

# **NOVEMBER 2024**

Year-Round K-8 Middle School Menu

FIRST MEAL FREE FOR ALL STUDENTS

2<sup>nd</sup> Meal Price: \$3.25 Milk a la carte: \$0.75

Juice a la carte: \$0.75

#### Monday

# Tuesday

#### Wednesday

### Thursday

## Friday

**POTATO WEDGES** and a selection of

FRUIT and MILK are offered with every meal.

A variety of Papa John's Pizza and Pick Up Stix are served daily.

**Bacon Cheeseburger** Chicken Fiesta Bowl Charcuterie Box Cheeseburger Sliders Shelled Edamame **Baby Carrots** 

Hot & Spicy Chicken Tenders w/ Fries & Roll Caesar Salad

Chickenless Soy Nuggets V Artisan Roll Shelled Edamame **Baby Carrots** 

Spicy Chicken Sandwich Spicy Pink Alfredo Pasto Chicken Faiita Wrap

Beef Taco Roll Up Grilled Cheese V **Sweet Corn Niblets** Fresh Tomatoes

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich Chicken Pesto Pasta Salad Mini Chicken Corn Doas Spaghetti w/Plant-Based

> **Boloanese Sauce V** Side Salad **Baby Carrots**

Popcorn Chicken Bowl **Buffalo Chicken Wrap** Cheese Enchilada Bowl

Chicken Tenders & Roll Garlic Texas Cheese Toast V **Cucumber Slices** Fresh Tomatoes

**Bacon Cheeseburger** Chicken Fiesta Bowl **Charcuterie Box** Chicken Patty on Bun Shelled Edamame **Baby Carrots** 

Bacon Cheeseburger 15



Spicy Chicken Sandwich Spicy Pink Alfredo Pasta Chicken Fajita Wrap

Chicken Corn Dog Macaroni & Cheese V **Sweet Corn Niblets** Fresh Tomatoes

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich Chicken Pesto Pasta Salad Orange Chicken & Rice Bowl Cheesy Pull Apart Bread V Side Salad

**Baby Carrots** 

**Baby Carrots** 

Popcorn Chicken Bowl **Buffalo Chicken Wrap** Cheese Enchilada Bowl Chicken Masala Bowl Beef Pepperoni Pizza Pocket Cheese Pizza Crunchers V

Cucumber Slices

Fresh Tomatoes

Charcuterie Box Loaded Cheeseburger Sliders Yogurt, Muffin, & String Cheese V Shelled Edamame **Baby Carrots** 

Chicken Fiesta Bowl

**Hot & Spicy Chicken** Tenders w/ Fries & Roll Caesar Salad

Crispy Chicken Poppers Artisan Roll Bean & Cheese Burrito V Shelled Edamame **Baby Carrots** 

Spicy Chicken Sandwich Chicken Tenders w/Fries & Roll 20 Spicy Pink Alfredo Pasto BBQ Chicken Club Sandwich Chicken Faiita Wrap Chicken Pesto Pasta Salad Classic Hamburger Beef Rib-B-Que Sandwich Creamy Cheese Ravioli Bake V Chicken Dim Sum Bowl **Sweet Corn Niblets** Side Salad

Popcorn Chicken Bowl **Buffalo Chicken Wrap** Cheese Enchilada Bowl Beef Teriyaki Dunkers & Rice

Wild Mike's Cheezy Bites V **Cucumber Slices** Fresh Tomatoes

Bacon Cheeseburger 22 Chicken Fiesta Bowl Charcuterie Box Beef and Broccoli Bowl Hot Wings w/Fries & Roll Shelled Edamame **Baby Carrots** 

Hot & Spicy Chicken Tenders w/ Fries & Roll

Chickenless Sov Nuggets V Artisan Roll Shelled Edamame **Baby Carrots** 

Spicy Chicken Sandwich Spicy Pink Alfredo Pasta Cheeseburger Sliders Sweet Corn Niblets Fresh Tomatoes

Fresh Tomatoes



Thanksgiving Recess





A lunch meal is comprised of five components based on MyPlate.

Students may select one item from each color group above and MUST select a fruit or vegetable:

one entrée = protein + grain a selection of vegetables

a selection of fruit

1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice. BOLDED items indicate that menu item is a full meal. This institution is an equal opportunity provider.

IRVINE UNIFIED SCHOOL DISTRICT

