

# **OCTOBER 2024**

Middle School Menu

#### FIRST MEAL FREE FOR ALL STUDENTS

2<sup>nd</sup> Meal Price: \$4.25 Milk a la carte: \$0.75

Juice a la carte: \$1.00

## Monday

#### **POTATO WEDGES** and a selection of FRUIT and MILK are offered with every meal.

Hot & Spicy Chicken Tenders w/ Fries & Roll Caesar Salad

Orange Chicken & Rice Shelled Edamame **Baby Carrots** 

## **STAFF DEVELOPMENT** DAY

Hot & Spicy Chicken 2 Tenders w/ Fries & Roll Caesar Salad

Chickenless Soy Nuggets V Artisan Roll Shelled Edamame **Baby Carrots** 

Hot & Spicy Chicken 28 Tenders w/ Fries & Roll Caesar Salad

Orange Chicken & Rice Garlic Texas Cheese Toast V Shelled Edamame **Baby Carrots** 

#### **Tuesday**

Spicy Chicken Sandwich Spicy Pink Alfredo Pasta Chicken Fajita Wrap

Chicken Tenders & Roll Grilled Cheese V **Sweet Corn Niblets** Fresh Tomatoes

Spicy Chicken Sandwich Spicy Pink Alfredo Pasta Chicken Fajita Wrap Chicken Corn Doa Macaroni & Cheese V Sweet Corn Niblets

Spicy Chicken Sandwich Spicy Pink Alfredo Pasta Chicken Fajita Wrap

Fresh Tomatoes

Classic Hamburger Creamy Cheese Ravioli Bake V

**Sweet Corn Niblets** Fresh Tomatoes

Spicy Chicken Sandwich 22 Spicy Pink Alfredo Pasta

Chicken Faiita Wrap Chicken Pretzel Doa Macaroni and Cheese V

Sweet Corn Niblets Fresh Tomatoes

Spicy Chicken Sandwich 29 Spicy Pink Alfredo Pasta

**Turkey Bacon Wrap** Chicken Tenders

Artisan Roll Cheesy Pull Apart Bread V **Sweet Corn Niblets** Fresh Tomatoes

#### Wednesday

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich

**Chef Salad** 

Mini Chicken Corn Dogs Spaahetti w/Plant-Based Boloanese Sauce V Side Salad **Baby Carrots** 

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich

**Chef Salad** Spaghetti & Beef Meat Sauce w/ **Breadstick** 

Cheesy Pull Apart Bread V Side Salad **Baby Carrots** 

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich **Chef Salad** 

> Beef Rib-B-Que Sandwich Chicken Dim Sum Bowl

> > Side Salad **Baby Carrots**

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich

**Chef Salad BBQ Teriyaki Chicken & Rice** 

Cheese Quesadilla V Side Salad

**Baby Carrots** 

Chicken Tenders w/Fries & Roll BBQ Chicken Club Sandwich

> Chicken Fajita Wrap Cheese Enchilada Bowl Chicken Dim Sum Bowl

> > Side Salad **Baby Carrots**

## Thursday

Popcorn Chicken Bowl **BBQ Chicken Salad** Cheese Enchilada Bowl

Beef Taco Roll Up Garlic Texas Cheese Toast V **Cucumber Slices** Fresh Tomatoes

Popcorn Chicken Bowl 10 **BBQ** Chicken Salad

Beef Pepperoni Pizza Pocket Cheese Pizza Crunchers V **Cucumber Slices** Fresh Tomatoes

Popcorn Chicken Bowl 17 **BBQ Chicken Salad** Beef Terivaki Dunkers & Rice

Wild Mike's Cheezy Bites **Cucumber Slices** Fresh Tomatoes

Popcorn Chicken Bowl 24 **BBQ Chicken Salad** 

Classic Cheeseburger Cheese Pizza Boli V **Cucumber Slices** Fresh Tomatoes

Popcorn Chicken Bowl 31 **BBQ Chicken Salad** 

Beef Fiestada Cheese Pizza Crunchers V **Cucumber Slices** Fresh Tomatoes

## Friday

Bacon Cheeseburger Chicken Fiesta Bowl **Turkey Bacon Wrap** 

Chicken Patty on Bun Shelled Edamame **Baby Carrots** 

Bacon Cheeseburger Chicken Fiesta Bowl **Turkey Bacon Wrap** 

Loaded Cheeseburger Sliders Yogurt, Muffin, & String Cheese V Shelled Edamame **Baby Carrots** 

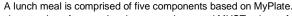
> Bacon Cheeseburger 18 **Chicken Fiesta Bowl Turkey Bacon Wrap** Beef and Broccoli Bowl Hot Wings & Fries w/Roll

Shelled Edamame **Baby Carrots** 

Bacon Cheeseburger 25 **Chicken Fiesta Bowl** 

**Turkey Bacon Wrap** Beef Taco Roll Up Yogurt, Muffin, & String Cheese V Shelled Edamame **Baby Carrots** 

A variety of Papa John's Pizza and Pick **Up Stix** are served daily.



Students may select one item from each color group above and MUST select a fruit or vegetable:

one entrée = protein + grain a selection of vegetables

a selection of fruit

1% white milk & non-fat chocolate milk are offered

Menu subject to change without notice. BOLDED items indicate that menu item is a full meal. This institution is an equal opportunity provider.

IRVINE UNIFIED SCHOOL DISTRICT

