoli Bowl
 Chicken Drumstick w/Tater Tots & Roll
Caesar Salad
 Chicken Corn Dog
 Shelled Edamame
 Baby Carrots

Hot & Spicy Chicken Tenders w/ Fries & Roll **16**
 Chicken Dim Sum Platter
Roasted Chicken w/Potatoes & Roll
Caesar Salad
 ✓ Pasta w/Plant-Based Bolognese Sauce
 Shelled Edamame
 Baby Carrots

Spicy Chicken Sandwich **17**
 Spicy Pink Alfredo Pasta
BBQ Chicken Mac & Cheese Bowl
Fajita Chicken Wrap
 Beef Pepperoni & Mozzarella
 ✓ Croissant Sandwich
 Macaroni & Cheese
 Sweet Corn Niblets
 Fresh Tomatoes

BBQ Chicken Club Sandwich **18**
Chipotle Chicken Rice Bowl
Chicken Tenders w/Fries & Roll
Chipotle Chicken Salad
 Chicken Drumstick & Tater Tots
 Artisan Dinner Roll
 ✓ Cheesy Pillow Pull Apart
 Side Salad
 Baby Carrots

Chicken Chow Mein Bowl **19**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
Greek Chicken Flatbread
Popcorn Chicken Bowl
 Orange Chicken & Rice
 Cucumber Slices
 Baby Carrots

Bacon Cheeseburger **20**
Beef & Broccoli Bowl
 Chicken Drumstick w/Tater Tots & Roll
Caesar Salad
 Shelled Edamame
 Baby Carrots

Hot & Spicy Chicken Tenders w/ Fries & Roll **23**
 Chicken Dim Sum Platter
Roasted Chicken w/Potatoes & Roll
Caesar Salad
 ✓ Chickenless Soy Nuggets w/ Roll
 Cheese Pizza Crunchers
 Shelled Edamame
 Baby Carrots

Spicy Chicken Sandwich **24**
 Spicy Pink Alfredo Pasta
BBQ Chicken Mac & Cheese Bowl
Fajita Chicken Wrap
 Beef Pepperoni Pizza Pocket
 Sweet Corn Niblets
 Fresh Tomatoes

BBQ Chicken Club Sandwich **25**
Chipotle Chicken Rice Bowl
Chicken Tenders w/Fries & Roll
Chipotle Chicken Salad
Chicken Masala Bowl
Beef Bulgogi Bowl
 Side Salad
 Baby Carrots

Chicken Chow Mein Bowl **26**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
Greek Chicken Flatbread
 Classic Hamburger
 ✓ Macaroni & Cheese Bites
 Cucumber Slices
 Baby Carrots

Bacon Cheeseburger **27**
Beef & Broccoli Bowl
 Chicken Drumstick w/ Tater Tots & Roll
Chicken Fiesta Bowl
Caesar Salad
 Shelled Edamame
 Baby Carrots

POTATO WEDGES and a selection of **FRUIT** and **MILK** are offered with every meal.

A variety of **Papa John's Pizza** and **Pick Up Stix** are served daily.
 ✓ = vegetarian entrée



A lunch meal is comprised of five components based on MyPlate. Students may select one item from each color group above and **MUST** select a fruit or vegetable:
 a selection of vegetables
 a selection of fruit
 1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice.
BOLDED items indicate that menu item is a full meal.
 This institution is an equal opportunity provider.
IRVINE UNIFIED SCHOOL DISTRICT