LUNCH

FEBRUARY 2025

Middle School Menu

FIRST MEAL FREE FOR ALL STUDENTS

2nd Meal Price: \$4.25 Milk a la carte: \$0.75 Juice a la carte: \$1.00

Thursday Tuesday Monday Wednesday Friday Hot & Spicy Chicken Chicken Tenders w/ Bacon Cheeseburger 5 Spicy Chicken Sandwich Popcorn Chicken Bowl Tenders w/ Fries & Roll Fries & Roll **Chicken Fiesta Bowl** Spicy Pink Alfredo Pasta Cheese Enchilada Bowl Freshly Made Salad or Wrap BBQ Chicken Club Sandwich Freshly Made Salad or Wrap Freshly Made Salad or Wrap Freshly Made Salad or Wrap Chicken Dim Sum Platter Freshly Made Salad or Wrap Beef & Broccoli Bowl Chicken Pretzel Dog **Beef Teriyaki Dunkers & Rice** Chickenless Soy Nuggets w/Roll V Spaghetti w/Beef Meat Sauce Loaded Cheeseburger Sliders Macaroni & Cheese V Cucumber Slices Cheesy Pull Apart Bread V Grilled Cheese V Yogurt, Muffin, & String Cheese V Sweet Corn Niblets Fresh Tomatoes Shelled Edamame Side Salad Shelled Edamame Fresh Tomatoes Baby Carrots **Baby Carrots** Baby Carrots Chicken Tenders w/ 12 Hof & Spicy Chicken Tenders w/ Fries & Roll Spicy Chicken Sandwich Popcorn Chicken Bowl Bacon Cheeseburger Fries & Roll Spicy Pink Alfredo Pasta Cheese Enchilada Bowl Chicken Fiesta Bowl Freshly Made Salad or Wrap BBQ Chicken Club Sandwich Chicken Dim Sum Platter Freshly Made Salad or Wrap Classic Hamburger Beef & Broccoli Bowl Spaghetti w/Plant-Based Bolognese Beef Pepperoni Pizza Pocket Chicken Masala Bowl Sauce V Creamy Cheese Ravioli Bake V Hot Wings & Fries w/ Roll Wild Mike's Cheezy Bites V Orange Chicken & Rice Cheese Pizza Crunchers V Sweet Corn Niblets Shelled Edamame Cucumber Slices Side Salad Shelled Edamame Fresh Tomatoes Baby Carrots Fresh Tomatoes Baby Carrots **Baby Carrots** Spicy Chicken Sandwich 18 Chicken Tenders w/ Popcorn Chicken Bowl 20 Bacon Cheeseburger 21 17 19 Fries & Roll Spicy Pink Alfredo Pasta Chicken Fiesta Bowl Cheese Enchilada Bowl **BBQ** Chicken Club Sandwich Freshly Made Salad or Wrap Chicken Dim Sum Platter Beef & Broccoli Bowl Classic Cheeseburger **BBQ Terivaki Chicken & Rice** Beef Taco Roll Up Chicken Drumstick & Tater Tots Veggie Dumpling & Egg Roll V Cheese Quesadilla V Macaroni & Cheese V Yogurt, Muffin, & String Cheese V Cucumber Slices Shelled Edamame Sweet Corn Niblets Shelled Edamame Fresh Tomatoes **Baby Carrots Fresh Tomatoes Baby** Carrots Popcorn Chicken Bowl 27 Hot & Spicy Chicken 24 Chicken Tenders w/ Spicy Chicken Sandwich 25 Spicy Pink Alfredo Pasta 26 Bacon Cheeseburger 28 Fries & Roll Cheese Enchilada Bowl Tenders w/ Fries & Roll **Chicken Fiesta Bowl** BBQ Chicken Club Sandwich Freshly Made Salad or Wrap Chicken Tenders Chicken Dim Sum Platter **Chicken Masala Bowl** Hot Wings & Fries w/Roll **Chicken Chow Mein Bowl** Artisan Roll Chickenless Soy Nuggets V Chicken Patty on Bun Cheeseburger Sliders Mini Chicken Corn Doas Grilled Cheese V Artisan Roll Cheese Pizza Crunchers V Bean & Cheese Burrito V Shelled Edamame Shelled Edamame Sweet Corn Niblets Cucumber Slices Side Salad **Baby Carrots Baby Carrots Fresh Tomatoes Fresh Tomatoes Baby** Carrots POTATO WEDGES A variety of and a selection of Papa John's Pizza FRUIT and MILK are and Pick Up Stix offered with every are served daily. meal. A lunch meal is comprised of five components based on MyPlate. Menu subject to change without notice. Students may select one item from each color group above and MUST select a fruit or vegetable: BOLDED items indicate that menu item is a full meal. one entrée = protein + grain This institution is an equal opportunity provider. a selection of vegetables IRVINE UNIFIED SCHOOL DISTRICT a selection of fruit

1% white milk & non-fat chocolate milk are offered