

OCTOBER

ELEMENTARY SCHOOL LUNCH MENU

MONDAY

Students may select one item from each color group AND select a fruit or vegetable:

- One entrée = protein + grain
- A selection of vegetables
- A selection of fruit or 100% Fruit Juice
- Choice of 1% white or non-fat chocolate milk

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>Students may select one item from each color group AND select a fruit or vegetable:</p> <ul style="list-style-type: none"> • One entrée = protein + grain • A selection of vegetables • A selection of fruit or 100% Fruit Juice • Choice of 1% white or non-fat chocolate milk 	<p>1</p> <p>Chicken Tenders Artisan Roll Grilled Cheese V Assorted Sandwiches Sweet Corn Niblets Fresh Tomatoes Fruit Milk</p>	<p>2</p> <p>Mini Chicken Corn Dogs Spaghetti w/ Plant-based Bolognese Sauce V Assorted Sandwiches Side Salad Baby Carrots Fruit Milk</p>	<p>3</p> <p>Beef Taco Roll Up Garlic Texas Cheese Toast V Assorted Sandwiches Sliced Cucumbers Fresh Tomatoes Fruit Milk</p>	<p>4</p> <p>Chicken Patty on Bun Mini Pancakes & String Cheese V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk</p>
<p>7</p> <p>Orange Chicken & Rice Wild Mike's Cheese Pizza V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk</p>	<p>8</p> <p>Chicken Corn Dog Macaroni & Cheese V Assorted Sandwiches Sweet Corn Niblets Fresh Tomatoes Fruit Milk</p>	<p>9</p> <p>Spaghetti & Beef Meat Sauce Cheesy Pull Apart Bread V Assorted Sandwiches Side Salad Baby Carrots Fruit Milk</p>	<p>10</p> <p>Beef Pepperoni Pizza Pocket Cheese Pizza Crunchers V Assorted Sandwiches Sliced Cucumbers Fresh Tomatoes Fruit Milk</p>	<p>11</p> <p>Loaded Cheeseburger Sliders Yogurt, Muffin, & String Cheese V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk</p>
<p>14</p> <p>STAFF DEVELOPMENT DAY</p>	<p>15</p> <p>Classic Hamburger Cheese Ravioli V Assorted Sandwiches Sweet Corn Niblets Fresh Tomatoes Fruit Milk</p>	<p>16</p> <p>Beef Rib-B-Que Sandwich Galaxy Cheese Pizza V Assorted Sandwiches Side Salad Baby Carrots Fruit Milk</p>	<p>17</p> <p>Beef Teriyaki Dunkers & Rice Wild Mike's Cheezy Bites Assorted Sandwiches Sliced Cucumbers Fresh Tomatoes Fruit Milk</p>	<p>18</p> <p>Chicken Double Dogs Mini Pancakes & String Cheese V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk</p>
<p>21</p> <p>Chickenless Soy Nuggets V Artisan Roll Wild Mike's Cheese Pizza V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk</p>	<p>22</p> <p>Chicken Pretzel Dog Macaroni & Cheese V Assorted Sandwiches Sweet Corn Niblets Fresh Tomatoes Fruit Milk</p>	<p>23</p> <p>BBQ Teriyaki Chicken & Rice Cheese Quesadilla V Assorted Sandwiches Side Salad Baby Carrots Fruit Milk</p>	<p>24</p> <p>Classic Cheeseburger Cheese Pizzaboli V Assorted Sandwiches Sliced Cucumbers Fresh Tomatoes Fruit Milk</p>	<p>25</p> <p>Beef Taco Roll Up Yogurt, Muffin, & String Cheese V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk</p>
<p>28</p> <p>Orange Chicken & Rice Garlic Texas Cheese Toast V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk</p>	<p>29</p> <p>Chicken Tenders Artisan Roll Cheesy Pull Apart Bread V Assorted Sandwiches Sweet Corn Niblets Fresh Tomatoes Fruit Milk</p>	<p>30</p> <p>Chicken Double Dogs Wild Mike's Cheese Pizza V Assorted Sandwiches Side Salad Baby Carrots Fruit Milk</p>	<p>31</p> <p>Beef Fiestada Cheese Pizza Crunchers V Assorted Sandwiches Sliced Cucumbers Fresh Tomatoes Fruit Milk</p>	<p>FIRST MEAL FREE FOR ALL STUDENTS 2nd Meal Price: \$3.25 Milk a la carte: \$0.75 Juice a la carte: \$0.75</p>