

Monday

Hot & Spicy Chicken Tenders w/ Fries & Roll **2**
Freshly Made Salad or Wrap
 Chickenless Soy Nuggets V
 Artisan Roll
 Garlic Texas Cheese Toast V
 Shelled Edamame
 Baby Carrots

Hot & Spicy Chicken Tenders w/ Fries & Roll **9**
Freshly Made Salad or Wrap
 Chicken Dim Sum Platter
 Chickenless Soy & Edamame
 Fried Rice V
 Shelled Edamame
 Baby Carrots

Hot & Spicy Chicken Tenders w/ Fries & Roll **16**
Freshly Made Salad or Wrap
 Chickenless Soy Nuggets V
 Artisan Roll
Hot Wings & Fries w/Roll
 Shelled Edamame
 Baby Carrots

Tuesday

Spicy Chicken Sandwich **3**
 Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
 Chicken Pretzel Dog
 Macaroni & Cheese V
Creamy Cheese Ravioli Bake V
 Sweet Corn Niblets
 Fresh Tomatoes

Spicy Chicken Sandwich **10**
 Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
 Chicken Tenders
 Artisan Roll
 Cheesy Pull Apart Bread V
 Sweet Corn Niblets
 Fresh Tomatoes

Spicy Chicken Sandwich **17**
 Spicy Pink Alfredo Pasta
Freshly Made Salad or Wrap
 Beef Taco Roll Up
 Grilled Cheese V
 Sweet Corn Niblets
 Fresh Tomatoes

Wednesday

Chicken Tenders w/ Fries & Roll **4**
 BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
BBQ Teriyaki Chicken & Rice Bowl
 Cheese Quesadilla V
 Side Salad
 Baby Carrots

Chicken Tenders w/ Fries & Roll **11**
 BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
 Bean and Cheese Burrito V
 Side Salad
 Baby Carrots

Chicken Tenders w/Fries & Roll **18**
 BBQ Chicken Club Sandwich
Freshly Made Salad or Wrap
 Mini Chicken Corn Dogs
 Spaghetti with Plant-Based
 Bolognese Sauce V
 Side Salad
 Baby Carrots

Thursday

Popcorn Chicken Bowl **5**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
 Classic Cheeseburger
 Veggie Dumpling & Egg Roll V
 Cucumber Slices
 Fresh Tomatoes

Popcorn Chicken Bowl **12**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
 Chicken Tenders & Roll
 Spaghetti & Beef Meat Sauce
 Cheese Pizza Crunchers V
 Cucumber Slices
 Fresh Tomatoes

Popcorn Chicken Bowl **19**
Cheese Enchilada Bowl
Freshly Made Salad or Wrap
Chicken Masala Bowl
Beef Teriyaki Dunkers & Rice
 Macaroni & Cheese V
 Cucumber Slices
 Fresh Tomatoes

Friday

Bacon Cheeseburger **6**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Hot Wings & Fries w/Roll
 Beef Taco Roll Up
 Yogurt, Muffin, & String Cheese V
 Shelled Edamame
 Baby Carrots

Bacon Cheeseburger **13**
Chicken Fiesta Bowl
Freshly Made Salad or Wrap
Beef and Broccoli Bowl
 Cheeseburger Sliders
 Shelled Edamame
 Baby Carrots

PAPA JOHN'S PIZZA **20**
 Shelled Edamame
 Baby Carrots



Winter Recess



POTATO WEDGES
 and a selection of
FRUIT and **MILK** are
 offered with every
 meal.

A variety of
Papa John's Pizza
 and **Pick Up Stix**
 are served daily.



A lunch meal is comprised of five components based on MyPlate.
 Students may select one item from each color group above and **MUST** select a fruit or vegetable:
 one entrée = protein + grain
 a selection of vegetables
 a selection of fruit
 1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice.
BOLDED items indicate that menu item is a full meal.
 This institution is an equal opportunity provider.
IRVINE UNIFIED SCHOOL DISTRICT