## SEPTEMBER

## **Elementary Lunch Menu**



Chickenless Soy Nuggets **Artisan Roll** Cheesy Pillow Pull Apart V **Assorted Sandwiches** 

> **Shelled Edamame Baby Carrots** Fruit

**Shelled Edamame** 

**Baby Carrots** 

Fruit

Milk

30 BBQ Teriyaki Chicken & Rice Cheese Quesadilla V **Assorted Sandwiches Sweet Corn Niblets** Fresh Tomatoes

**Fresh Tomatoes** 

Fruit

Milk

Fruit Milk

## **FIRST MEAL FREE FOR ALL STUDENTS**

**Baby Carrots** 

Fruit

Milk

2<sup>nd</sup> Meal Price: \$3.25 Milk a la carte: \$0.75 Juice a la carte: \$0.75 Students may select one item from each color group per day and MUST select a fruit or vegetable:

- One entrée = protein + grain
- A selection of vegetables
- A selection of fruit or 100% Fruit Juice

**Baby Carrots** 

Fruit

Milk

1% white or non-fat chocolate milk are offered





**Baby Carrots** 

Fruit

Milk