



FEBRUARY 2026

Middle School Menu

FIRST MEAL FREE FOR ALL STUDENTS

2nd Meal Price: \$4.25

Milk a la carte: \$0.75

Juice a la carte: \$1.00

Monday

Hot & Spicy Chicken Tenders w/ Fries & Roll **2**

Chicken Dim Sum Platter
Caesar Salad

- ✓ Hummus, String Cheese & Pita Chips
- ✓ Cheese Pizza Crunchers
- Shelled Edamame
- Baby Carrots

Tuesday

Spicy Chicken Sandwich **3** Spicy Pink Alfredo Pasta **Greek Chicken Flatbread**

BBQ Teriyaki Chicken & Rice Bowl

- ✓ Cheese Quesadilla
- Sweet Corn Niblets
- Fresh Tomatoes

Wednesday

BBQ Chicken Club Sandwich **4** **Chicken Tenders w/Fries & Roll** **Chef Salad**

- Chicken Pretzel Dog
- ✓ Cheese Pizza Boli
- Side Salad
- Baby Carrots

Thursday

Chicken Chow Mein Bowl **5** **Cheese Enchilada Bowl** **Hot Wings & Fries w/Roll** **BBQ Chicken Salad**

- Classic Cheeseburger
- ✓ Veggie Dumplings & Egg Roll
- Cucumber Slices
- Baby Carrots

Friday

Bacon Cheeseburger **6** **Beef & Broccoli Bowl** **Caesar Salad**

- Beef Taco Roll Up
- ✓ Yogurt, Muffin & String Cheese
- Shelled Edamame
- Baby Carrots

Hot & Spicy Chicken Tenders w/ Fries & Roll **9**

Chicken Dim Sum Platter
Caesar Salad

- ✓ Pasta w/Plant-Based Bolognese Sauce
- Shelled Edamame
- Baby Carrots

Spicy Chicken Sandwich **10** Spicy Pink Alfredo Pasta **Greek Chicken Flatbread**

- Crispy Chicken Poppers
- Artisan Dinner Roll
- ✓ Grilled Cheese
- Sweet Corn Niblets
- Fresh Tomatoes

BBQ Chicken Club Sandwich **11** **Chicken Tenders w/Fries & Roll** **Chef Salad**

- Cheeseburger Sliders
- ✓ Bean & Cheese Burrito
- Side Salad
- Baby Carrots

Chicken Chow Mein Bowl **12** **Cheese Enchilada Bowl** **Hot Wings & Fries w/Roll** **BBQ Chicken Salad**

- Beef Teriyaki Dunkers & Rice Bowl**
- ✓ Wild Mike's Cheezy Bites
- Cucumber Slices
- Baby Carrots

Bacon Cheeseburger **13** **Beef & Broccoli Bowl** **Caesar Salad**

- Mini Chicken Corn Dogs
- Shelled Edamame
- Baby Carrots



Hot & Spicy Chicken Tenders w/ Fries & Roll **23**

Chicken Dim Sum Platter
Caesar Salad

- ✓ Chickenless Soy Nuggets
- Artisan Dinner Roll
- ✓ Cheese Pizza Crunchers
- Shelled Edamame
- Baby Carrots

Spicy Chicken Sandwich **24** Spicy Pink Alfredo Pasta **Greek Chicken Flatbread**

- Classic Hamburger
- ✓ Macaroni & Cheese Bites
- Sweet Corn Niblets
- Fresh Tomatoes

BBQ Chicken Club Sandwich **25** **Chicken Tenders w/Fries & Roll** **Chef Salad**

- Chicken Masala Bowl**
- Beef Bulgogi & Rice Bowl**
- Side Salad
- Baby Carrots

Chicken Chow Mein Bowl **26** **Cheese Enchilada Bowl** **Hot Wings & Fries w/Roll** **BBQ Chicken Salad**

- Beef Pepperoni Pizza Pocket
- ✓ Bean & Cheese Dip w/Tortilla Chips
- Cucumber Slices
- Baby Carrots

Bacon Cheeseburger **27** **Beef & Broccoli Bowl** **Caesar Salad**

- Chicken Drumstick and Tater Tots
- Artisan Dinner Roll
- Chicken Fiesta Bowl**
- Shelled Edamame
- Baby Carrots

POTATO WEDGES
and a selection of
FRUIT and **MILK** are
offered with every
meal.

A variety of
Papa John's Pizza and
Pick Up Stix are served
daily.

✓ = vegetarian entrée

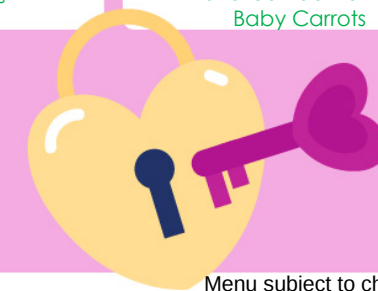


A lunch meal is comprised of five components based on MyPlate.
Students may select one item from each color group above and **MUST** select a fruit or vegetable:

a selection of vegetables

a selection of fruit

1% white milk & non-fat chocolate milk are offered



Menu subject to change without notice.

BOLDED items indicate that menu item is a full meal.

This institution is an equal opportunity provider.

IRVINE UNIFIED SCHOOL DISTRICT