



FEBRUARY 2026

K-8 Middle School Menu

FIRST MEAL FREE FOR ALL STUDENTS

2nd Meal Price: \$3.25

Milk a la carte: \$0.75

Juice a la carte: \$0.75

Monday

Hot & Spicy Chicken Tenders w/ Fries & Roll **2**
Chicken Dim Sum Platter
Caesar Salad
✓ Hummus, String Cheese & Pita Chips
✓ Cheese Pizza Crunchers
Shelled Edamame
Baby Carrots

Hot & Spicy Chicken Tenders w/ Fries & Roll **9**
Chicken Dim Sum Platter
Caesar Salad
✓ Pasta w/Plant-Based Bolognese Sauce
Shelled Edamame
Baby Carrots



Hot & Spicy Chicken Tenders w/ Fries & Roll **23**
Chicken Dim Sum Platter
Caesar Salad
✓ Chickenless Soy Nuggets
Artisan Dinner Roll
✓ Cheese Pizza Crunchers
Shelled Edamame
Baby Carrots

Tuesday

Spicy Chicken Sandwich **3**
Spicy Pink Alfredo Pasta
Greek Chicken Flatbread
BBQ Teriyaki Chicken & Rice Bowl
✓ Cheese Quesadilla
Sweet Corn Niblets
Fresh Tomatoes

Spicy Chicken Sandwich **10**
Spicy Pink Alfredo Pasta
Greek Chicken Flatbread
Crispy Chicken Poppers
Artisan Dinner Roll
✓ Grilled Cheese
Sweet Corn Niblets
Fresh Tomatoes

Spicy Chicken Sandwich **17**
Spicy Pink Alfredo Pasta
Caesar Salad
Beef Pepperoni & Mozzarella
Croissant Sandwich
✓ Macaroni & Cheese
Sweet Corn Niblets
Fresh Tomatoes

Spicy Chicken Sandwich **24**
Spicy Pink Alfredo Pasta
Greek Chicken Flatbread
Classic Hamburger
✓ Macaroni & Cheese Bites
Sweet Corn Niblets
Fresh Tomatoes

Wednesday

BBQ Chicken Club Sandwich **4**
Chicken Tenders w/Fries & Roll
Chef Salad
Chicken Pretzel Dog
✓ Cheese Pizza Boli
Side Salad
Baby Carrots

BBQ Chicken Club Sandwich **11**
Chicken Tenders w/Fries & Roll
Chef Salad
Cheeseburger Sliders
✓ Bean & Cheese Burrito
Side Salad
Baby Carrots

BBQ Chicken Club Sandwich **18**
Chicken Tenders w/Fries & Roll
Chef Salad
Chicken Drumstick & Tater Tots
Artisan Dinner Roll
✓ Cheesy Pillow Pull Apart
Shelled Edamame
Baby Carrots

BBQ Chicken Club Sandwich **25**
Chicken Tenders w/Fries & Roll
Chef Salad
Chicken Masala Bowl
Beef Bulgogi & Rice Bowl
Side Salad
Baby Carrots

Thursday

Chicken Chow Mein Bowl **5**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
BBQ Chicken Salad
Classic Cheeseburger
✓ Veggie Dumplings & Egg Roll
Cucumber Slices
Baby Carrots

Chicken Chow Mein Bowl **12**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
BBQ Chicken Salad
Beef Teriyaki Dunkers & Rice Bowl
✓ Wild Mike's Cheezy Bites
Cucumber Slices
Baby Carrots

Chicken Chow Mein Bowl **19**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
BBQ Chicken Salad
Popcorn Chicken Bowl
Orange Chicken & Rice
Cucumber Slices
Baby Carrots

Chicken Chow Mein Bowl **26**
Cheese Enchilada Bowl
Hot Wings & Fries w/Roll
BBQ Chicken Salad
Beef Pepperoni Pizza Pocket
✓ Bean & Cheese Dip w/Tortilla Chips
Cucumber Slices
Baby Carrots

Friday

Bacon Cheeseburger **6**
Beef & Broccoli Bowl
Caesar Salad
Beef Taco Roll Up
✓ Yogurt, Muffin & String Cheese
Shelled Edamame
Baby Carrots

Bacon Cheeseburger **13**
Beef & Broccoli Bowl
Caesar Salad
Mini Chicken Corn Dogs
Shelled Edamame
Baby Carrots

Bacon Cheeseburger **20**
Beef & Broccoli Bowl
Caesar Salad
Chicken Drumstick and Tater Tots
Artisan Dinner Roll
Shelled Edamame
Baby Carrots

Bacon Cheeseburger **27**
Beef & Broccoli Bowl
Caesar Salad
Chicken Drumstick and Tater Tots
Artisan Dinner Roll
Chicken Fiesta Bowl
Shelled Edamame
Baby Carrots

POTATO WEDGES
and a selection of
FRUIT and **MILK** are
offered with every
meal.

A variety of
Papa John's Pizza and
Pick Up Stix are served
daily.

✓ = vegetarian entrée



A lunch meal is comprised of five components based on MyPlate.
Students may select one item from each color group above and **MUST** select a fruit or vegetable:

a selection of vegetables

a selection of fruit

1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice.

BOLDED items indicate that menu item is a full meal.

This institution is an equal opportunity provider.

IRVINE UNIFIED SCHOOL DISTRICT