

Monday

POTATO WEDGES and a selection of **FRUIT** and **MILK** are offered with every meal.

Tuesday

1 Spicy Chicken Sandwich
Spicy Pink Alfredo Pasta
Chicken Fajita Wrap
Chicken Tenders & Roll
Grilled Cheese V
Sweet Corn Niblets
Fresh Tomatoes

Wednesday

2 **Chicken Tenders w/Fries & Roll**
BBQ Chicken Club Sandwich
Chef Salad
Mini Chicken Corn Dogs
Spaghetti w/Plant-Based
Bolognese Sauce V
Side Salad
Baby Carrots

Thursday

3 **Popcorn Chicken Bowl**
BBQ Chicken Salad
Cheese Enchilada Bowl
Beef Taco Roll Up
Garlic Texas Cheese Toast V
Cucumber Slices
Fresh Tomatoes

Friday

4 Bacon Cheeseburger
Chicken Fiesta Bowl
Turkey Bacon Wrap
Chicken Patty on Bun
Shelled Edamame
Baby Carrots

7 **Hot & Spicy Chicken Tenders w/ Fries & Roll**
Caesar Salad
Orange Chicken & Rice
Shelled Edamame
Baby Carrots

8 Spicy Chicken Sandwich
Spicy Pink Alfredo Pasta
Chicken Fajita Wrap
Chicken Corn Dog
Macaroni & Cheese V
Sweet Corn Niblets
Fresh Tomatoes

9 **Chicken Tenders w/Fries & Roll**
BBQ Chicken Club Sandwich
Chef Salad
Spaghetti & Beef Meat Sauce w/ Breadstick
Cheesy Pull Apart Bread V
Side Salad
Baby Carrots

10 **Popcorn Chicken Bowl**
BBQ Chicken Salad
Beef Pepperoni Pizza Pocket
Cheese Pizza Crunchers V
Cucumber Slices
Fresh Tomatoes

11 Bacon Cheeseburger
Chicken Fiesta Bowl
Turkey Bacon Wrap
Loaded Cheeseburger Sliders
Yogurt, Muffin, & String Cheese V
Shelled Edamame
Baby Carrots

14 **STAFF DEVELOPMENT DAY**

15 Spicy Chicken Sandwich
Spicy Pink Alfredo Pasta
Chicken Fajita Wrap
Classic Hamburger
Creamy Cheese Ravioli Bake V
Sweet Corn Niblets
Fresh Tomatoes

16 **Chicken Tenders w/Fries & Roll**
BBQ Chicken Club Sandwich
Chef Salad
Beef Rib-B-Que Sandwich
Chicken Dim Sum Bowl
Side Salad
Baby Carrots

17 **Popcorn Chicken Bowl**
BBQ Chicken Salad
Beef Teriyaki Dunkers & Rice
Wild Mike's Cheezy Bites
Cucumber Slices
Fresh Tomatoes

18 Bacon Cheeseburger
Chicken Fiesta Bowl
Turkey Bacon Wrap
Beef and Broccoli Bowl
Hot Wings & Fries w/Roll
Shelled Edamame
Baby Carrots

21 **Hot & Spicy Chicken Tenders w/ Fries & Roll**
Caesar Salad
Chickenless Soy Nuggets V
Artisan Roll
Shelled Edamame
Baby Carrots

22 Spicy Chicken Sandwich
Spicy Pink Alfredo Pasta
Chicken Fajita Wrap
Chicken Pretzel Dog
Macaroni and Cheese V
Sweet Corn Niblets
Fresh Tomatoes

23 **Chicken Tenders w/Fries & Roll**
BBQ Chicken Club Sandwich
Chef Salad
BBQ Teriyaki Chicken & Rice
Cheese Quesadilla V
Side Salad
Baby Carrots

24 **Popcorn Chicken Bowl**
BBQ Chicken Salad
Classic Cheeseburger
Cheese Pizza Boli V
Cucumber Slices
Fresh Tomatoes

25 Bacon Cheeseburger
Chicken Fiesta Bowl
Turkey Bacon Wrap
Beef Taco Roll Up
Yogurt, Muffin, & String Cheese V
Shelled Edamame
Baby Carrots

28 **Hot & Spicy Chicken Tenders w/ Fries & Roll**
Caesar Salad
Orange Chicken & Rice
Garlic Texas Cheese Toast V
Shelled Edamame
Baby Carrots

29 Spicy Chicken Sandwich
Spicy Pink Alfredo Pasta
Turkey Bacon Wrap
Chicken Tenders
Artisan Roll
Cheesy Pull Apart Bread V
Sweet Corn Niblets
Fresh Tomatoes

30 **Chicken Tenders w/Fries & Roll**
BBQ Chicken Club Sandwich
Chicken Fajita Wrap
Cheese Enchilada Bowl
Chicken Dim Sum Bowl
Side Salad
Baby Carrots

31 **Popcorn Chicken Bowl**
BBQ Chicken Salad
Beef Fiestada
Cheese Pizza Crunchers V
Cucumber Slices
Fresh Tomatoes

A variety of **Papa John's Pizza** and **Pick Up Stix** are served daily.



A lunch meal is comprised of five components based on MyPlate.
Students may select one item from each color group above and **MUST** select a fruit or vegetable:
one entrée = protein + grain
a selection of vegetables
a selection of fruit
1% white milk & non-fat chocolate milk are offered

