

IUSD NUTRITION SERVICES  
MIDDLE SCHOOL

# breakfast

2025-26 SCHOOL YEAR

## ENTREES

Bagel  
Benefit Bar  
Bosco Pizza Stick  
Breakfast Honey Bun  
Mini Pancakes  
Uncrustable PB&J  
Whole Grain Muffin or Bread  
Whole Grain Pastry  
Yogurt Parfait  
Handmade Breakfast Bowl  
Cereal Bowl  
Pop-Tart

- May Choose 1 Cereal or Pop-Tart with 1 item below:
  - Whole Grain Goldfish
  - Whole Grain Cheez-Its
  - Sunflower Seeds
  - String Cheese

## FRUIT

must choose 1

Fresh Fruit  
Apple Sauce  
Dried Fruit  
100% Fruit Juice

## MILK

choice of

1% White Milk  
Non-Fat Chocolate Milk

first breakfast  
meal  
**FREE** for all  
students

\*menus subject to change without notice

**2nd meal price:**  
**\$2.75**

 IRVINE UNIFIED SCHOOL DISTRICT  
**NUTRITION SERVICES**

this institution is an equal  
opportunity provider  
[iusd.org/nutrition](http://iusd.org/nutrition)

