

Monday

Tuesday

Wednesday

Thursday

Friday



Hot & Spicy Chicken Tenders w/ Fries & Roll **6**
Freshly Made Salad or Wrap
 Chicken Dim Sum Platter
 Chickenless Soy Nuggets w/Roll V
 Garlic Texas Cheese Toast V
 Shelled Edamame
 Baby Carrots

Spicy Chicken Sandwich **7**
 Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
 Chicken Corn Dog
 Macaroni & Cheese V
 Sweet Corn Niblets
 Fresh Tomatoes

Chicken Tenders w/ Fries & Roll **8**
 BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
 Spaghetti w/Beef Meat Sauce
 Cheesy Pull Apart Bread V
 Side Salad
 Baby Carrots

POTATO WEDGES
 and a selection of **FRUIT** and **MILK** are offered with every meal.

A variety of **Papa John's Pizza** and **Pick Up Stix** are served daily.

Hot & Spicy Chicken Tenders w/ Fries & Roll **13**
Freshly Made Salad or Wrap
 Chicken Dim Sum Platter
 Spaghetti w/Plant-Based Bolognese Sauce V
 Cheese Pizza Crunchers V
 Shelled Edamame
 Baby Carrots

Spicy Chicken Sandwich **14**
 Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
 Classic Hamburger
Creamy Cheese Ravioli Bake V
 Sweet Corn Niblets
 Fresh Tomatoes

Chicken Tenders w/ Fries & Roll **15**
 BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
Chicken Masala Bowl
 Beef Rib-B-Que Sandwich
 Side Salad
 Baby Carrots

Popcorn Chicken Bowl **16**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
 Beef Pepperoni Pizza Pocket
 Wild Mike's Cheezy Bites V
 Cucumber Slices
 Fresh Tomatoes

Bacon Cheeseburger **17**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Hot Wings & Fries w/Roll
 Shelled Edamame
 Baby Carrots



NO SCHOOL **21**

Chicken Tenders w/ Fries & Roll **22**
 BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
BBQ Teriyaki Chicken & Rice
 Cheese Quesadilla V
 Sweet Corn Niblets
 Baby Carrots

Popcorn Chicken Bowl **23**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
 Classic Cheeseburger
 Veggie Dumpling & Egg Roll V
 Cucumber Slices
 Fresh Tomatoes

Bacon Cheeseburger **24**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Beef & Broccoli Bowl
 Chicken Drumstick & Tater Tots
 Yogurt, Muffin, & String Cheese V
 Shelled Edamame
 Baby Carrots

Hot & Spicy Chicken Tenders w/ Fries & Roll **27**
Freshly Made Salad or Wrap
 Chicken Dim Sum Platter
 Chickenless Soy and Edamame
 Fried Rice V
 Shelled Edamame
 Baby Carrots

Spicy Chicken Sandwich **28**
 Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
 Chicken Tenders
 Artisan Roll
 Grilled Cheese Sandwich V
 Sweet Corn Niblets
 Fresh Tomatoes

Chicken Tenders w/ Fries & Roll **29**
 BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
Chicken Chow Mein Noodle Bowl
 Bean & Cheese Burrito V
 Side Salad
 Baby Carrots

Popcorn Chicken Bowl **30**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
Chicken Masala Bowl
Spaghetti & Beef Meat Sauce w/ Breadstick
 Cheese Pizza Crunchers V
 Cucumber Slices
 Fresh Tomatoes

Bacon Cheeseburger **31**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Hot Wings & Fries w/Roll
 Cheeseburger Sliders
 Shelled Edamame
 Baby Carrots



A lunch meal is comprised of five components based on MyPlate.
 Students may select one item from each color group above and **MUST** select a fruit or vegetable:
 one entrée = protein + grain
 a selection of vegetables
 a selection of fruit
 1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice.
BOLDED items indicate that menu item is a full meal.
 This institution is an equal opportunity provider.
IRVINE UNIFIED SCHOOL DISTRICT