

Monday

Tuesday

Wednesday

Thursday

Friday

**STAFF
DEVELOPMENT
DAY**

3

Spicy Chicken Sandwich **4**
Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
Chicken Pretzel Dog
Macaroni & Cheese V
Sweet Corn Niblets
Fresh Tomatoes

**Chicken Tenders w/
Fries & Roll** **5**
BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
Spaghetti w/Beef Meat Sauce
Cheesy Pillow Pull Apart V
Side Salad
Baby Carrots

Popcorn Chicken Bowl **6**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
Beef Teriyaki Dunkers & Rice
Cucumber Slices
Fresh Tomatoes

Bacon Cheeseburger **7**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Beef & Broccoli Bowl
Chicken Nuggets & Roll
Yogurt, Muffin, & String Cheese V
Shelled Edamame
Baby Carrots

**Hot & Spicy Chicken
Tenders w/ Fries & Roll** **10**
Freshly Made Salad or Wrap
Chicken Dim Sum Platter
Chickenless Soy Nuggets & Roll V
Cheese Pizza Crunchers V
Shelled Edamame
Baby Carrots

Spicy Chicken Sandwich **11**
Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
Creamy Cheese Ravioli Bake V
Classic Hamburger
Sweet Corn Niblets
Fresh Tomatoes

**Chicken Tenders w/
Fries & Roll** **12**
BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
Chicken Masala Bowl
Orange Chicken & Rice
Side Salad
Baby Carrots

Popcorn Chicken Bowl **13**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
Beef Pepperoni Pizza Pocket
Wild Mike's Cheezy Bites
Cucumber Slices
Fresh Tomatoes

Bacon Cheeseburger **14**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Hot Wings & Fries w/Roll
Beef & Broccoli Bowl
Shelled Edamame
Baby Carrots

**Hot & Spicy Chicken Tenders
w/ Fries & Roll** **17**
Freshly Made Salad or Wrap
Chicken Dim Sum Platter
Pasta w/ Plant-Based Bolognese V
Cheesy Pillow Pull Apart V
Shelled Edamame
Baby Carrots

Spicy Chicken Sandwich **18**
Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
Beef Taco Roll Up
Macaroni & Cheese V
Sweet Corn Niblets
Fresh Tomatoes

**Chicken Tenders w/
Fries & Roll** **19**
BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
BBQ Teriyaki Chicken & Rice
Cheese Quesadilla V
Side Salad
Baby Carrots

Popcorn Chicken Bowl **20**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
Classic Cheeseburger
Veggie Dumplings & Egg Roll V
Cucumber Slices
Fresh Tomatoes

Bacon Cheeseburger **21**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Beef & Broccoli Bowl
Chicken Drumstick & Tater Tots
Yogurt, Muffin, & String Cheese V
Shelled Edamame
Baby Carrots

**Hot & Spicy Chicken
Tenders w/ Fries & Roll** **24**
Freshly Made Salad or Wrap
Chicken Dim Sum Platter
Chickenless Soy Nuggets & Roll V
Shelled Edamame
Baby Carrots

Spicy Chicken Sandwich **25**
Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
Chicken Tenders & Roll
Grilled Cheese V
Sweet Corn Niblets
Fresh Tomatoes

Chicken Tenders w/Fries & Roll **26**
BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
Chicken Chow Mein Bowl
Cheeseburger Sliders
Bean & Cheese Burrito V
Side Salad
Baby Carrots

Popcorn Chicken Bowl **27**
Cheese Enchilada Bowl
Chicken Masala Bowl
Freshly Made Salad or Wrap
Beef Rib-B-Que Sandwich
Cheese Pizza Crunchers V
Cucumber Slices
Fresh Tomatoes

Bacon Cheeseburger **28**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Hot Wings & Fries w/Roll
Mini Chicken Corn Dogs
Shelled Edamame
Baby Carrots

POTATO WEDGES
and a selection of
FRUIT and **MILK** are
offered with every
meal.

A variety of
Papa John's Pizza
and **Pick Up Stix**
are served daily.



A lunch meal is comprised of five components based on MyPlate.
Students may select one item from each color group above and **MUST** select a fruit or vegetable:
one entrée = protein + grain
a selection of vegetables
a selection of fruit
1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice.
BOLDED items indicate that menu item is a full meal.
This institution is an equal opportunity provider.
IRVINE UNIFIED SCHOOL DISTRICT