



# NOVEMBER 2025

## Middle School Menu

FIRST MEAL FREE FOR ALL STUDENTS

2<sup>nd</sup> Meal Price: \$4.25

Milk a la carte: \$0.75

Juice a la carte: \$1.00

Monday

Tuesday

Wednesday

Thursday

Friday

**POTATO WEDGES**  
and a selection of  
**FRUIT** and **MILK** are  
offered with every  
meal.

A variety of  
**Papa John's Pizza**  
and **Pick Up Stix**  
are served daily.

**Hot & Spicy Chicken Tenders w/ Fries & Roll** **3**  
Chicken Dim Sum Platter  
**Chicken Caesar Salad**  
Spaghetti with Plant-based Bolognese Sauce V  
Shelled Edamame  
Baby Carrots

Spicy Chicken Sandwich **4**  
Spicy Pink Alfredo Pasta  
**Chicken Fajita Wrap**  
Chicken Tenders and Roll  
Grilled Cheese Sandwich V  
Sweet Corn Niblets  
Fresh Tomatoes

BBQ Chicken Club Sandwich **5**  
**Spring Salad V**  
**Chicken Tenders w/Fries & Roll**  
Cheeseburger Sliders  
Bean & Cheese Burrito V  
Side Salad  
Baby Carrots

Chicken Chow Mein Bowl **6**  
**Cheese Enchilada Bowl**  
**Hot Wings & Fries w/Roll**  
**Chicken Pesto Pasta Salad**  
Beef Rib-B-Que Sandwich  
Cheese Pizza Crunchers V  
Cucumber Slices  
Baby Carrots

Bacon Cheeseburger **7**  
**Beef & Broccoli Bowl**  
**Greek Salad w/Chicken**  
Chicken Corn Dog  
Shelled Edamame  
Baby Carrots

**Hot & Spicy Chicken Tenders w/ Fries & Roll** **10**  
Chicken Dim Sum Platter  
**Chicken Caesar Salad**  
Chickenless Soy Nuggets V  
Artisan Roll  
Macaroni & Cheese V  
Shelled Edamame  
Baby Carrots

**VETERANS DAY**  
*November 11th*

BBQ Chicken Club Sandwich **12**  
**Spring Salad V**  
**Chicken Tenders w/Fries & Roll**  
Pepperoni Beef & Mozzarella  
Croissant  
Cheesy Pillow Pull Apart V  
Sweet Corn Niblets  
Baby Carrots

Chicken Chow Mein Bowl **13**  
**Cheese Enchilada Bowl**  
**Hot Wings & Fries w/Roll**  
**Chicken Pesto Pasta Salad**  
**Beef Bulgogi & Rice Bowl**  
**Popcorn Chicken Bowl**  
Cucumber Slices  
Baby Carrots

Bacon Cheeseburger **14**  
**Beef & Broccoli Bowl**  
**Greek Salad w/Chicken**  
**Chicken Drumstick w/Tater Tots & Roll**  
Chicken Nuggets & Roll  
Yogurt, Muffin, & String Cheese V  
Shelled Edamame  
Baby Carrots

**Hot & Spicy Chicken Tenders w/ Fries & Roll** **17**  
Chicken Dim Sum Platter  
**Chicken Caesar Salad**  
Hummus, String Cheese, & Pita Chips V  
Cheese Pizza Crunchers V  
Shelled Edamame  
Baby Carrots

Spicy Chicken Sandwich **18**  
Spicy Pink Alfredo Pasta  
**Chicken Fajita Wrap**  
**Cheese Ravioli Bowl V**  
Classic Hamburger  
Macaroni & Cheese Bites  
Sweet Corn Niblets  
Fresh Tomatoes

BBQ Chicken Club Sandwich **19**  
**Spring Salad V**  
**Chicken Tenders w/Fries & Roll**  
**Chicken Masala Bowl**  
Orange Chicken & Rice  
Side Salad  
Baby Carrots

Chicken Chow Mein Bowl **20**  
**Cheese Enchilada Bowl**  
**Hot Wings & Fries w/Roll**  
**Chicken Pesto Pasta Salad**  
Beef Pepperoni Pizza Pocket  
Bean and Cheese Dip w/Tortilla Chips V  
Cucumber Slices  
Baby Carrots

Bacon Cheeseburger **21**  
**Beef & Broccoli Bowl**  
**Chicken Drumstick w/Tater Tots & Roll**  
**Chicken Fiesta Bowl**  
Shelled Edamame  
Baby Carrots



# Thanksgiving Recess



A lunch meal is comprised of five components based on MyPlate.

Students may select one item from each color group above and **MUST** select a fruit or vegetable:

a selection of vegetables

a selection of fruit

1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice.

**BOLDED** items indicate that menu item is a full meal.

This institution is an equal opportunity provider.

**IRVINE UNIFIED SCHOOL DISTRICT**