

# **NOVEMBER 2024**

Middle School Menu

#### FIRST MEAL FREE FOR ALL STUDENTS

2<sup>nd</sup> Meal Price: \$4.25 Milk a la carte: \$0.75

Juice a la carte: \$1.00

#### Monday



### Wednesday

# Thursday

## Friday

Hot & Spicy Chicken Tenders w/ Fries & Roll Caesar Salad

Spicy Chicken Sandwich Spicy Pink Alfredo Pasta Chicken Fajita Wrap Beef Taco Roll Up Grilled Cheese V **Sweet Corn Niblets** 

**POTATO WEDGES** and a selection of FRUIT and MILK are offered with every meal.

A variety of Papa John's Pizza and Pick Up Stix are served daily.

Bacon Cheeseburger Chicken Fiesta Bowl Charcuterie Box Cheeseburger Sliders Shelled Edamame **Baby Carrots** 

Chickenless Soy Nuggets V Artisan Roll Shelled Edamame **Baby Carrots** 

Fresh Tomatoes

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich Chicken Pesto Pasta Salad Mini Chicken Corn Doas Spaghetti w/Plant-Based Bolognese Sauce V Side Salad **Baby Carrots** 

**Buffalo Chicken Wrap** Cheese Enchilada Bowl Chicken Tenders & Roll Garlic Texas Cheese Toast V **Cucumber Slices** Fresh Tomatoes

Popcorn Chicken Bowl

Bacon Cheeseburger Chicken Fiesta Bowl Charcuterie Box Chicken Patty on Bun Shelled Edamame **Baby Carrots** 

Bacon Cheeseburger 15



Spicy Chicken Sandwich 12 Spicy Pink Alfredo Pasta Chicken Fajita Wrap Chicken Corn Dog Macaroni & Cheese V **Sweet Corn Niblets** Fresh Tomatoes

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich Chicken Pesto Pasta Salad Orange Chicken & Rice Bowl Cheesy Pull Apart Bread V Side Salad **Baby Carrots** 

Popcorn Chicken Bowl **Buffalo Chicken Wrap** Cheese Enchilada Bowl Chicken Masala Bowl Beef Pepperoni Pizza Pocket Cheese Pizza Crunchers V

Cucumber Slices

Fresh Tomatoes

**Charcuterie Box** Loaded Cheeseburger Sliders Yogurt, Muffin, & String Cheese V Shelled Edamame **Baby Carrots** 

Chicken Fiesta Bowl

**Hot & Spicy Chicken** Tenders w/ Fries & Roll Caesar Salad Crispy Chicken Poppers Artisan Roll Bean & Cheese Burrito V

Shelled Edamame

**Baby Carrots** 

Spicy Chicken Sandwich 19 Spicy Pink Alfredo Pasto Chicken Faiita Wrap Classic Hamburger Creamy Cheese Ravioli Bake V **Sweet Corn Niblets** 

Fresh Tomatoes

Chicken Tenders w/Fries & Roll 20 BBQ Chicken Club Sandwich Chicken Pesto Pasta Salad Beef Rib-B-Que Sandwich Chicken Dim Sum Bowl Side Salad

**Baby Carrots** 

Popcorn Chicken Bowl **Buffalo Chicken Wrap** Cheese Enchilada Bowl Beef Teriyaki Dunkers & Rice Wild Mike's Cheezy Bites V **Cucumber Slices** 

Fresh Tomatoes

Chicken Fiesta Bowl Charcuterie Box Beef and Broccoli Bowl Hot Wings w/Fries & Roll Shelled Edamame **Baby Carrots** 

Bacon Cheeseburger 22

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A lunch meal is comprised of five components based on MyPlate. Students may select one item from each color group above and MUST select a fruit or vegetable:

> one entrée = protein + grain a selection of vegetables

> > a selection of fruit

1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice. **BOLDED** items indicate that menu item is a full meal. This institution is an equal opportunity provider.

IRVINE UNIFIED SCHOOL DISTRICT